

Jesus healing meditation using Neurotherapy

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Introduction:

Hi, I am the apostle, Farid. I am not a pastor or a professor, or a guru. I do think of myself as an apostle. An apostle is sent out sometimes to preach, teach, and heal. For as long as I remember, I have had a heart for healing and teaching meditations.

Angel 1:

The following meditation aims to heal the ill, sick, and anxious. Whatever troubles you, I pray that you may be cured. I pray that this meditation brings healing of mind, body, and soul. We live in a scientific age.

Science shows that human genes have shifted over the past 2000 years. So, illnesses have shifted as well and manifest themselves differently. Therefore, I encourage you to meditate over and over again. Please continue to see your doctor while knowing there is strong evidence that spirituality affects one's physical condition. Meditation is meant to serve as supplemental care.

While doing this meditation, I encourage you to feel living water, healing water in your body. The experience of having living water is usually a cooling sensation, like a wave within your body.

Meditation can be used to pray for someone ill if you are not currently ill. Visualize the outcome of health given by Jesus Christ.

Jesus said come to me who are heavily burdened, and I will give you rest. If it is helpful, you may ask someone to lay hands on you while you are listening to this meditation or hold a cross in your hand. Please set aside about 10 seconds or so to prepare.

Put in Meditation State Using Neurotherapy

The song is "Jesus Healing Song," with lyrics and music by Farid Alexandre Chouery, Voice Anonymous. They are published on Spotify, Apple, Amazon, YouTube, and others.

Angel 2:

We meditate on the story of Jesus sending out the seventy-two to Heal.

The Lord appointed seventy-two others and sent them two by two ahead of Him to every town and place where He was about to go. He told them:

Shepherd:

"The harvest is plentiful, but the workers are few. Therefore, ask the Lord of the harvest to send out workers into his harvest field. Go! I am sending you out like lambs among wolves. Do not take a purse, bag, or sandals, and do not greet anyone on the road."

"When you enter a house, say, 'Peace to this house.' If someone who promotes peace is there, your peace will rest on them; if not, it will return to you. Stay there, eating and drinking whatever they give you, for the worker deserves his wages. Do not move around from house to house."

"When you enter a town and are welcomed, eat what is offered to you. Heal the sick who are there and tell them, 'The kingdom of God has come near to you. But if you enter a town and they do not welcome you, go into the streets and declare, 'Even the dust of your town that clings to our feet, we wipe off as a testimony against you. Yet be sure of this: The kingdom of God is near.' I tell you, it will be more bearable on that day for Sodom

than for that town.... "Whoever listens to you listens to me; whoever rejects you rejects me; but whoever rejects me rejects him who sent me."

Angel 2:

See the seventy-two following Jesus' instructions, and healing was successful. Imagine yourself as one of the healers. As we see and wonder about the seventy-two when they returned with joy and said:

"Lord, even the demons submit to us in your name."

Shepherd:

Jesus replied, "I saw Satan fall like lightning from heaven. I have given you the authority to trample on snakes and scorpions and to overcome the enemy's power; nothing will harm you. However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven."

Angel 2:

There is no disease or illness so big that God cannot heal... we pray with all our left-brain hemisphere and right-brain hemisphere... Jesus may heal you instantly, sometimes in half an hour, days, weeks, or years. But eventually, He will answer your prayer and heal you in His way. This healing can be facilitated with medicine or surgery.

Visualize the Holy spiritual Jesus standing in the synagogue and putting His loving hand on the ill area, and He says be healed. Feel the living water wave sensation before you are healed.

See Jesus holy and pure... He says:

Shepherd:

I will concentrate on the six major diseases affecting millions of people.

Chronic Pain

Diabetes

Heart Disease /Stroke

Cancer

Mental Illness and Addiction

And the Flu or a Virus

Concluding for all other illness

We start with the pain

Song

Angel 2:

Visualize Jesus' spiritual, Holy, loving hand on the pain... concentrate... feel the living water sensation flowing from His hand and feel the acute pain is gone... It should not take too long.

If it is chronic pain, keep visualizing His Holy hand on the pain. If it helps, put your hand on the pain and visualize your hand as Jesus's hand... continue doing this.

If you have a migraine headache, visualize God's Holy finger touching the root of the headache... Feel the living water sensation propagate in all your body and see the pain is gone... see God fully standing on the side dressed in a black robe. He could be a man or a woman, or you cannot tell. Know that He is both a father and a mother. See God busy creating in the universe... ask Him to come to you... See God stretch a hand from where

He is, put His Holy finger on the root of the pain, and see the pain is gone, following the living water sensation in your body as a wave.

Shepherd announce:

Second Diabetes

Song

Angel 3:

If you have diabetes see your blood glucose or blood sugar levels are normal... see Jesus holding a wet sponge in His Holy hand. He puts it on the skin from top to bottom of the body, and the sponge absorbs the extra sugar... Visualize Jesus putting His Holy figure on the **pancreas**... the beta cells that produce insulin are becoming normal. the **pancreas** starts to produce enough insulin to keep the blood sugar levels down, and the symptoms of **diabetes** begin to disappear... Finally, watch what you eat and follow the doctor's direction and nutritionist.

Shepherd announce:

Third Stroke and Heart disease

Song

Angel 2:

If you have heart disease or had a stroke, feel God empowering your muscles to start to move and overcome your condition... For a stroke, feel the living water sensation in your body, feel it in your brain, and the clot fades... Visualize God's Holy hand touching your brain, and the clot fades.

Put your hand on your heart and visualize your hand as Jesus' hand; continue... Feel the living water sensation in your heart and hear Jesus say be healed... Be sure to watch what

you eat and follow the doctor's directions... Avoid eating foods that cause heart disease, eat wholesome and nutritious healthy food... See, Jesus put his Holy hand on the arteries, see the calcifications go away feel your blood flow gently in your heart. Recognize the signs and symptoms. Avoid prolonged sitting, such as at work or during long road trips, airplanes, and watching TV. Schedule breaks every two to three hours to get up and walk around. Maintain a healthy weight and take a step to quit smoking.

Shepherd announce:

Fourth Cancer

Song

Angel 3:

If you have cancer visualize God creating new cells by putting a Holy hand on the cancer area and concentrating... See God taking away the cancer cells with His command by shining His peaceful light on you ... Put your hand on cancer and visualize Jesus' Holy hand, feel the living water sensation on the whole body... Please don't give up don't ever give up, keep doing it... If you are undergoing chemotherapy, see your body healed, and your suffering is gone... Keep taking your medicine and treatments. Rejoice in the Lord always. He has a surprise for you.

Shepherd announce:

Fifth, Mental illness and addiction

Song

Angel 2:

If you have a mental illness or an addiction, hear God asking you to pursue external and internal feedback from your subconscious... Keep your family, friends, your counselor,

doctor, and all the people that want you healthy to continue to give you external feedback... Such as a counselor to reduce your worry, fear, and stress... Use meditation and medicine for your internal feedback... Remember you are not stable, and feedback will promote stability. Hear Jesus in your meditation give you the proper feedback for stability... See Jesus command the illness to go away and feel your brain is healthy... Believe that if you continue to visualize Jesus, He will cleanse your brain... Do music therapy as described by the apostle Farid in his dissertation on our web page... Use deep meditation with Neurotherapy... Every day stop thinking and freeze your thoughts for two minutes with no energy or thoughts... Visualize Jesus Holy Hand on the back of your head and freeze your thoughts for at least 3 minutes or more... feel the living water from Jesus' Holy hand penetrating your head.

When you have an episode, remember to stop thinking and freeze your thoughts intermittently for at least a few hours... take extra medicine per the doctor's approval if needed... Allow yourself to take a personal mental health day from work if this is available to you. Find a distraction like watching a game of sports, a movie, etc... Walk and use exercise... Participate in music therapy as described by the apostle Farid in his article on our web page... Keep visualizing Jesus' Holy Hand on the back of your head and freeze your thoughts. See the episode slowly go away. It may take several days but keep doing the meditation. At the end of the meditation, you may feel the back of your head very hot, followed by cool living water. It is a sign the meditation is working.

Shepherd announce and read:

Now addiction

Please seek treatment if you cannot do it on your own.

The 12 steps to recovery.

Step 1: We admit we were powerless over mental illness and addiction—that our lives had become unmanageable.

Step 2: Come to believe that a Power greater than ourselves could restore us to sanity.

Step 3: Decide to turn our will and lives to God's care *as we understand Him*.

Step 4: Make a searching and fearless moral inventory of ourselves.

Step 5: Admit to God, to us, and to another human being the exact nature of our wrongs.

Step 6: We are ready to have God remove all these character defects.

Step 7: Humbly ask Him to remove our shortcomings.

Step 8: Make a list of all persons we have harmed and become willing to make amends to them.

Step 9: Make direct amends to such people wherever possible.

Step 10: Continue to take personal inventory, and when we are wrong, promptly admit it.

Step 11: Search through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out.

Step 12: Having had a spiritual awakening due to these Steps. The participant has tried to carry this message to others and to practice these principles in all our affairs....

Just remember, if you feel like drinking alcohol, get a glass of water and visualize it as living water from Jesus, a pure healing message for recovery... Keep making this recommendation.

If you are addicted to drugs, realize that drugs cause instability in the brain, and this state is not natural... Your brain is precious and is created to have the spirit of God dwell in it... Every day when you wake up, say I want the Spirit of God to dwell inside of me... I am strong; I want a stable brain. I don't want to lose control anymore.

If you have a gambling addiction, remember that losing stays with you for a long time, whereas the emotion of winning is not for very long. So why do it... Realize the wasted time you have accomplished while gambling that time can be used productively.

Shepherd announce:

Sixth, the Flu or virus

Song

Angel 2:

Visualize living water from Jesus going through your body; feel the fever diminishing, and your body aches to go away... Feel your immune system is getting stronger... Keep feeling the water spread through your body. Starting with your feet and moving through your entire body... Breathe deeply and visualize Jesus's living water moving in your chest and throat and the cough diminishes while Jesus' hand is on your chest... Keep doing this. Feel Jesus put His Holy hand on your head and command the virus to go away... Say the precious blood of Jesus Christ vaccinates me... No virus can touch me, and this virus will go away.

Shepherd announce:

Finally, Others

Song

Angel 3:

Now that you have heard the techniques used to heal the previous diseases visualize Jesus as the root of other illnesses you may have and see them go away. Keep meditating and visualize new cells in your body and living water from God. Believe there is no illness that Jesus cannot heal.

Shepherd announce:

Finally, believe when waking the second day, you will be better.

See yourself healed

All: Thank you, Lord Jesus, Amen