

Dissertation – Part I

GOD IS A MATTER OF SCIENCE AND PSYCHOLOGY NOT JUST FAITH

By the Apostle and Deacon **Farid A. Chouery**, PE, SE, CL, CHT, NTS, SD¹

Compilation started on April 2015, much of the work started in 1979

This is an independent research study in Christianity²

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Dedicated to Dr. Ralph J. Malott M.D., who saved my life: he convinced me that suffering is temporary; and Dr. Martin M. Johnson, M.D., who told me that doing meditation is half of the medicine.



I saw something similar in a vision in 2010 when I heard a voice from heaven saying, three times in Arabic, “The days are plenty, the days are plenty, the days are plenty take your time”. I was 59 years old, worried about whether I could do God’s will in time. Now, I don’t worry about my age. God did not ask me like He asked the Apostle Paul to build a Christian church, He asked me to build Christian meditation and that’s His will. Farid A. Chouery

¹ – Apostle because Jesus appeared to him when he was 7 or 8 years old in an apparition shortly after first communion.

- Deacon of the Creek Catholic Church (Melkite)
- PE = Professional Engineer (Electrical, Civil) – SE = Structural Engineer
- CL = Certified Counselor – CHT = Clinical Hypnotherapist
- NTS = NEURO-THERAPY Specialist – SD = Spiritual Director

² This is an independent research study in Christianity not affiliated or related with any university or any government or any Christian denomination church. Jesus told me in my conscience on Saturday August 27, 2016 that if I go to a university for a PhD or a Masters, this research could be contaminated so it must be original. My counselor warned me that I can start with something and it would end up becoming something else. However, I did receive a strong encouragement from the University of Washington Clinical Psychology Department to proceed with the research with a Christian University on August 23, 2016. I did apply for fall 2018 at Seattle University and did not get accepted. This was a sign from God to build a new company “Living Water 3T 2M, LLC” to produce Christian meditation sessions opened Jan 26, 2018.

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Chapter 1 - Introduction

Why can we use God in science and psychology?

In this paper, I demonstrate that God is not only a matter of faith, but also a matter of science and psychology. This idea is true despite the fact that spirituality is not for everyone (e.g. not everyone is spiritual). For them, if the word God is involved, they need to look at spirituality from a scientific point of view and find out what God really is, what he wants, and what is happening to the person. Alternately, they might scientifically reject spirituality because the word “God” is involved, such as situations like hearing voices or having a miracle or a vision from God. You cannot dismiss all visions as hallucinations or say that these voices are caused by schizophrenia. Some are definitely a message or natural feedback from God. Dr. Daniel Amen, in CD #7 on “Change your Brain the Master’s Coaching Program,” said about the right temporal lobe of the brain that 70% of the world thinks spirituality is natural. His reason is spiritual singing will have a healing effect on your temporal lobes and probably your limbic system as well. The following citation is a reference on the brain and spirituality:

<https://www.mentalhealth.org.uk/a-to-z/h/hearing-voices>

Hearing voices³

By Mental Health Foundation

“It is estimated that between 5% and 28% of the general population hears voices that other people do not.

Hearing voices is an auditory hallucination that may or may not be associated with a mental health problem. It is the most common type of hallucination in people with psychotic disorders such as schizophrenia. However, a large number of otherwise healthy individuals have also reported hearing voices.”

The following source is a reference on auditory hallucination that helps the point:

Why Auditory Hallucinations Are Commonplace and Have Meaning

BY JOHN READ ON 10/24/16 AT 11:33 AM

[HTTP://WWW.NEWSWEEK.COM/VOICES-AUDITORY-HALLUCINATIONS-HEARING-SCHIZOPHRENIA-MENTAL-ILLNESS-PSYCHOLOGY-513041](http://www.newsweek.com/voices-auditory-hallucinations-hearing-schizophrenia-mental-illness-psychology-513041)

³ In my opinion, since I heard God’s voice where God’s voice is a loving voice or God’s voice is Love, if the voice heard is of an authoritative voice of a dictatorship, as in saying I heard God tell me to kill someone or kill myself or you’re a gay or so, then it is not God’s voice but is an auditory hallucination as in a brain disease.

This article was originally published on [The Conversation](#). Read the [original article](#).

“Hearing voices that other people can’t is a meaningful experience. Like dreams, they can usually be understood in terms of one’s life experiences. Within mental health services, however, the prevailing medical model means some practitioners pay attention only to their presence, not their meaning.”

....

“There are countless historical examples of voices where the person hearing the voice is convinced they have meaning—Jesus and Joan of Arc among the most famous. However, the notion that voices are random expressions of a diseased brain, devoid of meaning, is a [recent creation](#), restricted to cultures where a medical model of human distress dominates.”

One reference from the Bible (there are many) that explore the meaning of people hearing voices is Samuel 3:1-20. Why is a boy, name Samuel, who hears voices at night, claiming he hears God calling his name, diagnosed as an individual with schizophrenia? Samuel grew up as a prophet helping the nation of Israel; thus, God sent the prophet Samuel to anoint Saul as the first king for the Israelites. I do not believe Samuel had a brain disease. Instead, I think history proves that notion wrong, as the Bible has helped many people for years – past, present and future – and it is from a supernatural power.

Meaningless hallucinations, delusions, and hearing disturbing voices usually happen when people are sick. These incidents may be accompanied by paranoia and fear, and the person may become very unstable. The person who is experiencing hallucinations may happen from loss of sleep and suffer because of it. Usually, the person develops a fear or a phobia about returning to that state or experience, and it becomes the greatest fear of their life. This usually occurs when a person hears lots of voices. Some people become suicidal because of this suffering, and it may last for their lifetime due to chronic, recurring mental health conditions including depression, anxiety, addiction, and personality disorders. Meaningless hallucinations are some symptoms for schizophrenia. There are also other brain sicknesses that may produce hallucinations and delusions, such as Parkinson’s disease.

Meaningful hallucinations and helpful hearing voices are visions and are natural feedback from God. There is usually not a lot of feedback from God; it is an occasional occurrence and happens to healthy people when they are mentally healthy and stable. Incidents of meaningful feedback are always remembered and help in a person’s life, bringing peace. In contrast, hallucinations and disturbing voices do not stay with you after recovery or, if they

are thought of, they may initiate fear and suffering. I experienced both and I therefore have the authority to talk about it⁴. For me, my worst fear is returning to that state of instability or being hospitalized because of meaningless hallucinations; dying and going to hell are not my worst fears. I was hospitalized twice, once in December 1974 and again in July 1976, which is a long time ago; however, this fear has stayed with me all my life. Have you ever had the experience of a song or a piece of music playing in your ears that you cannot get rid of, and it keeps going and going? Does this mean that you have a sick brain? Or is it a natural feedback from God? Who can define a healthy brain? Who knows what the brain's potential can be or how long we shall live and why we get sick at all? I do not think with all the science we have that we can know the full potential of the brain or even say whether meaningful visions are hallucinations or sickness. This dissertation is about expanding the brain to new territories or horizons and exploring whether meaningful visions with helpful hearing voices are the next evolution of the brain's development. Perhaps a healthy brain is a mind at peace, and meaningful voices and visions are an essential part of this brain development.

If you visualize Jesus, you expect these kinds of things to happen. I had a meaningful vision with sounds on November 1, 2017 at 7:45AM. It was so powerful that I got scared the next day, just from thinking about God's might. Later, during my meditation, God told me "Do not get scared of Me".

I was at work, on the computer and under stress because my boss wrote a memo three weeks before about a mistake I made (I found out later that I needed new glasses). He threatened to fail me in the yearly evaluation, which he ended up doing on January 2, 2018. I wanted to quit my job and retire from the Army Corps of Engineers. In the vision, I was transported to a different place: I was on a bus, and I could hear all the noises and feel all the vibrations of the bus for 30 seconds. When I came back to reality, my hand was holding the computer mouse and it was on top of the keyboard at the center. I was shaken up, and thought God wanted me to retire right away because of where the mouse ended up on the keyboard from the bus vibrations. I took the bus every day to go to work and it was on my mind.

I had pain in my chest for four hours and was dizzy for an hour. I went to the doctor on November 2 for a consultation, and he gave me an electrocardiogram test. The doctor said it was not my heart, and that I have a heart of a teenager, even though I am 66 years old. Instead, it was emotional pain and dizziness from the shock I had received from God. After talking to my wife, we decided to talk to a financial advisor, and he recommended that I retire a year and half later. God's visions are not usually understood right away, and I needed to think about it with my Christian counselor. However, God came to the rescue. The vision provided me with meaningful help to make a decision about when to leave the Army Corps of Engineers. When I saw my

⁴ If you have a stigma about mental illness, I feel sorry for you, because God gave me the illness, so I can have authority.

psychiatrist on November 17, 2017, he said that I am “darn stable”. A month and a half later, he said I have been stable for a long time. I told my doctor that visions are rare, and he replied that they happen to you. Of course, I told him about my past experiences. You cannot tell me I have a sick brain after all the accomplishments I have completed in my life, such as raising a daughter and providing help to people, whether it be financial advice, peace of mind, or healing. What I have is a receptacle problem in my brain that is resolved with medicine; with the medicine, I lead a normal but not a boring life. When suffering occurs, I have my therapists to help me out, and occasionally I increase my medicine. I can distinguish very well the difference between positive and negative feedback, whether it is God’s feedback or His enemy. Some of the time, I need the help of my therapists, and most of the time they confirm my thinking: that is the way God is. He is not going to tell you exactly when to retire, which was confirmed by my psychiatrist. On January 19, 2018, my doctor said meaningful voices and visions have nothing to do with my illness. They have to do with inner peace, and my dissertation is about peace. Final note: On Wednesday, August 29, 2018, my vision came true. I bought a car and therefore did not have to take the bus anymore and deal with the cold weather. In addition, my boss retired on Friday, August 31, 2018. In a nut shell, God did not come straight out and tell me in August 2018 that I would have a new boss and a new car; instead, he communicated with me through a vision that was hard to understand and stayed with me for a long time. In a similarity I can see why John’s revelation vision is still not understood which has lots of visual.

Another example of a time when I had a vision happened when I invented the SSUE (Stable Surface in an Unstable Environment). I looked at the Billy Board and I heard a voice that said, “You can turn it around and make a stable surface out of it”. Why would you call that a brain disease, when it is just creativity, engineering and a solution given by God? For most of my inventions, I had help from God, whether visual or voice related.



The BILLY BOARD - Balance Skill Board

As the researchers in this ‘God Spot’ study discovered, feeling a connection to God with spirituality:

No ‘God Spot’ In Brain, Spirituality Linked To Right Parietal Lobe. 04/20/2012 12:42 pm ET | Updated Apr 20, 2012

“Scientists have speculated that the human brain features a ‘God spot,’ one distinct area of the brain responsible for spirituality. Now, [University of Missouri](#) researchers have completed research that indicates spirituality is a complex phenomenon, and multiple areas of the brain are responsible for the many aspects of spiritual experiences.

‘We have found a neuropsychological basis for spirituality, but it’s not isolated to one specific area of the brain,’ said Brick Johnstone, professor of health psychology in the School of Health Professions. ‘Spirituality is a much more dynamic concept that uses many parts of the brain. Certain parts of the brain play more predominant roles, but they all work together to facilitate individuals’ spiritual experiences.’

In the most recent study, Johnstone studied 20 people with traumatic brain injuries affecting the right parietal lobe, the area of the brain situated a few inches above the right ear. He surveyed participants on characteristics of spirituality, such as how close they felt to a higher power and if they felt their lives were part of a divine plan. He found that the participants with more significant injury to their right parietal lobe showed an increased feeling of closeness to a higher power.

...

The research does not make claims about spiritual truths but demonstrates the way that the brain allows for different kinds of spiritual experiences that Christians might name God, Buddhists it could be Nirvana, and for atheists it might be the feeling of being connected to the Earth.”

http://www.huffingtonpost.com/2012/04/20/god-spot-in-brain-is-not-_n_1440518.html

Mental illness brings suffering, pain, and sadness with it. These communications from God are not from mental illness because they happen to healthy people. When we define the brain as a system that needs (positive) negative feedback loops for stability, we will see that, through Christian meditation, these feedbacks from God will occur. Originally, in an electronic system, feedback was called criticism or evaluation. Now, however, it is standard in all systems to use the word feedback. This is why God is also a matter of science and psychology: we need to find, scientifically, the most effective meditations and therapy to heal people, improve their life, and give them (positive) negative internal feedback. Why does Christian meditation works? It is a mystery.

[The following source is on meditation](#)

https://en.wikipedia.org/wiki/Christian_meditation

What’s *Actually* the Difference Between Mindfulness and Meditation?

The answer is mind-blowing—and yes, pun fully intended.

BY ANNIE DALY May 1, 2017

<http://www.womenshealthmag.com/life/mindfulness-vs-meditation>

Christian meditation goes beyond mindfulness meditation in which the breathing from mindfulness is kept while communicating with God. It has some similarity in compassion as mindfulness-based cognitive therapy (MBCT) Reference:

What Is Mindfulness (And how can it help you?)

07/11/2016 03:21 pm ET

Jennifer Wolkin, PhD Dr. Jennifer Wolkin is a NYC-based licensed clinical health and neuropsychologist, writer, speaker, and professor.

http://www.huffingtonpost.com/entry/what-is-mindfulness-and-how-can-it-help-you_us_5783f025e4b03288ddc71f00

Quote from article:

What Is Mindfulness?

There are many definitions. My favorite is the one posited by John Kabat-Zinn, the pioneer of Mindfulness Meditation's use in Western psychological interventions. He proposes that mindfulness is *“a state of greater awareness cultivated by paying attention, on purpose, in the present moment, and non-judgmentally.”*

One note on mindfulness and Christian meditation: it is interesting how many things we take for granted that are given by God, including our breath. Special breathing is a fundamental requirement in meditation. It is also essential to survive, yet every breath we take is taken for granted – we assume it will always be there. This life-giving breath is from God, and we should not take it for granted.

The bible verse that is parallel to mindfulness is Psalm 118:24 from [the New American Standard Bible](#):

“This is the day which the LORD has made; Let us rejoice and be glad in it.”

In a nut shell, for Christians, the state of greater awareness requires them to be glad in the moment, for God has made it. Here is another Bible verse:

“Finally, brothers and sisters, fill your minds with beauty and truth. Meditate on whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is good, whatever is virtuous and praiseworthy.” *Philippians 4:8, The Voice*

Nonetheless, Christian meditation has other remarkable advantages beside healing depression, such as problem solving, self-healing and inventing, among others. I identify all the advantages that I have experienced in my life so far in my book “Visualize Jesus: Ten Ways to Christian⁵ Meditations” <https://www.smashwords.com/books/view/156626>. Through my discussions in this dissertation, I hope to make it clear that we cannot put Christian meditation in a box. It is God’s world, and all the advantages cannot be pinned down. I am not trying to do so because everyone will experience Christian meditation differently and uniquely according to their belief, and Christian meditation is very rich. Note: visualizing Jesus is energy in the brain. This dissertation is about making a spark in Christian meditations.

In Chapter 2 of my book “Visualize Jesus: Ten Ways to Christian Meditation,” I outline techniques in Christian meditations. One can easily see the variety of meditations found throughout history, as God was at work with us. Meditation is not something new. In the next reference, it shows only five different types:

5 Types of Meditation You Can Do at Home

By [Evie Carrick](#) May 25, 2017

<http://www.cheatsheet.com/health-fitness/types-of-meditation-you-can-do-at-home.html/?ref=YF&yptr=vahoo>

1. Mindfulness breathing
2. Mantra meditation
3. Music meditation
4. Color and chakra meditation
5. Guided meditation

Is Biblical meditation the same as Eastern meditation? No, they are two different things. In the latter, you empty your mind. In the former, you fill your mind with the things of God. Biblical meditation means to quietly ruminate — turning over and over in your mind, phrase by phrase — the truths of God. However, it should not matter what religion is used, because Jesus is love and can always be visualized with any religion. The question is: can you allocate a corner in your brain for Jesus? When you visualize Jesus’ hand on your wound or his living water going through your body for healing purposes, can you believe Jesus will not let you down? Jesus healed everybody, and you do not have to be a Christian for Him to heal you.

The difference between Christian meditation and Eastern meditation is that, in Christian meditations, there is communication.

⁵ The book is designed on the Ten Commandments and can be converted to Jewish or Islamic meditation as in “Visualize Moses: Ten ways to Jewish meditation.”

The ability to visualize Jesus in Christian meditation stems from John 1:1: That Christ is the Word. Therefore, if we are to meditate on the Word as per the Old Testament, then we have no alternative but to visualize Jesus in our meditations.

Christian meditation is well established throughout history and is tractable and can be used. As an example, Christian meditation is currently not a part of psychology, except for prayers, but Buddhist meditation is, through the use of mindfulness. However, some Christian meditation is defined as mindfulness, as there is some commonality about the idea of compassion. In Christian meditation, when visualizing Jesus with His arm around someone or His hand on their wounds, or through praying for someone, people are expressing compassion.

However, throughout history, Christian meditation deteriorated and had some losses. Part of the difficulties experienced by the Christian church include the idea that Christian meditation was reserved for monks and clergy and not for all Christians in the community. One of the problems is that when people are taught the Our Father prayer, they are taught to just recite the prayer, which comes only from the left hemisphere of the brain. However, when we read the scriptures, there was feedback from the environment, such as birds singing and the sound of gentle breezes (on top of a mountain you expect wind). Jesus took the disciples to the Mount of Olives, and therefore also used the right hemisphere in his prayers. In other verses, Christ asks us to love God from all your heart and mind, and the mind is both left and right hemisphere. Unfortunately, the art of praying with the right hemisphere was lost, as people began to pray with the left hemisphere only. In my church, when we say the prayer of Our Father, I visualize myself with the entire congregation praying with Jesus at Mount of Olives to engage both hemisphere of my brain in prayers.

List of references on Eastern Meditations:

How To Rewire Your Brain With Compassion, Joy And Love

06/14/2016 12:51 pm ET

- Andrea Pennington, M.D. Dr. Andrea - Integrative Longevity Doctor & Sexual Health Educator

http://www.huffingtonpost.com/andrea-pennington-md/how-to-rewire-your-brain-b_10449838.html

Mindfulness Therapy Can Prevent Depression Relapse, Review Finds

[In The News](#) May 4, 2016

<http://www.madinamerica.com/2016/05/mindfulness-therapy-depression/>

'Mindfulness' May Keep Depression from Coming Back

<https://www.yahoo.com/news/mindfulness-may-keep-depression-coming-back-150035896.html>

by Sara G. Miller, LiveScience.com Thu, Apr 28 8:00 AM PDT, 2016 She writes:

“For example, scientists still don't know exactly how MBCT works, Davidson wrote. One hypothesis is that [the use of mindfulness](#) may alter brain functions in areas related to paying [attention](#) and feeling emotions, but more studies are needed, he said.”

Another reference:

Meditation Beats Drugs for Depression: Study

<http://www.newsmax.com/Health/Health-News/meditation-depression-mindful/2016/04/27/id/726158/>

Mindfulness as good as antidepressant drugs, study says

<http://thechart.blogs.cnn.com/2010/12/06/mindfulness-as-good-as-antidepressant-drugs-study-says/>

December 6, 2010

On hearing voices meditation is found to help reduce the effect. Reference:

Group Mindfulness Shows Promise Reducing Depression Associated with Hearing Voices

[In The News](#) April 30, 2016

<http://www.madinamerica.com/2016/04/group-mindfulness-reducing-depression-hearing-voices/>

Using Breathing-Based Meditation to Treat Depression

<https://www.madinamerica.com/2016/11/using-breathing-based-meditation-treat-depression/>

Mindfulness Therapy May Be More Effective Without Antidepressants

[In The News](#) May 25, 2016

<http://www.madinamerica.com/2016/05/mindfulness-therapy-may-be-more-effective-without-antidepressants/>

Can meditation and psychedelics have the same benefits for your mind?

By Meera Senthilingam, for CNN

Updated 5:48 AM ET, Fri June 3, 2016

<http://www.cnn.com/2016/06/03/health/psychedelics-anxiety-depression-meditation/index.html>

5 Ways You Can Use Mindfulness To Fix Your Brain, Reduce Stress and Boost Performance

06/18/2016 07:25 pm ET | **Updated** 13 hours ago

http://www.huffingtonpost.com/dr-travis-bradberry/5-ways-you-can-use-mindfulness_10286454.html

The reason that God is rejected by some psychologists or scientists may be because of the lack of testing in the laboratory and the lack of proof of God exists scientifically. Just like the human body can be tuned by a chiropractor or a physical therapist, the brain can be tuned using meditations. This happens when using scientific methods such as improved meditations as mindfulness with conversation with God through visualizations with music therapy as an example.

Since this entire dissertation is related to the existence of God, then the existence of God is addressed first. I do not think God wants you or me to prove His Existence, He knows that He exists. He just wants you to use Him and have a relationship with Him. God converts people to believe in Him through the Holy Spirit by revealing Himself to them. People throughout history have come up with proofs for the existence of God because God revealed Himself to them to help strengthen the believers and their intellect. For the non-believer, nothing is good enough, and they miss out on using God in their life and also in the afterlife.

However, the intellect is not sufficient to live by; faith is needed and is given by the Holy Spirit. Thus, the idea that God is a matter of science and psychology nourishes the intellect, and the concept that God is a matter of faith nourishes the spirit. Both the intellect and the spirit are necessary to know God; said in another way, know God from your heart and mind. The problem with blind faith, which relies on no proofs and only the heart, is that it can lead some people to become completely literal about the Bible; some of them even become fanatics. However, God wants you to use your mind as well as your heart. If God wanted us to be completely literal about the Bible, then Christ would have written the Bible Himself, whether the old or new testament. The Bible is written by people who walked with God and they enlighten you about God; they did the best they could. The Bible has history; it is written after the fact, and is gradually leading you slowly to believe in Christ. All parables taught by Christ are for the heart and mind, and the Bible is not all there is (John 21:25). There is more to God than the Bible, as God continues to reveal Himself through the Saints, the Prophets, and the Apostles throughout history as well as in music and visualizations. Music scripts and intentional visualizations are not in the Bible.

Reference on people that take the Bible literally:

Few Americans Believe The Bible Is The Literal Word Of God

Antonia Blumberg, The Huffington Post 1 hour 53 minutes ago

<https://www.yahoo.com/news/few-americans-believe-bible-literal-202939435.html>

“Fewer than one in four Americans — just 24 percent — believe the Bible is “the actual word of God, and is to be taken literally, word for word,” according to a [new survey by Gallup](#)”

This report gives bad news because 24 percent is too much.

Looking at Islam, where the Quran is believed to be taken directly from an angel (Gabriel), and which [Muslims](#) believe to be a revelation from [God](#), we can see how this caused ISIS to have the problem of blind faith with their literal interpretation of the Quran, resulting in them become fanatics. In 2016, the US State Department declared that ISIS committed genocide for massacring Christians.

References:

Islam Needs a Reformation

By Linda Chavez

Friday, 08 Jul 2016 11:35 AM [More Posts by Linda Chavez](#)

<http://www.newsmax.com/LindaChavez/islamic-terrorism-orlando-muslim/2016/07/08/id/737737/>

Damage to a specific site in the brain may be linked to religious fundamentalism

- [IFL Science](#)
- May 15, 2017, 9:05 AM

<http://www.businessinsider.com/damage-to-a-specific-site-in-the-brain-may-be-linked-to-religious-fundamentalism-2017-5>

“Psychologists have always been fascinated as to why some people believe in a higher being, while others are happy to accept that we are alone in life. Now [researchers claim](#) they have found a region of the brain that, when damaged, may increase the likelihood that a person will hold fundamental religious beliefs. In particular, they found that damage to this region reduced cognitive flexibility – the ability to challenge one’s preexisting beliefs when presented with new evidence.”

Can You Meet God Outside the Bible?

05/17/2016 02:48 pm ET | **Updated** 1 day ago

[Paul Perkins](#) Attorney, former White House staffer, and author

http://www.huffingtonpost.com/paul-perkins/can-you-meet-god-outside-the-bible_b_9990010.html

In the following sections of my dissertation, I explore twenty clarifications that prove that God exists, and demonstrate why God is a matter of science and psychology. I attempt to make it clear, through the twenty clarifications, that God exists and functions in His creation internally and externally through feedbacks. The reason I call them clarifications instead of proofs is because I do not want to corner anybody. If someone is converted after reading these clarifications, it would not be because of my work, but because of the Holy Spirit. First, however, I share some previous classic philosophical background and understanding on the proof of the existence of God. Secondly, I clarify the question of Christian counseling verses psychology counseling and how to use God in counseling. Thirdly, I provide a background on discernment. Fourthly, I share laboratory test results on visualizing Jesus as feedback, and demonstrate how a Pavlovian response can occur with music therapy as well as its success in treating or preventing Alzheimer's disease. The healing specified in this dissertation is based on brain training, starting with faith through seeking a higher power such as God.

This dissertation is about restoring or repairing the two-way communication between God and people, through Jesus Christ, and will become evident with laboratory experiments. This communication becomes the primary difference between human and animals. An animal's impact on creation is minimal, and God's communication with animals is not essential as it is done through instincts. Conversely, humans are in desperate need of God's feedback, as they are to subdue the Earth.

Chapter 2 - Previous Classic Philosophical Background on the Existence of God

In this chapter a background sources will be given showing what has been already done.

Existence of God from Catholic Encyclopedia

<http://www.newadvent.org/cathen/06608b.htm>

The root meaning of God: Etymology

“*God* can variously be defined as:

- the proper name of the one [Supreme and Infinite Personal Being](#), the Creator and Ruler of the [universe](#), to whom [man](#) owes obedience and worship;
- the common or generic name of the several supposed beings to whom, in [polytheistic religions](#), [Divine attributes](#) are ascribed and Divine worship rendered;
- the name sometimes applied to an idol as the image or dwelling-place of a god.

The root meaning of the name God (from Gothic root *gheu*; Sanskrit *hub* or *emu*, "to invoke or to sacrifice to") is either "the one invoked" or "the one [sacrificed](#) to." From different Indo-Germanic roots (*div*, "to shine" or "give light"; *thes* in *thessasthai* "to implore") come the Indo-Iranian *deva*, Sanskrit *dyaus* (gen. *divas*), Latin *deus*, Greek *theos*, [Irish](#) and Gaelic *dia*, all of which are generic names; also Greek *Zeus* (gen. *Dios*, Latin *Jupiter* (*iovpater*), Old Teutonic *Tiu* or *Tiw* (surviving in *Tuesday*), Latin *Janus*, *Diana*, and other proper names of [pagan deities](#). The common name most widely used in [Semitic](#) occurs as 'el in Hebrew, 'ilu in [Babylonian](#), and 'ilah in Arabic. Although scholars are not agreed on the point, the root meaning is most probably "the strong or mighty one."

Now, all these varying types of Theism, in so far as they are opposed to the classical and traditional type, may be reduced to one or other of the two following propositions:

- that we have, naturally, an immediate consciousness or [intuition](#) of [God's](#) existence and may therefore dispense with any attempt to prove this [truth](#) inferentially;
- that, though we do not [know](#) this [truth intuitively](#) and cannot prove it inferentially in such a way as to satisfy the speculative reason, we can, nevertheless, and must, conscientiously believe it on grounds other than those that are strictly [intellectual](#).

A posteriori argument

[St. Thomas](#) (*Summa Theologica* I:2:3; Cont. Gent., I, xiii) and many scholastic writers after him advance the five following arguments to prove the existence of [God](#):

- Motion, i.e. the passing from power to act, as it takes place in the [universe](#), implies a first unmoved Mover (*primum movens immobile*), who is [God](#); else we should postulate an

[infinite](http://www.quick-facts.co.uk/science/motion.html) series of movers, which is inconceivable. (See also Aristotle's Theory of Motion <http://www.quick-facts.co.uk/science/motion.html>)

- For the same reason, efficient causes, as we see them operating in this world, imply the existence of a First Cause that is uncaused, i.e. that possesses in itself the sufficient reason for its existence; and this is [God](#).
- The fact that contingent beings exist, i.e. beings whose non-existence is recognized as possible, implies the existence of a [necessary](#) being, who is [God](#).
- The graduated perfections of a being actually existing in the [universe](#) can be understood only by comparison with an absolute standard that is also actual, i.e., an [infinitely](#) perfect Being such as [God](#).
- The wonderful order or evidence of intelligent design that the [universe](#) exhibits implies the existence of a supramundane Designer, who is no other than [God](#) Himself.

To these points, many theists add other arguments:

- the common consent of [mankind](#) (usually described by [Catholic](#) writers as the *moral* argument),
- from the internal witness of [conscience](#) to the supremacy of the moral law, and, therefore, to the existence of a supreme Lawgiver (this may be called the *ethical* argument),
- from the existence and perception of beauty in the [universe](#) (the *aesthetical* argument).

A priori, or ontological, argument

This argument undertakes to deduce the existence of [God](#) from the [idea](#) of Him as the Infinite, which is present to the [human mind](#); however, as already stated, theistic [philosophers](#) are not agreed as to the [logical](#) validity of this deduction.

As stated by [St. Anselm](#), the argument runs thus: The [idea](#) of [God](#) as the Infinite means the greatest Being that can be thought of, but unless actual existence outside the mind is included in this [idea](#), [God](#) would not be the greatest conceivable Being since a Being that exists both in the mind as an object of thought, and outside the mind or objectively, would be greater than a Being that exists in the mind only; therefore [God](#) exists not only in the mind but outside of it.

[Descartes](#) states the argument in a slightly different way: whatever is contained in a clear and distinct [idea](#) of a thing must be predicated of that thing; but a clear and distinct [idea](#) of an absolutely perfect Being contains the notion of actual existence. Therefore, since we have the [idea](#) of an absolutely perfect Being, such a Being must really exist.

To mention a third form of statement, [Leibniz](#) would put the argument thus: [God](#) is at least possible since the concept of Him as the Infinite implies no contradiction; but, if He is possible, He must exist because the concept of Him involves existence. In St. Anselm's own day, this argument was objected to by Gaunilo, who maintained as a *reductio ad absurdum* that, were it valid, one could prove by means of it the actual existence somewhere of an ideal island far surpassing in riches and delights the fabled Isles of the Blessed. This criticism, however smart it may seem, is unsound, for it overlooks the fact that the argument is not intended to apply to finite ideals but only to the strictly [infinite](#). If it is admitted that we possess a [true idea](#) of the [infinite](#),

and that this [idea](#) is not self-contradictory, it does not seem possible to find any flaw in the argument. Actual existence is certainly included in any [true](#) concept of the Infinite, and the [person](#) who admits that he has a concept of an Infinite Being cannot deny that he conceives it as actually existing. The difficulty is with regard to this preliminary admission which, if challenged — as it is in fact challenged by [agnostics](#) — requires justification by returning to the *a posteriori* argument: to the inference by way of [causality](#) from contingency to self-existence and thus by way of deduction to [infinity](#). Hence the great majority of scholastic [philosophers](#) have rejected the ontological argument as propounded by [St. Anselm](#) and [Descartes](#); as well, the proposition put forward by Leibniz also does not escape this difficulty.

The ontological argument has been formulated by philosophers including [St. Anselm](#) and [René Descartes](#). The argument proposes that God's existence is self-evident. The logic, depending on the formulation, reads roughly as follows:

1. God is the greatest conceivable being.
2. It is greater to exist than not to exist.
3. Therefore, God exists.

[Thomas Aquinas](#) criticized the argument for proposing a definition of God which, if God is [transcendent](#), should be impossible for humans.^[27] [Immanuel Kant](#) criticized the proof from a logical standpoint: he stated that the term "God" really signifies two different terms: both the idea of God, and God. Kant concluded that the proof is equivocation, based on the ambiguity of the word God.^[28] Kant also challenged the argument's assumption that existence is a [predicate](#) (of perfection) because it does not add anything to the essence of a being. If existence is not a predicate, then it is not [necessarily true](#) that the greatest possible being exists.^[29] A common rebuttal to Kant's critique is that, although "existence" does add something to both the concept and the reality of God, the concept would be vastly different if its referent was an unreal Being. Another response to Kant is attributed to Alvin Plantinga, who explains that even if one were to grant Kant that "existence" is not a real predicate, "Necessary Existence", which is the correct formulation of an understanding of God, is a real predicate, and thus Kant's argument is refuted, according to Plantinga.”

http://www.oddee.com/item_98822.aspx

Pascal's Wager: God Is, or He Is Not. You Must Wager (17th century)

PASCAL'S WAGER

	YOU'RE RIGHT!	YOU'RE WRONG!
BELIEF	ETERNAL JOY	NOTHING
ATHEISM	NOTHING	ETERNAL SUFFERING

“Pascal's Wager is an argument in apologetic philosophy that was devised by the seventeenth-century French mathematician, physicist, and philosopher Blaise Pascal (1623–1662). It posits that humans all bet, with their lives, that God either exists or does not exist. Given the possibility that God actually does exist and assuming the infinite gain or loss associated with belief or unbelief in God, a rational person should live as though God exists and seek to believe in God. If God does not actually exist, such a person will have only a finite loss (some pleasures, luxury, etc.).”

The philosophy uses the following logic:

1. God is, or He is not.
2. A Game is being played where heads or tails will turn up.
3. According to reason, you can defend neither of the propositions.
4. You must wager. (It's not optional.)
5. Let us weigh the gain and the loss in wagering that God is. Let us estimate these two chances. If you gain, you gain all; if you lose, you lose nothing.

“Historically, Pascal's Wager was groundbreaking because it charted new territory in probability theory, marked the first formal use of decision theory, and anticipated future philosophies such as existentialism, pragmatism, and voluntarism. ([Source](#))”

For more information on this topic, please see the following links:

<http://existence-of-god.com/>

<http://www.godandscience.org/apologetics/sciencefaith.html>

<http://www.cnn.com/2007/US/04/03/collins.commentary/index.html>

<http://www.famousscientists.org/25-famous-scientists-who-believed-in-god/>

Quotes from [Albrecht Moritz](#)

<http://home.earthlink.net/~almoritz/scientist-belief-god.htm>

1. Positing God is not a solution: who created God?

“God is the eternal, ultimate cause of existence. Something must be the first principle. For the believer, God is the first principle, just like for the naturalist, eternal matter or eternal fields (e.g. a quantum vacuum) must be the first principle from which everything arises. Asking the believer who created God makes just as little sense as asking a naturalist where matter or fields came from. They always were.

If, on the other hand, a naturalist would hold that “nothing” could be a first principle, it would make no logical sense. Matter and fields cannot arise from nothing, since nothing has no properties, and thus cannot produce anything. Nothing is, in fact, nothing. The “physical nothing” of the quantum vacuum is of course not nothing, but a field. Something must have always been there, be it eternal matter, eternal fields, or an eternal God.

A common objection would be that God is too complex an assumption to begin with. This is disputable. In fact, classical theology holds that He is the simplest entity imaginable, because as an infinite, immaterial being, He is not composed of any parts. For this, see for example [the chapter](#) in Summa Theologica of Thomas Aquinas. Edward Feser's article ["Why is there anything at all? It's simple"](#) points out why, from a classical philosophical point of view, God's simplicity is crucial to Him being the only possible ultimate explanation.”

2. The omnipotence of God is self-contradictory

“If God were truly omnipotent, He could create a stone that is so heavy that even He could not lift it – yet then He would not be omnipotent after all. The concept of omnipotence and thus the very concept of God is self-contradictory, or so the argument goes.

First of all, since God is not a material being, and “heaviness” is tied to matter, the stone-lifting analogy makes no sense. However, that is just nitpicking the argument, of course. The real issue is whether God can do something that is logically impossible (something never claimed to be tied to the concept of omnipotence), and of course He cannot. Assuming so would be, well – illogical.”

3. The vastness of the universe argues against the God of religion

“Why should religion assume a small universe, even if only to “enhance” the significance of humans? If religion ever did so, then it was only in accordance with the cosmological views of the time (for this, however, see the article [Size Doesn't Matter, part 2](#)). Yet, the Biblical psalmist said, "The Heavens, oh Lord, proclaim thy glory", in the knowledge that the starry sky was much vaster than our little Earth. Furthermore, theology has held since ancient time that God is infinite. The revelation by science of how vast our universe – God's creation – really is (and it may be

much larger than what we can observe) gives a limited glimpse to the believer of what God's infinity really may mean. Thus, believers should not be shocked about that at all. Already in the 15th century, the Cardinal, theologian, and astronomer Nicolas of Cusa claimed that only an infinite universe would be worthy of its Creator. He would have been delighted to see the images from the Hubble telescope."

4. The parochial God

"In his [discussion with Francis Collins](#), moderated by Time Magazine, Richard Dawkins says that the Christian God is parochial.

"When we started out and we were talking about the origins of the universe and the physical constants, I provided what I thought were cogent arguments against a supernatural intelligent designer. But it does seem to me to be a worthy idea. Refutable – but nevertheless grand and big enough to be worthy of respect. I don't see the Olympian gods or Jesus coming down and dying on the cross as worthy of that grandeur. They strike me as parochial. If there is a God, it's going to be a whole lot bigger and a whole lot more incomprehensible than anything that any theologian of any religion has ever proposed."

I agree with Dawkins that the God of many believers is sadly quite parochial, since they do not contemplate the wonders of the vastness of God's universe but have a rather small view of God's creation. However, Dawkins appears to be unaware that theology has long held a view that fully satisfies his demands. As we have seen, theologians have believed for many centuries that God is infinite and omnipotent, and some have suggested that only an infinite universe would be worthy of its Creator. In other words, theologians maintain that God is of incomprehensible grandeur indeed.

Also, I do not think that the God of science-informed Christian believers is parochial at all – quite the contrary. Those believers see an expression of God's infinity in the universe, yet still believe that God intimately cares about humankind on our "insignificant" little planet circling one of about 300 billion stars in our galaxy, which in turn is just one average galaxy among about 300 billion other ones – so much, in fact, that He became a human being in Jesus Christ who died for our sins on the cross. That is a truly mind-boggling concept, but would you not expect God to be mind-boggling, completely beyond human comprehension? It should be expected that God would be so great that He vastly transcends the limited understanding of the small human mind. In comparison, the God of Dawkins appears just great within human understanding and expectations, which would not allow for something as allegedly parochial as the incarnation in Jesus Christ to be worthy of God, the designer and creator of the universe. That would be a God who more snugly fits into the back pocket of the human mind, in terms of being able to be comprehended – but this would make Him a more truly parochial God as well. Thus, the God of Francis Collins or of any other science-informed believer seems the greater one."

<https://www.apologeticspress.org/apcontent.aspx?category=9&article=879>

Cause and Effect—Scientific Proof that God Exists

by [Kyle Butt, M.A.](#)

“The Universe exists and is real. Every rational person must admit this point. If it did not exist, we would not be here to talk about it. So the question arises, “How did the Universe get here?” Did it create itself? If it did not create itself, it must have had a cause.

...

Material effects without adequate causes do not exist. Also, causes never occur after the effect. In addition, the effect never is greater than the cause. That is why scientists say that every material effect must have an **adequate** cause. The river did not turn muddy because the frog jumped in; the book did not fall off the table because the fly landed on it. These are not adequate causes. For whatever effects we see, we must present adequate causes.

...

One thing is for sure: The Universe did not create itself! We know this for a scientific fact, because matter cannot create matter. If we take a rock that weighs 1 pound and do 50,000 experiments on it, we never will be able to produce more than 1 pound of rock. So, whatever caused the Universe could not have been material”

THE BIBLE SPEAKS ABOUT THE CAUSE

“The Bible certainly is not silent about what caused the Universe. In the very first verse of the first chapter of the first book, it says: “In the beginning God created the heavens and the Earth.” Acts 17:24 records: “God, who made the world and everything in it... He is Lord of heaven and earth.” Exodus 20:11 notes: “For in six days the Lord made the heavens and the earth, the sea, and all that is in them.”

- God is undoubtedly an adequate cause, since He is all-powerful. In Genesis 17:1, God told Abraham “I am **Almighty** God.”
- He came before this material world, fulfilling the criteria that the cause must come before the effect. The psalmist wrote: “Before the mountains were brought forth, or ever You had formed the Earth and the world, even from everlasting to everlasting, You are God” (Psalm 90:2).
- And He definitely would instill within mankind the concept of morality, since He is a God of morals. Titus 1:2 says that He cannot lie.

Only God fits the criteria of an adequate cause that came before the Universe.”

....

CONCLUSION

“The law of cause and effect is a well-established law that does not have any known exceptions. It was not conjured up from the creationists’ magic hat to prove the existence of God (although it does that quite well). The evidence is sufficient to show that this material Universe needs a non-material cause. That non-material cause is God. If natural forces created the Universe, randomly selecting themselves, then morality in humans could never be explained. Why is this Universe here? Because “in the beginning, God...”.

Although the above writings are a valid approach to prove the existence of God from a philosophical point of view, they do not compel us to understand and study God from a perspective of science and psychology. In the next section, I provide twenty clarifications to support the existence of God and lead us to realize that God is a matter of science and psychology and not just faith, and that He exists internally and externally. While proving the existence of God from a philosophical standpoint has been done in the past, the new task is to shine light on the existence of God from the viewpoint of science and psychology.

Chapter 3 - First Clarification: Two New Laws of Physics Showing God Exists

The law of physics presented in 2011 proves everything in the universe behaves uniquely. The law: “To every load or weight there is a unique deflection curve”. Logically, if nothing behaves at random, then there is evidence of a creator in charge and taking care of the universe, and everything that happens in the universe happens for a reason; it happens not by accident but because of an intelligent design. Additionally, if everything created uniquely requires a miracle, it is a natural wonder, and the universe has almost an infinite number of patterns. Also, it means there is a God watching all creation, since they all behave uniquely. It is easy for Him to distinguish between all creatures, and therefore He would have to be omnipresent (see Proverb 15:3). If God is not watching and taking care of the universe, we would have a chaotic universe that is unstable. However, it is not unstable: the universe is in balance from static and dynamic loads and it obeys the laws of physics installed and enforced by God. Only an infinite universe of infinite behavior would be worthy of its Creator. We cannot explain it any other way. There is a clear distinction between God and men; what God can do and what men cannot do. We are constantly asking the question of how did this happen, and why is the universe unique, for it did not have to be this way. All the laws of physics incorporated in this universe are there to help this uniqueness to happen; this is not an accident, it is meant to be. Why is there uniqueness of behavior in the universe? Because there is a God that wants it that way and is worthy of it.

This clarification also relies on St Thomas’ argument, which was postulated earlier by Aristotle, that the existence of God is proven through motion – that there is a first unmoved Mover, who is [God](#). However, now that we know that all motions are unique, and therefore the unmoved Mover is Almighty, it is mind boggling and drives us to meditate. This leads us to believe we should have a great self-esteem for being dynamically unique; there is only one of you in the entire universe. It is as if nature is speaking to us, saying that I am created uniquely. Also, there are the three conclusions that contemplate the question of: how can we occupy the universe indefinitely? One of the conclusions is that we cannot occupy the universe indefinitely without God’s physical presence. Consider the visualization of Jesus: it is a physical presence of God in the mind, but we need a new body to occupy the universe indefinitely. That will be provided in the second coming of Christ. To elaborate on the law, it will be given again in depth as it was published on the web in 2011.

<http://www.facsystems.com/Law.pdf>

FIRST LAW OF PHYSICS

“To every load or weight there is a unique deflection curve”

Presenting: we live in a unique universe⁶,

God created everything special and all behaves uniquely. When we press on something, the curvature is unique. We should find beauty in everything and feel privileged to live in this universe. When you come to the point where you find beauty in everything in the universe, instead of ugliness, and learn to accept this, then you become one with the universe and realize everything God made is good.

What is the meaning of a unique deflection curve?

In mechanics, one can easily find that there are no two sets of loads that give the same deflection curve. For example, one can clone the DNA for a sheep, but their behavior would not be the same. Thus, they possess a different soul and spirit. This is similar to identical twins: they possess a different soul and spirit. You may look at a bouquet of flowers and say they are all the same roses, but in reality, they are not – each possesses a different curvature. It does not matter how you express mathematically the deflection curve for the same load, the curvature would not be the same because it is unique. This concept brings us to the idea of a unique universe, and our existence. It can be easily concluded that we are all unique and should therefore not have a low self-esteem, but very high self-worth. There are none alike; we are too valuable to ourselves and to each other. Galileo demonstrated that the Earth is not center of the universe. However, men used to have great self-esteem from thinking that we are in the center of the universe. Thus, self-esteem was taken away from us at that time. Now, it is restored and will never be taken away from us. Now, we say “I am something, I am dynamically unique” since every minute, at least 30,000 cells change in our body. There is only one “me” in the entire universe.

How about replicating deflection curves in the universe? Take for example two beams and attempt to replicate their deflection. If we do this, then these criteria must be met for each beam:

- 1- Topography must be the same to have the same gravity
- 2- Gravity must be the same or the mass composition below each beam must be identical
- 3- Gravitation influence from the universe from all stars and planets to the beam must be the same to each beam
- 4- Temperature must be the same in each beam
- 5- Exact location of the load on each beam must be in the same location
- 6- Beam shape must be identical
- 7- The beam span must be identical
- 8- Beam composition must be identical
- 9- The loads on each beam must be identical

⁶ This law was initially discovered in 2007 while working on structural plates and discovering plates deflections are unique <http://www.facsystems.com/prod01.htm> Article title: Exact and Numerical Solution for Large Deflection of Elastic Non-Prismatic Plates ([Plates.pdf](#)) 449KB. It was further discovered in 2011 that all deflections are unique.

- 10- Beam Reactions must be in the same place
- 11- Beam Slope must be identical
- 12- The atmospheric pressure must be identical
- 13- There should be no vibrations, the Universe has to stand still no Super Nova effect, the wind has to stop blowing, the waves in the ocean must stop, the tectonic plates have to stop moving, no volcanic activity, no cars moving, no breathing because of vibration presents different deflection in the vibration gradient in each beam. Even if it happens the gravity is not the same.
- 14- The residual gravitational force from any star or planet as they are moving has to be the same
- 15- Magnetic field to match
- 16- Electric field to match
- 17- Contact shear must be the same underneath loads and reactions
- 18- Gravitational wave effects are not the same
- 19- Add your criterion

By reviewing this extensive list, one can easily conclude that is impossible to replicate deflection curves in the Universe. It is interesting that in a laboratory experiment, people will perceive that they are the same deflection because they are close enough; however, scientifically they are not. We organize cues from the external world to form our internal models. From an engineering perspective, one can say they are close enough, but from philosophical perspective they are not the same. In addition, how would one consider the deflection point distance when surveying a distance? That presents a problem because the measured distance will vary in two location's points by the number of atoms at the tip. Having the same distance is not likely but it is probable in the universe; however, there is a low probability number of this occurring.

From this law of physics, we can conclude that every human is unique in the entire universe. In addition, every minute 30,000 to 40,000 skin cells change in the body, so we are not only unique, we are dynamically unique. All life is dynamically unique.

One may say that the universe behaves at random. That is not possible, because even with randomness, one could not get everything to be unique. This concept proves the existence of a creator in charge that is so jealous of His work that he wants everything to be unique. What it means is that God has a data base that can tell the number of hairs on your head and has His Hand on everything. Some people say that the idea that the universe is unique is a given, but now we have a proof to confirm our intuition.

I do not believe that there will be a time where humans will say, "I think I understand what is happening in environment or the universe." What the bleep do we know?

There is three conclusions that we can observe from the current universe:

- 1- We must live forever and have a new body to occupy the universe
- 2- God has to be with us physically to tell us what to do
- 3- Only trusted people can occupy the universe – The instability hypothesis: instability always happen from small things.

It does not take much explaining to conclude that we need an immortal body and that our present body has limitations, is mortal, and cannot occupy the universe indefinitely.

A simple example of our weakness to occupy the universe without God's help is imagining the weather on Earth. With all our technology, computers, and the history of all the work of scientists past and present, we still cannot tell the weather perfectly. How can we do that to every existing and yet to new planet in the universe? That is not possible, especially when we also start asking about the composition of the planets and the dynamic changes that are constantly happening. We need God's help! As it says in Mark 10:27: Jesus looked at them (the disciples) and said, "For mortals it is impossible, but not for God; for God all things are possible." There are many other impossible concepts to ask about, such as can we learn every language on earth, or possess all knowledge on earth? These are impossibilities due to being mortal, as we do not have enough time to learn everything and our memory also decays, resulting in the loss of **memory** over time.

In a nut shell, it seems that, to occupy the universe and the new earth indefinitely with our present or future body and mind, we are required to believe in God. We are infinitesimal, how can we occupy the universe indefinitely without God? There is nowhere else where we can obtain the required feedback or communication to exist in the universe. Maybe that is why Christ said, to enter the kingdom of heaven, we must believe in Him or God, since He is God, and be saved (John 11:25) (John 3:16). It will be clear from this research that through Christian meditation during the limited time we have on earth, we can obtain feedback from God. In the new body given by Jesus Christ, the Bible refers to the fact that, in heaven, we will see clearly (1 Corinthians 13:12), but we will not know everything. In heaven, we will serve God (Revelation 7:15). Service is not passive, but active. It involves fulfilling responsibilities, carrying out duties, expending effort, and having energy and creativity to do work well. This will be work with lasting accomplishment, unhindered by decay and fatigue, and enhanced by unlimited resources. It will be like the work Adam and Eve did in the Garden of Eden (Genesis 2:15), before sin brought the curse on the ground, with its thorns (Genesis 3:17-19). It is suggested that traveling through space will not take any time, since we will travel in the fourth dimension, similar to Jesus entering a room with closed doors (John 20:19). It is clear that our new body will be immortal and have additional senses and dimensions, and that it will be in constant communication with God because of the instability hypothesis. For these reasons, the Bible indicates that heaven cannot be imagined but can be implied, and therefore things can make sense, even the long-standing question of "why is my life so short?".

Note: The current universe has a problem with the second law of thermodynamics. It notes that every system—whether closed or open—at least *tends* to decay. The universe itself is "running down," heading toward an ultimate "heat death." The Bible speaks of a new universe or a new heaven – see Revelation 21:1-6 (NRS) – and the universe is heaven (see Deuteronomy 1:10 [ESV], Psalm 8:3-4 [ESV]).

Scientific proof of unique deflection:

The Law: To every load there is a unique deflection curve.

We will investigate a beam.

https://en.wikipedia.org/wiki/Euler%E2%80%93Bernoulli_beam_theory

http://www.efunda.com/formulae/solid_mechanics/beams/theory.cfm

First of all, if one changes the beam composition or geometry to produce the same deflection curve, then the beams are already unique in materials. That is understood in the universe to have uniqueness in materials. It is possible to have a close enough behavior with two different compositions by making $P_1/EI_1 = P_2/EI_2$ in a beam with a point load at some distance from the reaction. But, to match it identically would be impossible, given the many parameters such as gravity, vibration, location of load, temperature, slope, shape, composition of materials, and so on.

We will investigate two beams with a point load and try to match the small deflection with the point load in a different location but having the same composition.

Two beams of distance L with a point load in the center and one at b distance from the other.

Reference: American Institute of Steel Construction manual (AISC) see Beam Diagram and Formulas Table, also Wikipedia reference examples above.

Deflection 1: $P_1 x(3L^2-4x^2)/48EI$ #7 AISC

Deflection 2: $P_2 b x (L^2 - b^2 - x^2)/6EIL$ #8 AISC

Where EI is the elastic modulus and moment of inertial, $x > b$ or $< L/2$ and P_1 and P_2 is a point load on each beam.

This must happen for every x . To match, make x cancel out by letting $P_1 = 2b P_2 /L$ then when you cancel and solve for b , the result is b must be $L/2$. And thus $P_1 = P_2$.

If the load is not at the center, the result is the same and the solution is the loads and location will also be identical. Therefore, you cannot have two sets of loads at different locations with the same deflection curve.

Now, every load can be decomposed to point loads, thus it is true for any load. If it is not a beam or a mass of material with variation, it can be done with a free body diagram. Large deflection gives an identical solution. If the beam is inelastic or plastic, similar proof can be obtained following the stress strain curve of incremental elastic. And the law is universally true.



The curves in the photo above are unique in the entire universe, which is mind boggling!

This law confirms verses in the bible:

EVERYTHING IS UNIQUE AND LOVED BY GOD (Genesis 1:1-31)

For You shaped me, inside and out. You knitted me together in my mother's womb long before I took my first breath. 14 I will offer You my grateful heart, for I am Your unique creation, filled with wonder and awe. You have approached even the smallest details with excellence; Your works are wonderful; I carry this knowledge deep within my soul. 15 You see all things; nothing about me was hidden from You As I took shape in secret, carefully crafted in the heart of the earth before I was born from its womb. – Psalm 139:13-15 The Voice

Since everything God created is good, we should not reject any of it. We may receive it gladly, with thankful hearts. (1 Timothy 4:4)

A good meditation is to watch the water in a bay or in the ocean and realize that every curve that the water makes is unique and reflect on how infinite that is.

What causes instability?

You will find that instability is caused by one thing or a choice of one of many possibilities. In general, it is a small part in the system that causes instability.

So, for the instability hypothesis, it is seen in all engineering subjects that the cause of instability is a small thing, not something big. For example, in an electric circuit, one burned or reduced value resistor or one burned transistor will cause instability in the output. In structural engineering, column instability happens when a load is exceeded by a small amount. Also, in structural work, one bolt can cause instability, so they require redundancies. This has happened before in collapsed bridges, which were the result of the domino effect of one bad weld or one wrong bolt. A chair or a table becomes unstable if one leg is broken. In geotechnical terms, a landslide happens when a small added value of weight causes the safety factor to be reduced from one. Landslides also happen from water when pore pressure increases. In computers, it does not take more than one bug in the program to crash the entire system. One bad chip can cause damage, voltage can spike, and heat can cause the computer to crash.

Whether or not the atmosphere has stability depends partially on the moisture content. In a car, all it takes for the car to be unstable is one bad sparkplug. Oxygen (one element) causes corrosion. Instability in investments happen when a particular stock begins trading widely from highs to lows that are not within the normal range. In politics, extremist revolts start from one person. In political elections, one piece of false propaganda about the candidate can cause a significant change in the election outcome. Wars can be initiated by one person. September 11, 2001, a terrorist attack by only a few people on the United States caused worldwide instability. Bin Laden was only one person that started a terrorist group. Corruption in India has a terrible impact on the economy and *causes* huge social *instability* and riots. Local politics, tribalism, and religious division can *cause instability*. **It does not take a lot to cause instability.**

In psychology and in medicine, one symptom can cause instability. What causes emotional instability? One of many things: a) overdependence on someone or something, b) suppression of feelings, c) human tendency to expect rather than accept, d) environment, or e) one gene. One injury can cause physical instability. In any religion, all it takes is breaking one commandment to cause guilt and instability. In music, one note off key or out of tune destroys the whole song or musical piece. In transportation, all it takes is one accident to cause a traffic jam. In food, one bacterium can cause instability in the stomach. If you eat a meal at a restaurant that served bad-tasting food or you got sick from the food, what are the odds you would go back to that restaurant, when even thinking about it turns your stomach? What breaks a marriage: one affair? What makes a plant, or a tree die: not enough water or sun? Instability happens when someone hacks into your bank account and takes all your money, even when it is a small amount. Instability or panic happens when the bubonic plague appears, 14 people had it in September 2015, and as a result, unrealistic fears become instability. In addition, breaking the law causes instability and fear; breaking just one law will do it.

Water Scarcity May Cause Global Instability, U.S. Intelligence Agencies Say in Report March 2012. *The rise of sea levels by 10 inches in 2010 (a small amount by comparison) and the continued rising of even a small amount can have devastating effects* on coastal habitats and cause instabilities. Trace amounts of CO₂ could cause political instability, severe drought, famine, ecosystem collapse, and other changes that make the Earth a decidedly inhospitable place to live. So, what causes instabilities? Small things: it is just like the saying, **the straw that broke the camel's back**. This exploration of instability brings us to the second law of physics.

One can also realize from control system engineering that stabilizing a system is done through a negative feedback loop. We will call it a (positive) negative feedback loop since it is called “negative” because of reducing or helping the input.

SECOND LAW OF PHYSICS

“To every complex system it requires a mandatory negative⁷ feedback loop for stability”

Recognized by most scientists

Dr. Daniel G. Amen, M.D., in his DVD “Change your Brain Change your Life – Clear, Concise & Effective Strategies to Make Your Brain Great – The Ultimate Brain Box Collection ©2013” said that “the human brain is the most complex system in the entire universe”. Therefore, our brain requires a (positive) negative feedback loop for stability. For example, psychotherapy is considered a feedback loop to stabilize a patient. In medicine, medications, supplements, surgery, and blood tests are all considered feedback loops for healing. In systems, a feedback loop means taking something from the output and giving it back to the input to stabilize the system. Some simple systems do not require a feedback loop due to the required limit being small. However, every complex system must have an input definition, an output definition, and a mandatory (positive) negative feedback loop to stabilize the system (see Figure 1).

⁷ The law could also be clarified as: “To every complex system it requires a mandatory (positive) negative feedback loop for stability”.

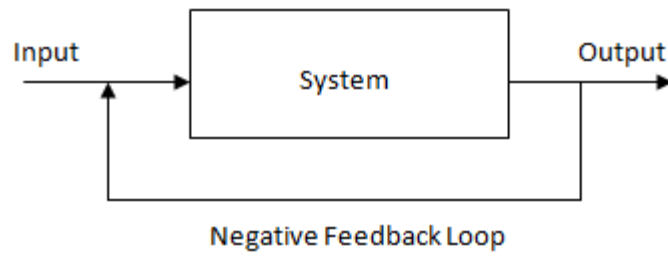
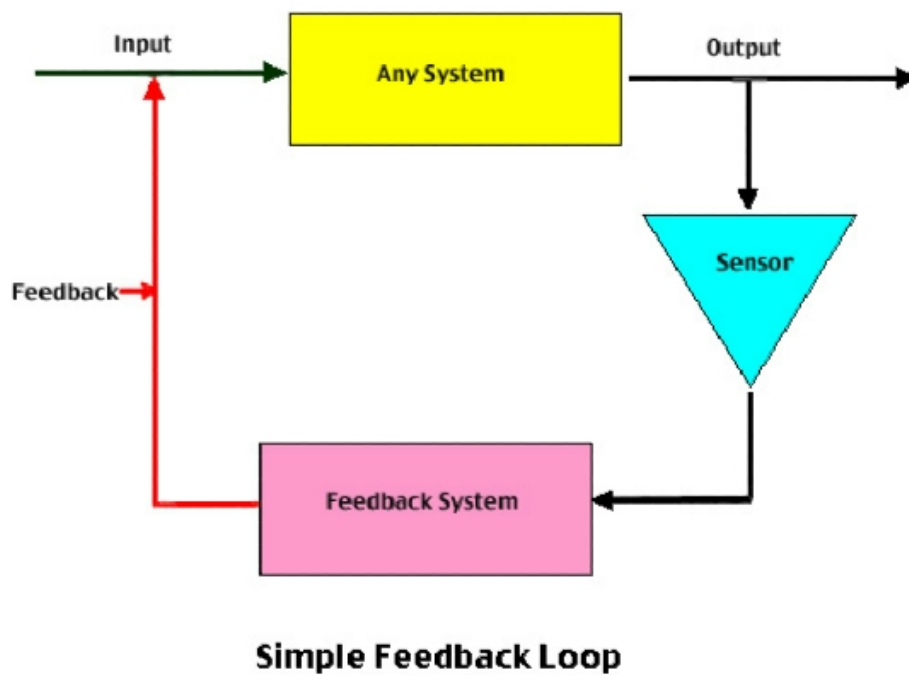
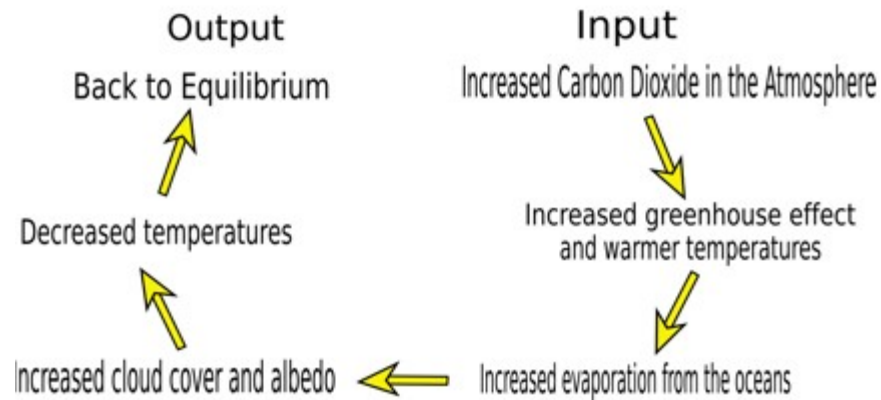


FIG. 1 - DEFINITION OF ANY COMPLEX SYSTEM



<https://www.google.com/search?q=systems+feedback+loop&biw=1680&bih=889&tbm=isch&tbid=0CEYQsARqFQoTCJSjutyg18gCFRPXYwodhOMGIQ#imgre=DYTz03XnN1u96M%3A>

Negative Feedback Loop



<https://www.google.com/search?q=systems+feedback+loop&biw=1680&bih=889&tbm=isch&tbid=u&source=univ&sa=X&ved=0CEYQsARqFQoTCJSjutyg18gCFRPXYwodhOMGIQ#imgrc=>

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Positive Feedback: Whereas [positive feedback](https://en.wikipedia.org/wiki/Positive_feedback) tends to lead to instability, it will cause chaos. https://en.wikipedia.org/wiki/Positive_feedback

Negative Feedback: negative feedback generally promotes stability. Negative feedback tends to promote a settling to [equilibrium](https://en.wikipedia.org/wiki/Equilibrium), and reduces the effects of perturbations. Negative [feedback loops](https://en.wikipedia.org/wiki/Negative_feedback) in which just the right amount of correction is applied with optimum timing can be very stable, accurate, and responsive. https://en.wikipedia.org/wiki/Negative_feedback

The brain system is an electric circuit. Its input definitions are food and communication through the senses. For example, the brain gets inputs from the five senses: getting hungry or thirsty; feeling sleepy, curious, interested, desire, attracted, or concerned; having a dream or a vision; feeling stress, worry, or anxiety; listening to the devil; listening to God; reading or deciding to learn; and more. The output definition is happiness, contentment, satisfaction, contribution, suffering, sadness, peace, motivation, talking, eating, drinking, moving, thinking, day dreaming, touching a plant or a person, loving God, doing God's will, loving and caring for a person, having sex, studying, understanding, falling asleep, relaxing, being tired, being in a bad mood, digesting food, being entertained, absorbing information, working, sinning, getting sick, having anxiety, getting angry, laughing, going to the bathroom, learning a new language or a subject, and more. The feedback loop is: eat and drink moderately and eat the proper food. Reference: "Understanding the Gut Brain: Stress, Appetite, Digestion, and Mood" by Merrily Kun, RN, Ph.D., ND by IBP⁸ (Institute for Brain Potential). What is the Gut-Brain? It is the Mind-body

⁸ www.ibpceu.com/catalog

connections and the hidden brain. Also: “What is In Our Food” by Merrily Kun, RN, Ph.D., ND by IBP (Institute for Brain Potential). Reference:

A Literal Window Into the Second Brain in Our Stomachs

BY **ZOË SCHLANGER** ON 6/12/16 AT 11:00 AM

[HTTP://WWW.NEWSWEEK.COM/ENTERIC-NERVOUS-SYSTEM-STOMACH-BRAIN-469226](http://www.newsweek.com/enteric-nervous-system-stomach-brain-469226)

What Happens To Your Body When You Get Butterflies In Your Stomach

[Medical Daily](#)

Lizette Borrelli 17 hrs ago Oct 11, 2016

<http://www.msn.com/en-us/health/wellness/what-happens-to-your-body-when-you-get-butterflies-in-your-stomach/ar-BBxgoc9?li=BBnb7Kz>

Another feedback loop is to have good compliments and strokes from people, from others, God, and yourself.

“I can live for two months on a good compliment.” – *Mark Twain*

“A word of encouragement heals the one who receives it, but a deceitful word breaks the spirit.” – *Proverbs 15:4, The Voice*

This idea can also be called classical conditioning and operant conditioning. Meditation and exercise are natural ways to obtain negative feedback. Finding meaning in life is a feedback. Medicine and surgery are feedbacks. However, the most important feedback is love and mercy from people, from God, and from yourself; mercy is an important one. That is why I ask God’s mercy all the time. That is what God told me about this important feedback on September 14, 2015 in a walking meditation: mercy from yourself can only be done by you. This important feedback is a functional feedback needed to endure. Relating reference: **“The Habits of Happy People”** by Michael Lara, M.D. by IBP (Institute for Brain Potential).

In addition, scientists recently discovered that:

“Combining two cutting-edge techniques reveals that neurons in the prefrontal cortex are built to respond to reward or aversion, a finding with implications for treating mental illness and addictions.

The prefrontal cortex plays a mysterious yet central role in the mammalian brain. It has been linked to mood regulation, and different cells in the prefrontal cortex seem to respond to positive and negative experiences. How the prefrontal cortex governs these opposing processes of reward or aversion, however, has been largely unknown.

In a new paper published online May 26 in *Cell*, researchers at Stanford, led by Karl Deisseroth, have united two transformational research techniques to show how the prefrontal circuits that process positive and negative experiences are distinctly and fundamentally different from one another, both in how they function and in how they are wired to other parts of the brain.”

From reference:

Study shows different brain cells process positive, negative experiences

May 27, 2016 by Andrew Myers

<http://medicalxpress.com/news/2016-05-brain-cells-positive-negative.html>

For external and internal feedback rituals that make you happy, see reference:

Neuroscience reveals 4 rituals that will make you happy:

<http://theweek.com/articles/601157/neuroscience-reveals-4-rituals-that-make-happy>

Sum up of Neuroscientist Recommendation for Happiness:

Here's what brain research says will make you happy:

- 1. Ask "what am I grateful for?"** No answers? Doesn't matter. Just searching helps.
- 2. Label those negative emotions.** Give it a name and your brain will not be so bothered by it.

This method is similar to what Eckhart Tolle says about confronting the ego and dealing with it in his books *“The Power of Now* and *“A New Earth”*.

Also see Automatic Negative Thoughts Therapy by Dr. Amen in the book “Change your Brain Change your Life” pp109 – 117, and pp156-157.

https://en.wikipedia.org/wiki/Eckhart_Tolle

- 3. Decide.** Go for "good enough" instead of "best decision ever made on Earth."
- 4. Hugs, hugs, hugs.** Don't text — touch.

So, what's the simplest way to start that upward spiral of happiness?

Rituals 1, 2 and 3 are internal feedbacks and can involve God, as in counting your blessings in ritual 1 and God have mercy on me in ritual 2. Conversely, ritual 4 is an external feedback.

Other reference:

People with anger disorder have decreased connectivity between regions of the brain

July 6, 2016 by Matt Wood

<http://medicalxpress.com/news/2016-07-people-anger-disorder-decreased-regions.html>

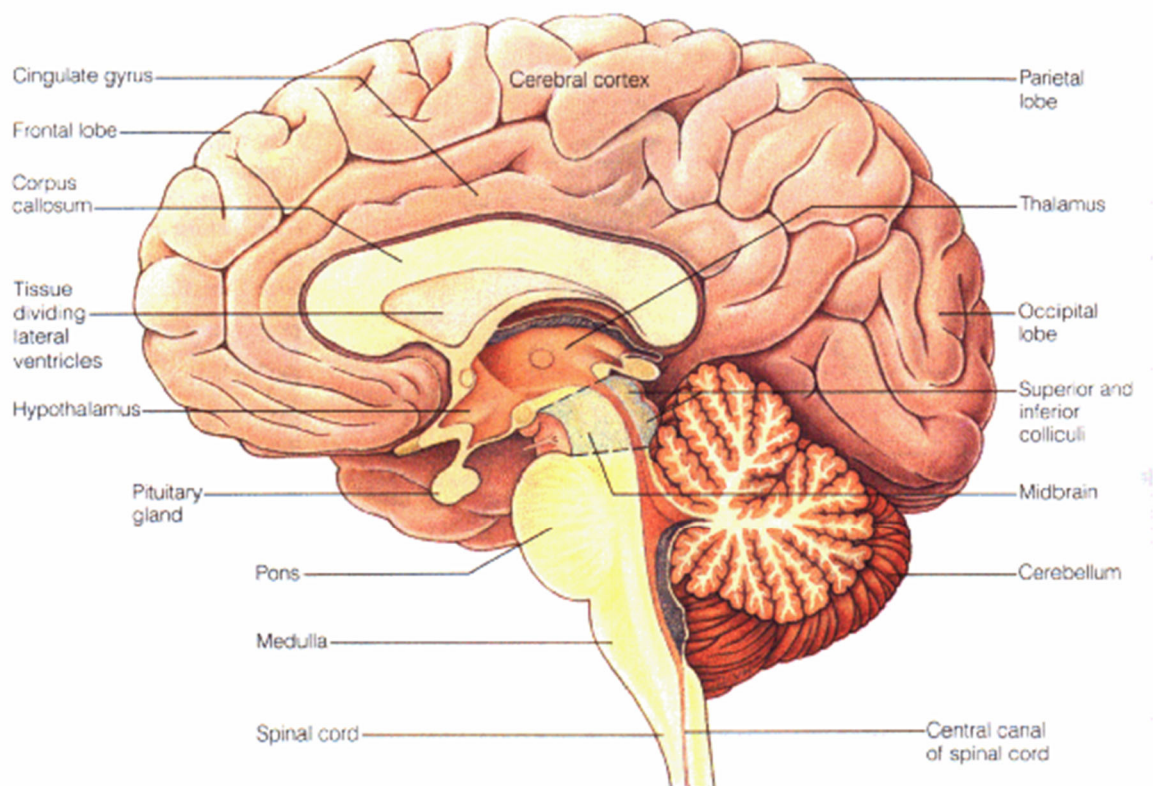
12 Inspirational Quotes From Dalai Lama On How To Live A Good Life

Here are some jewels of wisdom from the Dalai Lama's 81 years of life.

07/06/2016 04:56 pm ET

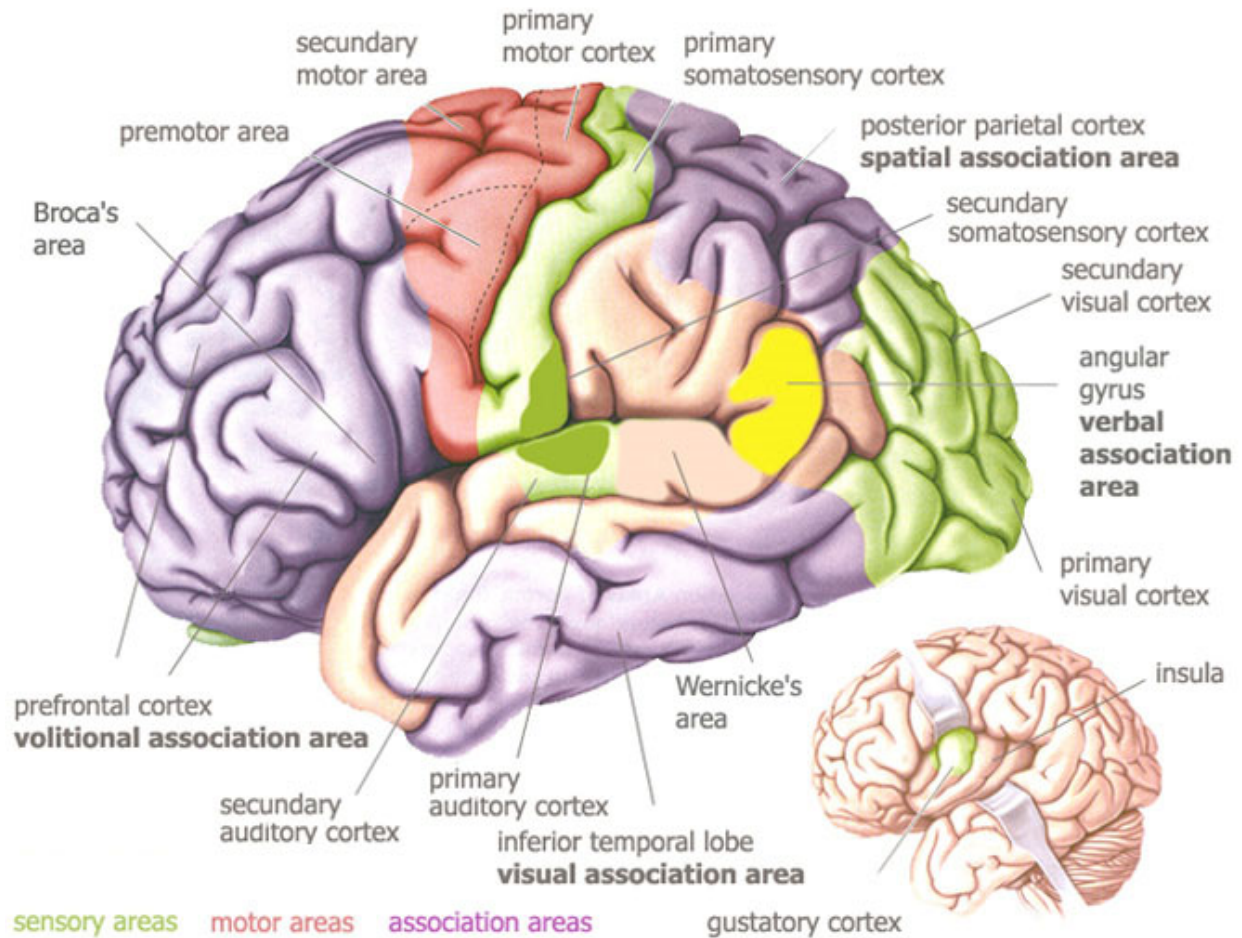
http://www.huffingtonpost.com/entry/12-inspirational-quotes-from-dalai-lama-on-how-to-live-a-good-life_us_577d4401e4b041646411791b

Relating reference on instabilities: "Understanding and Managing Depressive Disorders" by John Preston, Psy.D., ABPP by IBP (Institute for Brain Potential). We can see once again that psychotherapy and medicine is a feedback. The following diagrams are of the brain's anatomy.



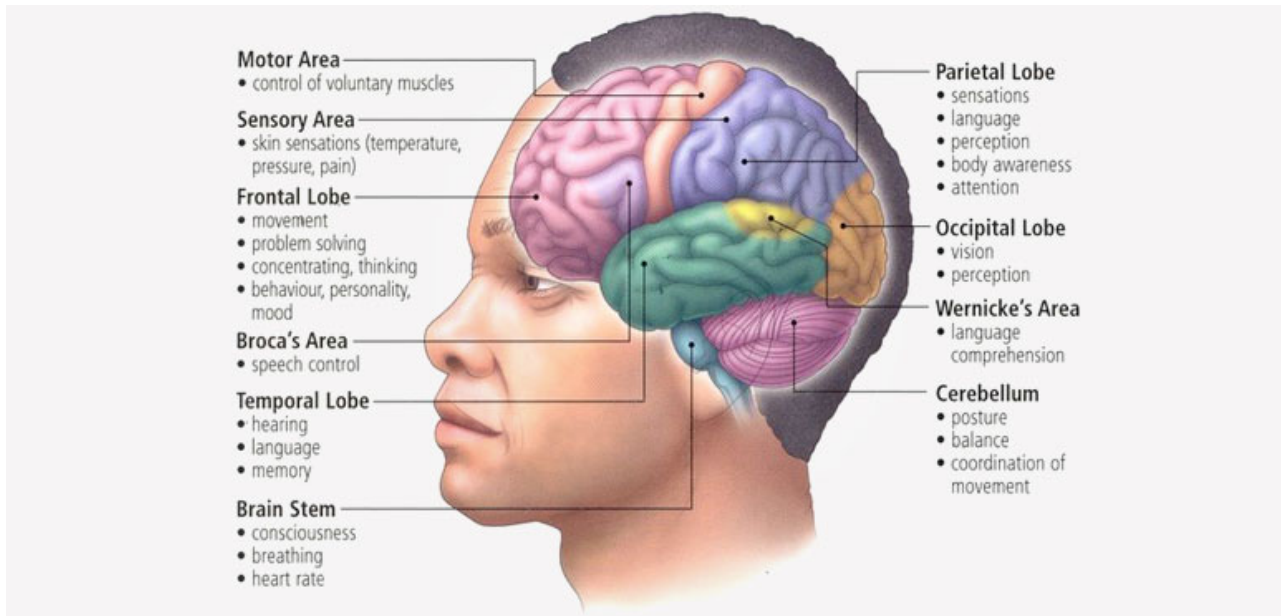
<http://www.bing.com/images/search?q=systems+and+the+brain&view=detailv2&&id=7622440CC1510899265C90F40A561DED78104635&selectedIndex=6&ccid=xowwKjLr&simid=607998246914297797&thid=OIP.Mc68c302a32ebaa383a5fe6cbc118acdaH0&ajaxhist=0>

Human Nervous System Brain



<http://www.bing.com/images/search?q=systems+and+the+brain&view=detailv2&qvpt=systems+and+the+brain&id=F7A53CE93BF912C34BCAADF67ABC73E938DDA751&selectedIndex=2&ccid=7QgQnpin&simid=608037756319826020&thid=OIP.Med08109e98a74f954e82724946709938H0&ajaxhist=0>

Human Brain Anatomy



Some Instability in life:

“There are seven things that will destroy us: Wealth without work; Pleasure without conscience; Knowledge without character; Religion without sacrifice; Politics without principle; Science without humanity; Business without ethics.” - Mahatma Gandhi

Ultimately, what is the feedback required to stabilize life? The answer to this question should be obvious.

Another example is from the following article that outlines how finding meaning to life is a feedback. The outputs are happiness, contentment, satisfaction, and continuing to contribute. The input is life.

<http://www.theatlantic.com/health/archive/2013/01/theres-more-to-life-than-being-happy/266805/>

“There's More to Life than Being Happy”

“Meaning comes from the pursuit of more complex things than happiness

By Emily Esfahani Smith

Emily Esfahani Smith writes about psychology, culture, and relationships. She is the Manners and Morals columnist at *The New Criterion* and the managing editor of the Hoover Institution's *Defining Ideas*.

This is why some researchers are cautioning against the pursuit of mere happiness. In a [new study](#), which will be published this year in a forthcoming issue of the *Journal of Positive Psychology*, psychological scientists asked nearly 400 Americans aged 18 to 78 whether they thought their lives were meaningful and/or happy. Examining their self-reported attitudes toward meaning, happiness, and many other variables -- like stress levels, spending patterns, and having children -- over a month-long period, the researchers found that a meaningful life and happy life overlap in certain ways, but are ultimately very different. Leading a happy life, the psychologists found, is associated with being a "taker" while leading a meaningful life corresponds with being a "giver."

"Happiness without meaning characterizes a relatively shallow, self-absorbed or even selfish life, in which things go well, needs and desire are easily satisfied, and difficult or taxing entanglements are avoided," the authors write.

How do the happy life and the meaningful life differ? Happiness, they found, is about feeling good. Specifically, the researchers found that people who are happy tend to think that life is easy, they are in good physical health, and they are able to buy the things that they need and want. While not having enough money decreases how happy and meaningful you consider your life to be, it has a much greater impact on happiness. The happy life is also defined by a lack of stress or worry.

Nearly a quarter of Americans do not have a strong sense of what makes their lives meaningful.

"Happy people get a lot of joy from receiving benefits from others while people leading meaningful lives get a lot of joy from giving to others," explained Kathleen Vohs, one of the authors of the study, in a recent presentation at the University of Pennsylvania. In other words, meaning transcends the self while happiness is all about giving the self what it wants. People who have high meaning in their lives are more likely to help others in need. "If anything, pure happiness is linked to not helping others in need," the researchers, which include Stanford University's Jennifer Aaker and Emily Garbinsky, write.

"Partly what we do as human beings is to take care of others and contribute to others. This makes life meaningful, but it does not necessarily make us happy," Baumeister told me in an interview.

Meaning is not only about transcending the self, but also about transcending the present moment -- which is perhaps the most important finding of the study, according to the researchers. While happiness is an emotion felt in the here and now, it ultimately fades away, just as all emotions do; positive affect and feelings of pleasure are fleeting. The amount of time people reports feeling good or bad correlates with happiness but not at all with meaning.

Meaning, on the other hand, is enduring. It connects the past to the present to the future. "Thinking beyond the present moment, into the past or future, was a sign of the relatively meaningful but unhappy life," the researchers write. "Happiness is not generally found in contemplating the past or future." That is, people who thought more about the present were happier, but people who spent more time thinking about the future or about past struggles and sufferings felt more meaning in their lives, though they were less happy.

Having negative events happen to you, the study found, decreases your happiness but increases the amount of meaning you have in life. Another study from 2011 confirmed this, finding that people who

have meaning in their lives, in the form of a clearly defined purpose, rate their satisfaction with life higher even when they were feeling bad than those who did not have a clearly defined purpose. "If there is meaning in life at all," Frankl wrote, "then there must be meaning in suffering."

Baumeister and his colleagues would agree that the pursuit of meaning is what makes human beings uniquely human. By putting aside our selfish interests to serve someone or something larger than ourselves -- by devoting our lives to "giving" rather than "taking" -- we are not only expressing our fundamental humanity, but are also acknowledging that there is more to the good life than the pursuit of simple happiness”

“The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.” – Ralph Waldo Emerson

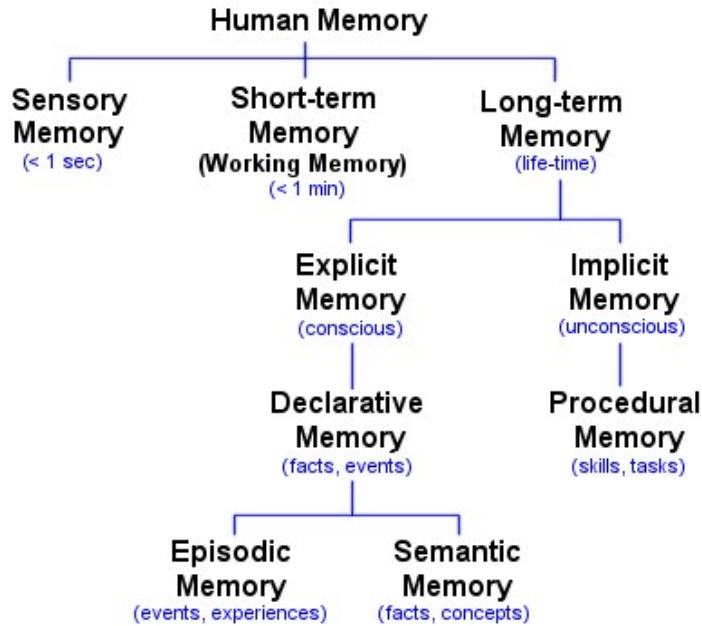
“The Lord will work out his plans for my life— for your faithful love, O Lord, endures forever. Don’t abandon me, for you made me.” – Psalm 138:8, NLT

To go back to brain circuitry:

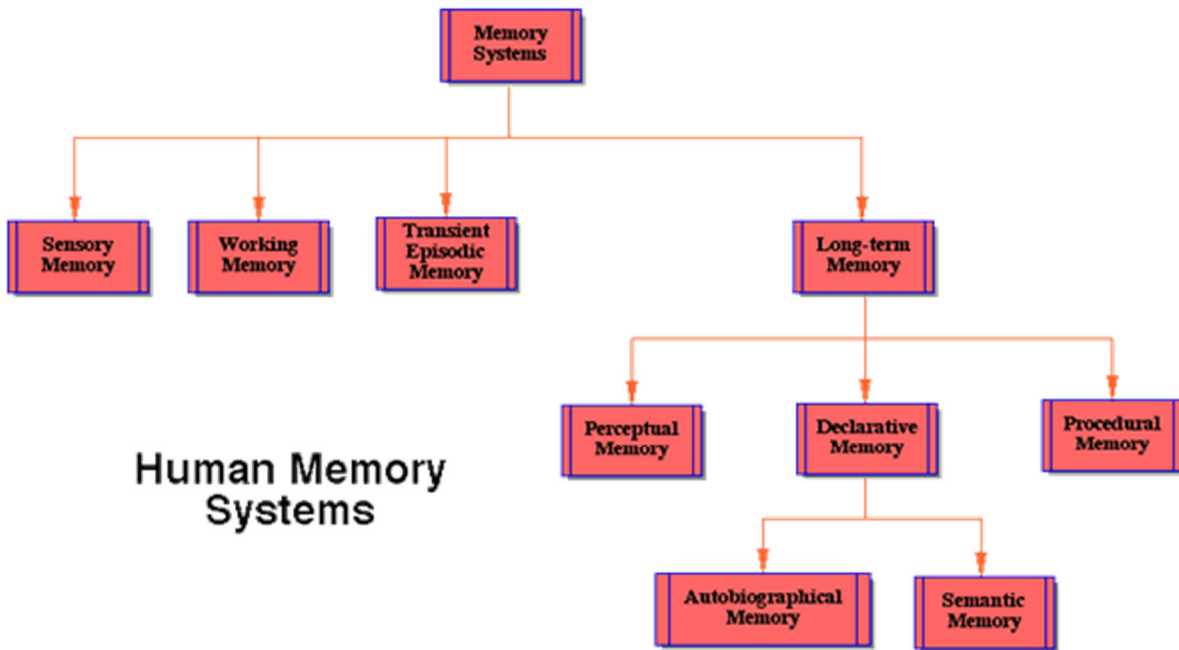
It seems that the hippocampus brain is the controller of the electric circuit of the brain and the blood supply supplying oxygen and sugar to the brain is the power supply of the circuit. The neurons go up in voltage when transmitting a signal from one to the other, and it seems that they are a cluster of amplifiers. They amplify when the right frequency is transmitted, or an input voltage is introduced. However, this description is too simplified. The brain is a very complex system, which will become apparent when we start subdividing the brain into subsystems.

It is advantageous to break the system into subsystems where, for every input that gives an output, we seek to find the proper feedback loop for stability within that subsystem.

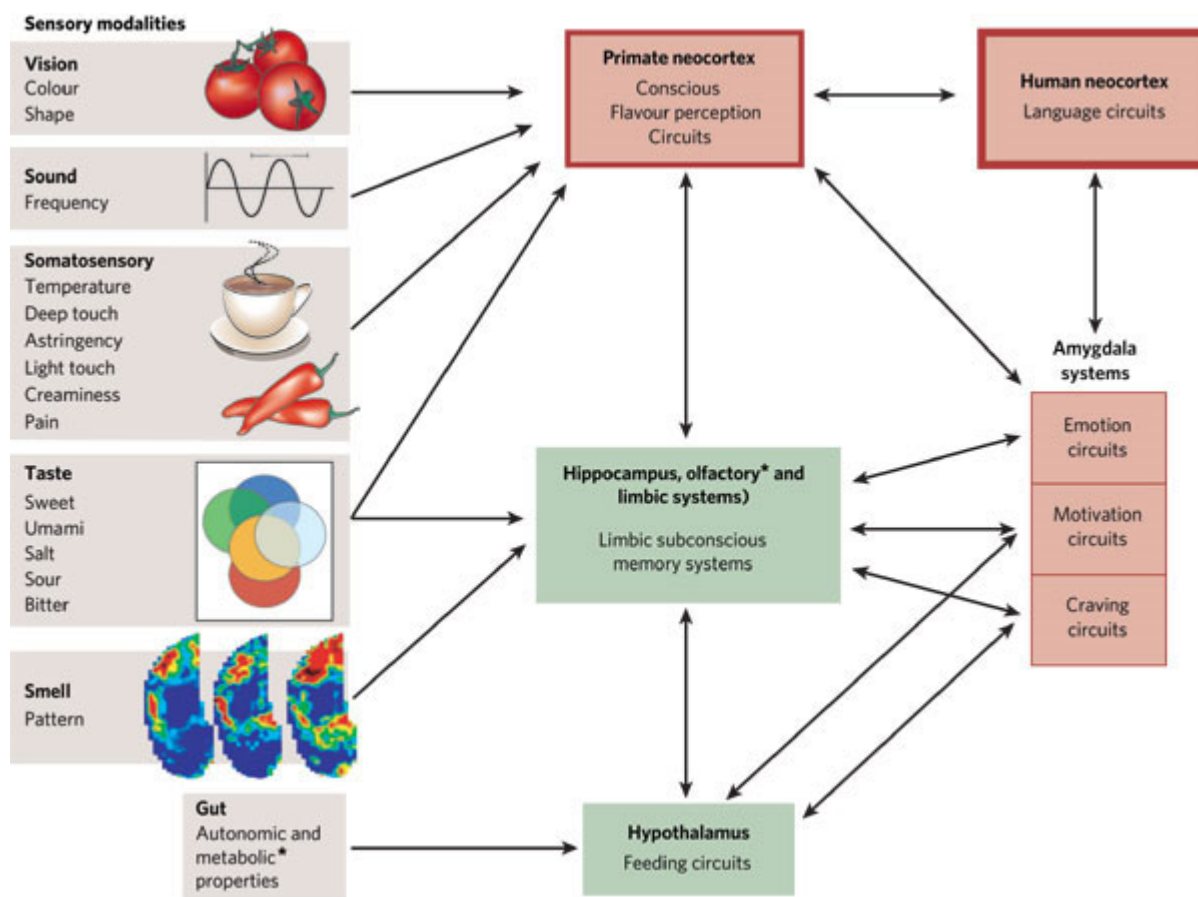
Example of Brain Sub-Systems:



<http://www.bing.com/images/search?q=Human+Brain+Systems&view=detailv2&&id=7A45DA44AF84EBAD7C40E5E37F2BDF84057AEFED&selectedIndex=2&ccid=gU3HiWBz&simid=608018931483280695&thid=OIP.M814dc78960735333c7a8359380330545H0&ajaxhist=0>

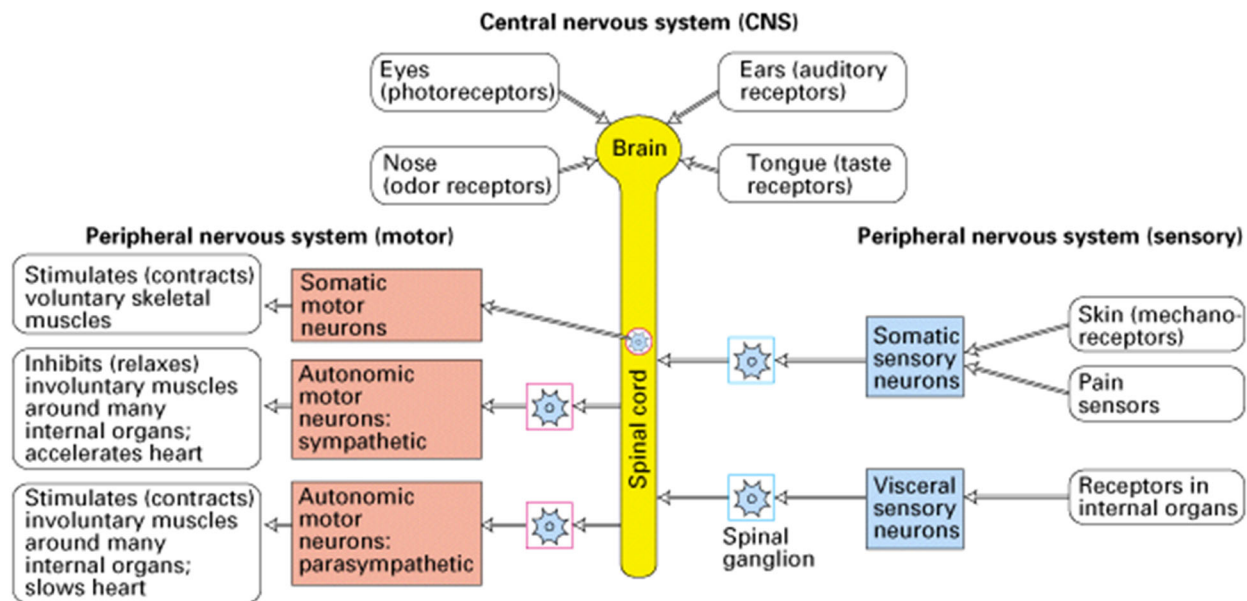


<http://www.bing.com/images/search?q=Human+Brain+Systems&view=detailv2&&id=C32DF7A9190A471AD5D2CC764FC5BDFAD81470B6&selectedIndex=193&ccid=OoZHDLHS&simid=607996013540608894&thid=OIP.M3a86470cb1d24927818c1130318d98cbH0&ajaxhist=0>

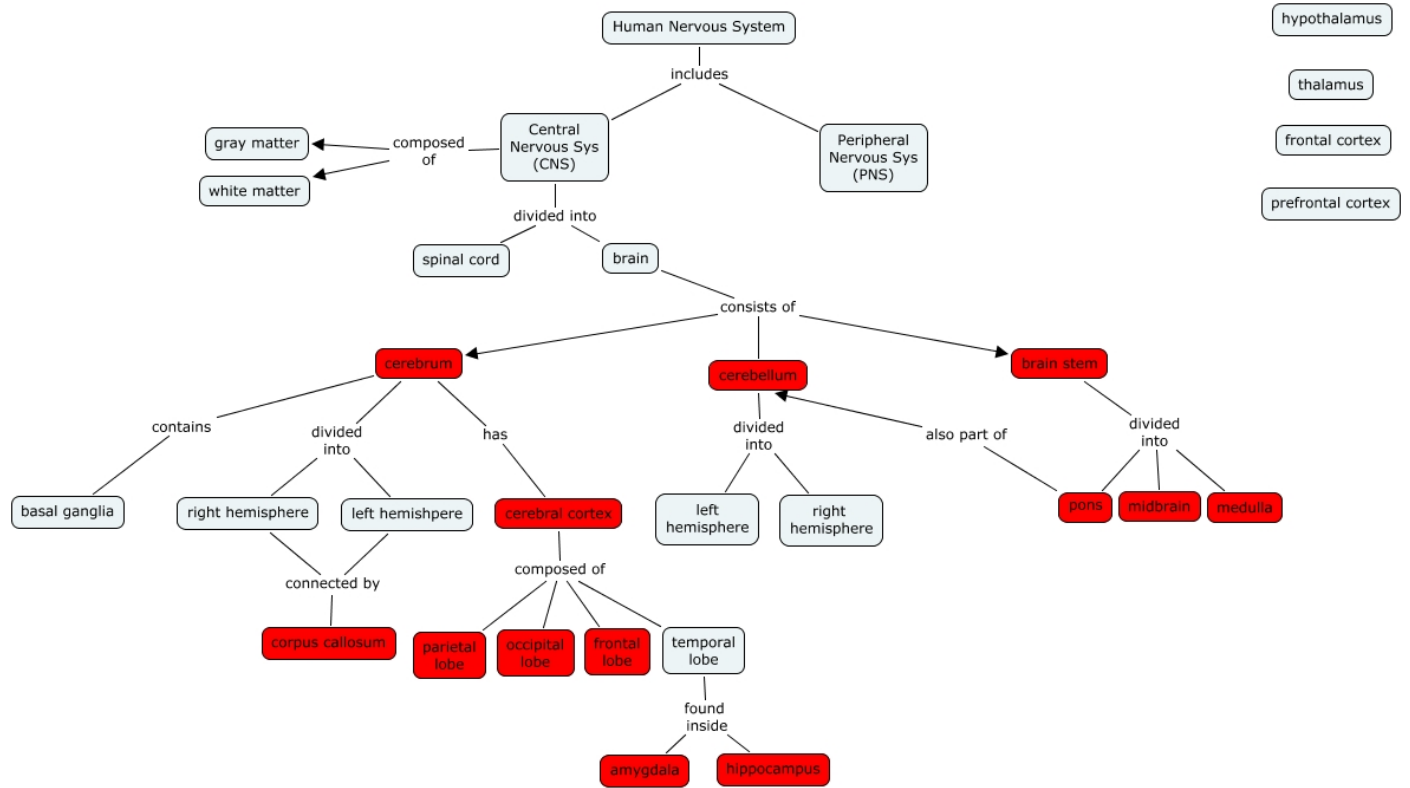


<http://www.bing.com/images/search?q=systems+and+the+brain&view=detailv2&&id=B85476FFEA499C1051E15B389BB9A9D0D339F242&selectedIndex=48&ccid=1O8mQXQh&simid=608021212102921175&thid=OIP.Md4ef26417421542e64151312895928c0o0&ajaxhist=0>

Brain Sensory System

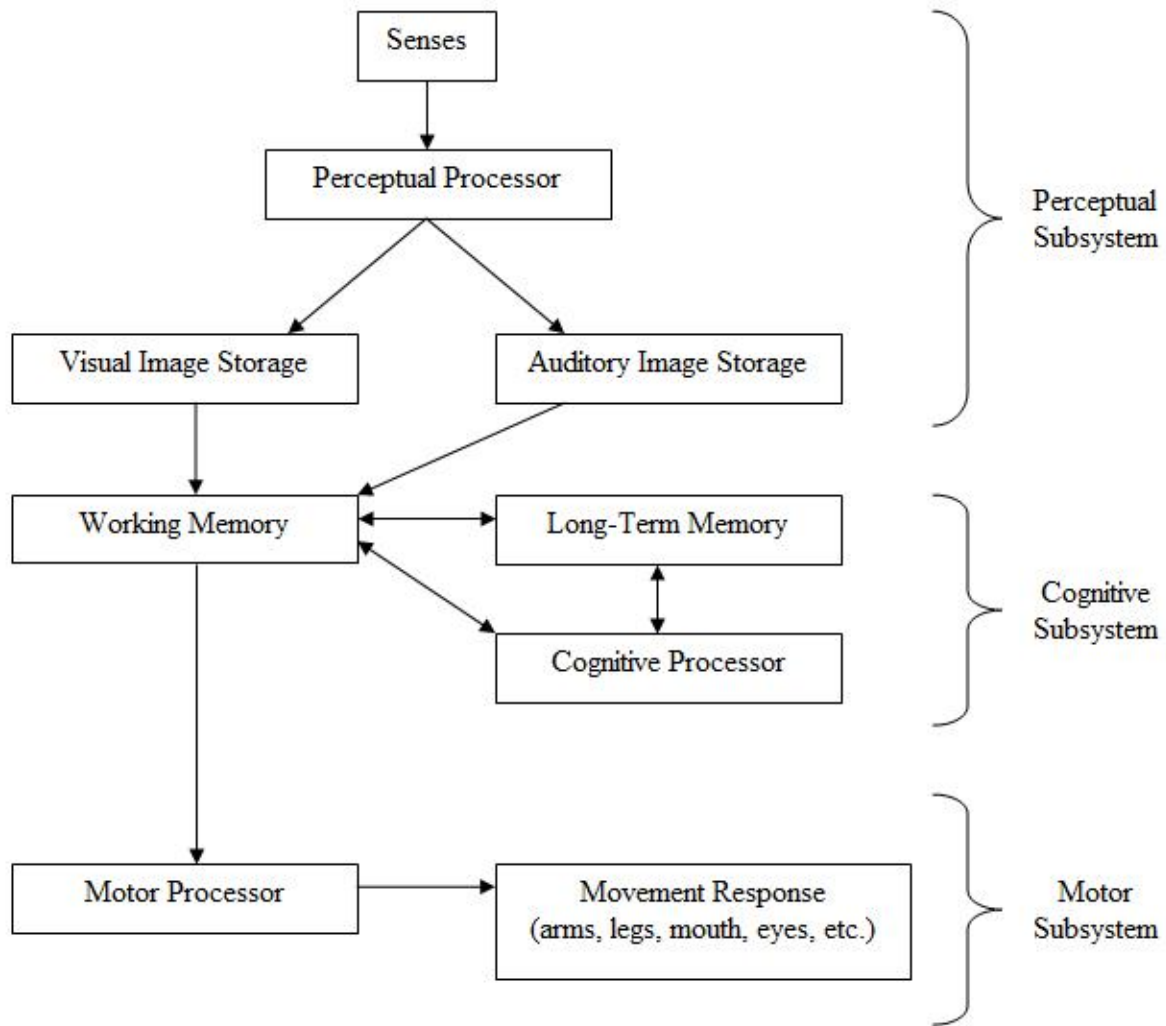


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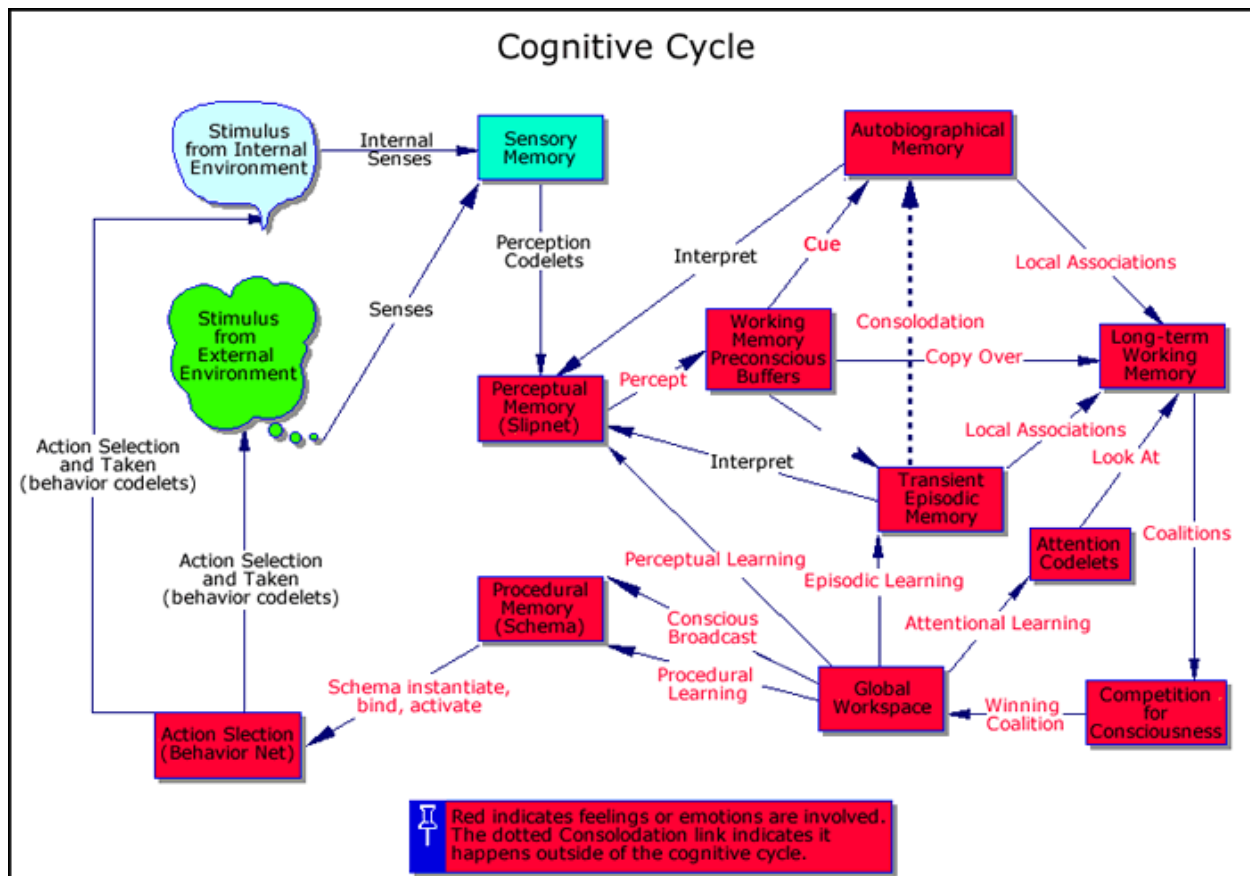
<http://www.bing.com/images/search?q=Human+Brain+Systems&view=detailv2&&id=D8EBD5006CC7F7F9168DE626EA24F2856EA484B5&selectedIndex=547&ccid=SbG6FDpM&simid=608038263128919576&thid=OIP.M49b1ba143a4c5a5f426ddc9c935633bdH0&ajaxhist=0>

Human Nervous System Concept Map



<http://www.bing.com/images/search?q=Human+Brain+Systems&view=detailv2&&id=14FC9D2F49AA9565DC062A4F35E0E2851FCCF25F&selectedIndex=516&ccid=YW5bx4Z%2b&simid=608048412138146785&thid=OIP.M616e5bc7867ef4283c466df45581de16H0&ajaxhist=0>

Human Memory Model Psychology



<http://www.bing.com/images/search?q=Human+Brain+Systems&view=detailv2&id=C32DF7A9190A471AD5D2716C14E3489A06BDEA69&selectedindex=538&ccid=uTOwrZdC&simid=608034779918764541&thid=OIP.Mb933b0ad9742262add23eb56513e4768o0&ajaxhist=0&first=1>

In an electric amplifier, or in the neurons in a human’s brain (considered as an amplifier), if there is no feedback, it will lead to distortions and the amplifier or the brain cannot do its job. Also, too much feedback in an amplifier will also mean it will not function with a reasonable efficiency. For example, medication is a feedback that one cannot take too much of, it has to be the right dose. When neurons in the brain get too much feedback or no feedback at all from the use of too many psychoactive drugs or depressants, narcotics, alcohol, or hallucinogens, then instability happens. Thus, in a system, the feedback has to be in balance to give the best results. This results in the question: in any system, what is the right feedback or the proper feedback?

God always gives the proper feedback and He is always on time.

Reference on psychoactive drugs:

Does Marijuana Cause Mental Illness? The Facts

[HTTP://WWW.NEWSWEEK.COM/DOES-MARIJUANA-CAUSE-MENTAL-ILLNESS-FACTS-431027](http://www.newsweek.com/does-marijuana-cause-mental-illness-facts-431027)

The Perceptual Control Theory led to the Method of Levels in which the negative feedback loop is introduced by the therapist. The therapist works with the patient to resolve conflicts by helping the patient shift his or her awareness to higher levels of perception in order to allow reorganization to take place.

Reference: By [Robert Berezin, M.D.](#)

[Featured Blogs](#) April 5, 2016

<http://www.madinamerica.com/2016/04/psychiatric-diagnosis-is-a-fraud-the-destructive-and-damaging-fiction-of-biological-diseases/>

“We have to stem the tide of somatic psychiatry and bring sanity back to psychiatry. A recent article by Peter Kinderman, “[Mental illness mostly caused by life events not genetics, argue psychologists](#)” challenges the waste of research money in England which has been based on the assumption that the cause of human struggle is biological. We need to do this in America, and worldwide. Our understanding of human suffering needs to return to a legacy of caring and wisdom. Our children's futures — all our futures — depend on it.”

I believe that external negative feedback loops of therapy are not sufficient and internal negative feedback loops of therapy through meditation and sometimes medication will expedite the healing in mental illness. Ever since Sigmund Freud in the 1800s, psychology has concentrated on external therapy, whereas internal therapy was not considered. Through Christian meditation, the negative feedback loop therapy is Christ himself⁹, a higher power, and that becomes a primary internal feedback loop to stabilize the human system. Thus, the voice from within that tells us right from wrong is, remarkably, from God. Therefore, God’s voice is our internal feedback and will be shown in the laboratory. It is noteworthy for other religions that the internal feedback can be from Moses, Mohamed, and so on. And, if one does not believe in God, then their parents or a relative or good friend can provide the internal feedback loop using visualizations. However, spirituality is an essential element of the internal feedback therapy. For example, the Holy Bible is historical evidence of God’s feedback to humans and has been spiritually essential to millions of people – past, present, and future. Jesus, the Prophets, Mohamed, Joseph Smith, Buddha and so on were all feedback from God. God operates by giving feedback to a group of people until the people see the basic harmony in all of God’s feedback.

⁹ When Jesus talks to you in a meditation or gives you living water sensation (see footnote 5), it is not considered a miracle, but it is considered God’s natural feedback. In a miracle, God makes Himself present as in the cures of a person just as new cells are given lots of energy ($E=mc^2$) with a shift in time (the age of new cells is the age of the person) and it is not possible for the brain to produce these cells (see clarification eleven).

A reference for a feedback loop that is not God-specific was pioneered by Martin Rossman, M.D. Over the past three decades, Dr. Rossman has pioneered the field of mind-body medicine through groundbreaking research in guided imagery methods for self-healing.

Sometimes, God allows external and internal instability in the universe, but this will be followed by negative feedback for stability. Examples of external instabilities are earthquakes, hurricanes, and so on. Although we know they happen because of mandatory natural causes that we do not fully understand, they become stable afterward and they have a definite time domain. Internal instability can happen when people die for someone, where even if we do not have the proper medications, in the case of death usually, life goes on for the living.

Looking at external feedback done by a counselor can also be internally done by Jesus. We pose the question:

What if Cognitive Behavioral Therapy (CBT) is done by Jesus through meditation as an internal feedback?

Experts Describe Just Why Cognitive Behavioral Therapy Works

January 18, 2018 by [Aly Walansky](#)
283 Shares

https://www.yahoo.com/lifestyle/m/999488b9-0327-3203-b413-b54bb324ca2a/ss_experts-describe-just-why.html

Example from my life:

In my Christian meditation, I get daily feedback from visualizing Jesus and talking to Him using music therapy¹⁰. This process mostly involves Jesus working with my fears and worries and being patient and happy or helping me to solve problems and do His will. However, a vision, an apparition, or a message from a miracle does not happen very often. This kind of feedback is rare because it will cause a major change in someone's life, as it did to me, and God knows that. So, that means that for the human system, there are a variety of feedbacks, not just one. Quoting the Bible to help our meditation

[Quotes from the Bible on fear that helped me](#)

¹⁰ Music therapy conditions the brain to listen to God.

2 Timothy 1:7 King James Version (KJV)

⁷ For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Free from worry and anxiety by meditating on the Word and casting your cares upon Jesus!

1 John 4:18, The Voice

Love will never invoke fear. Perfect love expels fear, particularly the fear of punishment. The one who fears punishment has not been completed through love.

Do Not Worry

Matthew 6:25-34 (NIV)

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?”

26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”

27 Can any one of you by worrying add a single hour to your life?”

28 And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin.

29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these.

30 If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?”

31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’

32 For the pagans run after all these things, and your heavenly Father knows that you need them.

33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Here is an example from my life on feedbacks. When I was working for **Andersen Bjornstad Kane Jacobs Consulting Civil and Structure Firm (ABKJ)** in 1991, my daughter was two years old and I needed more money to survive. So, I went to the owner and my boss, Tom Kane, and I asked him for a raise. He responded by saying, “I don’t need you anymore, you are laid

off". I had a terrible feeling and was severely hurt. I looked for work and borrowed money from my mother to survive. At that time, my wife also lost her job when the Frederick and Nelson department store closed. Finally, I got a job at Microsoft in 1993 and worked 70 hours a week. As a result, I began shaking so badly that I could not work, and Dr. Ralph J. Mallot, M.D. said I am disabled. He put me on disability, and I became disabled for seventeen years. It took me years to come to forgive Tom Kane. In contrast to this severe shock, I was waiting for an email from International Ventures to tell me if they would buy my patent for computer security systems. I waited for days, and I was dreaming about what I would do with the money, such as getting two PhDs in structural engineering or psychology. This dream is not for the glory, but for the contribution to an important field. When I got the email, I was hurt deeply because they did not want to buy it, and again I wanted to die. It was the same hurt I got from Tom Kane. This second incident happened on September 8, 2015. I meditated that night with music and talked to Jesus. He said it is not the time and the smallest thing you do for me you will get rewarded¹¹. He said the devil wants you dead, but I will protect you. (This is an understatement from God for someone with my illness¹².) He said my grace is sufficient, I gave you a family and a beautiful daughter, living water¹³ and many talents, and that is better than money. Then, I was at peace. That was a powerful feedback from Christ, and I felt I had a lot to contribute because of all the blessings God gave me. For God, it seems the smallest contribution counts as well, it does not have to be big. I took an extra Seroquel pill that night, went to bed, and I was able to overcome my hurt. When I went to see Sister Clare Josef-Maier, MA, LMHCA, my psychology counselor, on September 9, 2015, she confirmed and restated God's feedback about the devil, which gave me more peace; she also asked me to include this story in my dissertation. Sister Clare is not a psychiatrist but a mental health provider. Dr. Martin M. Johnson, M.D. is a psychiatrist and I saw him on September 18, 2015 and he restated that living water is better than money. To continue on this subject of suicide: I told Dr. Johnson on May 27, 2016 that I have to take training on "Working with Suicidal Clients" for my counseling license. He said to be careful advising suicidal clients to use Christian meditations; it works very well with you for all these years, but it may not work for everyone. I replied that if I see that is not working, I would refer them to someone else quickly; however, I am taking this training for my license. He said I know.

A good mantra to tell yourself is that there is only one me in the entire universe, as per the first law of physics explained above. It would be a great loss to the universe if I committed suicide. We all have something to contribute and only I can provide this contribution, being

¹¹ A Biblical reference to what God told me in the meditation is found in Mark 9:41 "For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward". In here Jesus says the smallest thing you do for Christ by anybody gets rewarded.

¹² On Wednesday August 30, 2017 Jesus told me the reason for my illness is to help others.

¹³ Living water is a sensation in the body and in the brain and the guts. It is an opposite sensation of headache, it feels good and rewarding and it feels like water. For example, if it is not raining and a drop of rain falls on your head, the temperature difference is the sensation of living water. It is usually happening when connecting to God or after or during Christian meditation.

that I am unique, and I exist. It would be a great loss to the universe if I do not continue to contribute.

I am afraid, for the mentally ill, that they may hear negative voices from the devil telling them to go ahead and commit suicide; these are auditory hallucinations. They need to be taught to discern between the two – between hallucinations and feedback from God – and that needs a great deal of counseling. It can take years of experience and they still may not be successful; Christian meditations may fail if they attempted suicide in the past and do not listen to Jesus. When God talks to us, we need to pay attention. It is always subtle and not direct; it is not like Hollywood, and we need to discern what is happening. The most important question they should ask Jesus in the meditation is: “give me a reason to live”. For me, He asked me to write the meditation book in 1979, which took me the rest of my life of work. When I took the seminar on “Working with Suicidal Clients” from Wellspring Counseling on June 10, 2016, I was uncomfortable because suicide is real to me. Dr. Jeffrey C. Sung, M.D. said, “for most people that attempted suicide something took over like a trance at that moment and get fixated on suicide.” However, they do not always go through with it, and that is when he learned about the trance. From my experience, it sounds like it is the work of the devil, as if they are possessed at that moment. At that moment everything goes out the window: family, friends, church, job, and so on.

Reference on Christian Churches and Suicide:

Church attendance linked with reduced suicide risk, especially for Catholics, study says

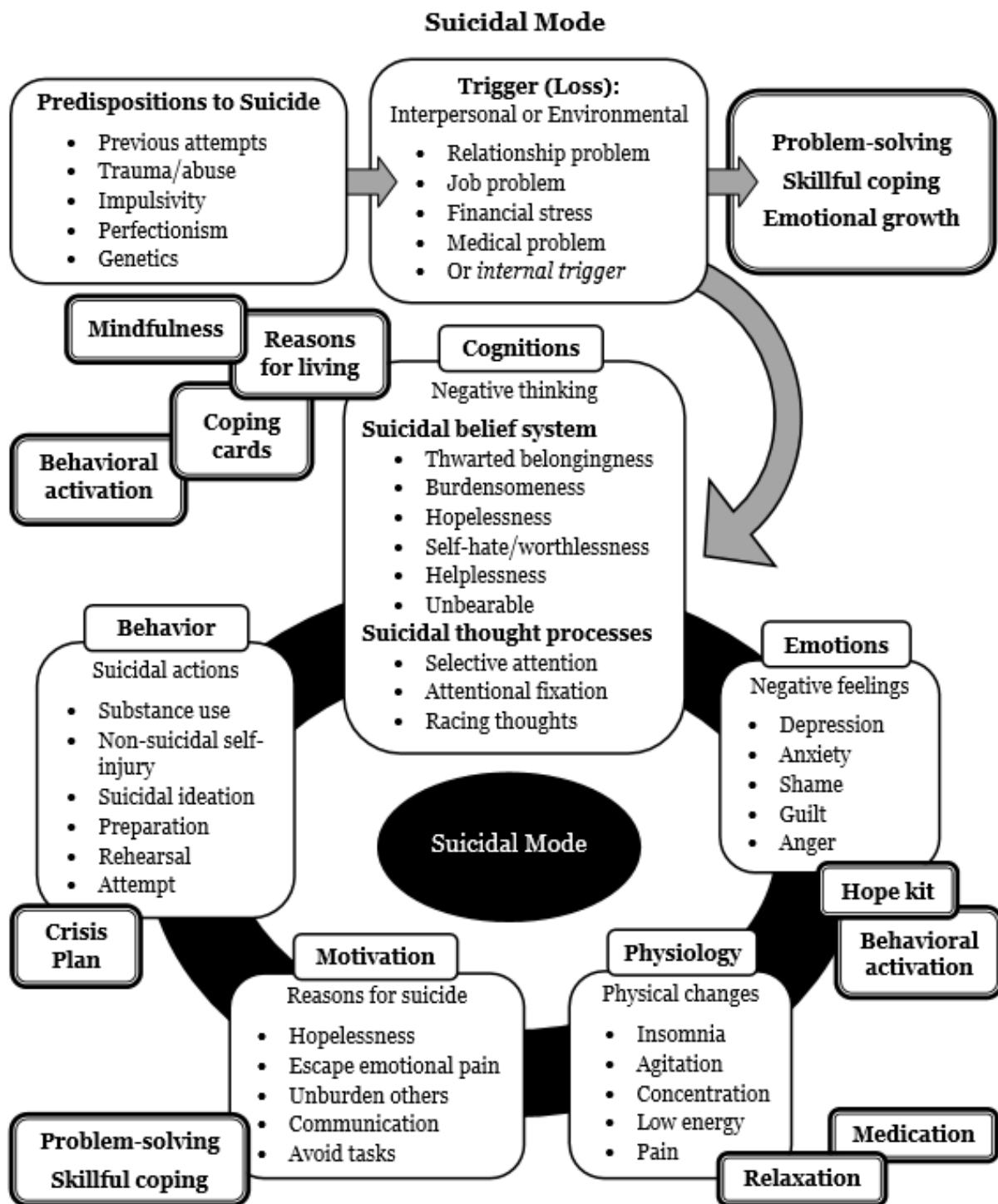
<http://www.latimes.com/science/sciencenow/la-sci-sn-church-attendance-suicide-20160629-snap-story.html>



Women who attend religious services, especially Catholic women, are much less likely to commit suicide, says a new study. (Mario Tama / AFP/Getty Images)

By Melissa Healy

In my experience, there are two kinds of suicidal people. The first have had a drama in their lives, such as death in the family or financial catastrophe or other serious incident, and they want to kill themselves so as not to have to face their life or the shame of what has happened. This kind of suicidal desire is temporary and can be overcome with counseling. It is a permanent solution for a temporary problem. The second kind of suicidal people are those who are mentally ill or have chronic disease or pain. These people want to kill themselves to avoid the suffering of their illnesses and this results in constant ideation. It is not temporary and is very hard to overcome, but Christian meditations can help. Dr. Jeffrey C. Sung, M.D. said that, in the Indian Reservation, the problem is not temporary, and they have a high rate of suicide. Here is a reference to Suicidal Mode from the class:



Adapted by Sung (2014) from Bryan & Rudd (2011). *Managing suicide risk in primary care*; Van Orden et al. (2010). *Interpersonal theory of suicide*; Wenzel & Beck. (2008) *Cognitive model of suicidal behavior*.

The question that one needs to ask is, can I do better counseling than Jesus? The answer to that question is: Jesus does the internal feedback and you do the external feedback. They work together.

The kind of shock or syndrome that I had in my life can cause suicide, heart attack or a stroke, or **Schizophrenia, as a few examples**. As a result, the body or mind or both become unstable. However, with the correct feedback, it becomes stable. If you receive a shock and meditate on God, God will turn it around. I have a genetic disorder (**Schizoaffective Disorder**), but with medications and meditations, I am able to overcome it. Therefore, I claim that psychology is no longer a soft science. Instead, it can be seen as a hard science, as explained in the above brain system diagrams. There is no cure to psychiatric illness, there are only treatments, but through visualizing Jesus, a person can receive a (positive) negative feedback that enables them to live with the illness as a normal person.

Here are a few more examples of how I use feedback in my life. First of all, one time when I was in a situation where my feelings got deeply hurt, I experienced living water instead and was able to endure the situation. It seemed that Jesus shielded me from the agony.

A second example of feedback occurred when I tried to convert a friend to believe in God. After two hours of conversation, I felt hopeless and started to doubt my belief. Suddenly, Jesus showed himself to me with lights and transfigured. As a result, I accepted the situation and Jesus shielded me.

A third example of feedback happens when I receive communion in church service: sometimes Jesus talks to me. One message I had in October 2016, when I was working hard without taking time to rest. He said “I bid you to rest” at communion. So, I had to find time to rest, especially when my counselor and my doctor recommended it and reinforced what Jesus had said. In addition, on December 28, 2016, Jesus appeared to me in a dream but did not say anything. I did my meditation the following day and I asked Him: Lord why did you appear to me? And He said: you are working too hard for Me, I want you to slow down.

A fourth example of feedback comes in the form of visions. I had a vision when I was trying to go to bed. I saw a cloud with beautiful rays of light shining down, and I heard a voice saying three times “the days are plenty, the days are plenty, the days are plenty, take your time” and then it ended. Consequently, I stopped worrying about my age.

A fifth example of feedback happened after I composed two Christian songs, one of which is a Christmas song. The first song was at God’s request¹⁴ that I compose a song about living water, and the second song is giving God glory at the 28-year anniversary of hearing angels singing a Christmas song a week before my father died in 1988. I was troubled for many years about

¹⁴ I was in the kitchen at home thinking what to do next in music when I heard a voice saying, “Living Water”. Obviously, that is God He is the only one that knows what I am thinking.

writing a Christmas song, knowing that must be what God wanted from this miracle, besides opening my ears. My counselor Sister Clair told me to write my own Christmas song, because “God does not expect you to write His song”. This was around August 2016. I was watching a soccer game on TV on the Sunday right after I emailed the two songs to the choir piano player at Ballard First Lutheran Church. While watching the game, I heard a voice from inside that said, “you did what I asked you to do”. In December 25, 2017, in the morning service, I sang the new Christmas song and it was a hit. The church congregation loved the music and the lyrics.

A sixth example of feedback happened when, due to being disabled for 17 years without a job, my wife and I were in financial turmoil. I had my own small business and was collecting social security disability. Through a friend, I was tipped off about an opening for a Structural Engineer at the US Army Corps of Engineers. I applied, got the job, and started work on July 21, 2008. I thought I could work full time, do my business part time, and save money to pay off debt. “On September 16, 2008, failures of massive financial institutions in the United States, due primarily to exposure of securities of packaged subprime lending loans and credit default swaps issued to insure these loans and their issuers, rapidly devolved into a global crisis resulting in a number of bank failures in Europe and sharp reductions in the value of stocks and commodities worldwide.” https://en.wikipedia.org/wiki/Stock_market_crash. Only God knew that this crash was going to occur, and He give me this job as a feedback. Since my own business relies on residential construction, it dropped considerably after this crash. It was eight years later that I started to pay debts off slowly. Many financial feedbacks from God have happened throughout the years. Since my illness, we never knew from where the money will come, but we survived and raised a daughter. In 2016-2017, I teamed up with a contractor in my business of retrofitting houses to give people peace about earthquakes. In two years, I made enough money to pay all my debts and my daughter’s student loan.

A seventh kind of feedback came about regarding which university to attend. I found out that Seattle Pacific University (SPU) is the only university in Washington that has a music therapy department. I therefore wanted to go to SPU to study clinical psychology and music therapy, which is related to my topic of interest. On Tuesday, March 29, 2016, I had a severe headache in the cerebellum area of my brain, and so I did not go to work. As the headache continued, my wife and I went to SPU in person on the Thursday to see if I could get into the clinical psychology program, even though I did not have the money yet. I wanted to talk to them, and so I send an email to the person in charge. Their response was, "At this time, the Clinical Psychology Ph.D. program does not accept senior students to do research-only within the program". I was disappointed, and at home, I looked into the program at the University of Washington (UW), my old school, and I liked their program a lot, as they required substantial research. So, I decided that I wanted to go to the UW instead. Immediately after I told my wife what I wanted to do, my headache went away and I was healed and that was the feedback I received. I believe that this was a sign from God telling me what to do. My wife said, there is no reason why you cannot work with two universities, so I decided to pursue going to the music

therapy program at SPU as well. However, when I contacted the University of Washington Clinical Psychology Department, Professor Mary Larimer, Ph.D., [Psychiatry & Behavioral Sciences](#), she said it is not a perfect fit for me to go to UW, and encouraged me to do the research with a Christian university. She said that the research has great potential for adolescents, and Professor Larimer specializes in adolescent drug and alcohol addiction.

An eighth kind of feedback came in regard to my health. I often have headaches that are taken away by visualizing Jesus' hand on my head or on the pain itself. In addition, acute pain and chronic pain were relieved from my body by visualizing Jesus' hand on the area of the pain. Similarly, periods of illness including coughing and the flu were relieved by Jesus. Usually, living water comes as part of the process, preceding the relief. I hope to pioneer this area of research

A final kind of feedback happens when praying for someone's health by visualizing Jesus doing the healing. Usually, I get living water in my heart while praying and visualizing for a significant period of time. I cannot tell you how many people have had their health improved through this visualization, but they were many.

The following reference on Our Lady of Zeitoun Miracle, followed by my own experience.

https://en.wikipedia.org/wiki/Our_Lady_of_Zeitoun

According to Coptic tradition, the site of Our Lady of Zeitoun is one of the locations where the [Holy family](#) stayed during their flight into Egypt. I was 17 years old when my mother and two sisters and I walked from Heliopolis to Zeitoun to see Mother Mary. It was at night, and there were thousands of people waiting to see her. When she appeared, some people stood up and some remained sitting on the ground. My mother and my sisters shouted, "There she is!" However, I did not see anything, and I came to find out that some people see her, and some do not. This has bothered me for many years: why did I not see Mother Mary? However, later on, the Holy Spirit told me, you saw Jesus and He is the most important, so why do you need to see Mary? I have also realized that I was there, and so I was blessed.

On December 29, 2017, I read my dissertation and realized that I had a substantial amount of feedback from God in my life, so I said to God, what do you want from me? I felt that He was picking on me, but God was silent. I knew that part of the reason was so that I could bring to you this message about the variety of kinds of feedbacks. I feel like I am a lucky man, especially on January 1, 2017, when I had a dream that I was with all the apostles in heaven. However, on December 30, 2017, I was outside of my house and I heard Jesus' voice; it was a happy voice, and He said to me, what do you want from me? I felt embraced and thought about what I want from God. I had a list of things, and one of them was to leave the Army Corps of Engineers. I told Him I had had enough pain, and that I would always remember what my boss inappropriately said to me in June 2017: "nobody wants you". It is a terrible thing to say to anybody. In my meditation that day, before saying anything about this incident to Jesus, Jesus

said I want you. I told my wife what Jesus asked me and asked her would it happen. She said maybe not exactly what you expect. On January 3, 2018, I had a good meeting with my boss, decided to stay longer, and all was forgiven.

One major advantage of Christian meditations is obtaining a variety of feedback from God and listening to God. So, when doing music therapy or neuro-therapy for a while, it becomes an open channel to God. The brains opens up, and doing the meditation becomes a reinforcement because God will talk to you daily. This process is in contrast to Buddhism meditation, which lacks this phenomenon, and you only listen to yourself.

Final question: What causes stability in the universe? Answer: (Positive) negative feedback loops installed by God through love.

Quotes of others' claims of psychology as a soft science:

“As a discipline, psychology has long sought to fend off accusations that it is a "soft" science. Philosopher of science [Thomas Kuhn](#)'s 1962 critique implied psychology overall was in a pre-paradigm state, lacking the agreement on overarching theory found in mature sciences such as [chemistry](#) and [physics](#).^[62] Because some areas of psychology rely on research methods such as surveys and [questionnaires](#), critics asserted that psychology is not an objective science. Skeptics have suggested that [personality](#), [thinking](#), and [emotion](#), cannot be directly measured and are often inferred from subjective self-reports, which may be problematic. Experimental psychologists have devised a variety of ways to indirectly measure these elusive phenomenological entities.

Divisions still exist within the field, with some psychologists more oriented toward the unique experiences of individual humans, which cannot be understood only as data points within a larger population. Critics inside and outside the field have argued that mainstream psychology has become increasingly dominated by a "cult of empiricism" which limits the scope of its study by using only methods derived from the physical sciences.^[66] Feminist critiques along these lines have argued that claims to scientific objectivity obscure the values and agenda of (historically mostly male) ^[65] researchers. Jean Grimshaw, for example, argues that mainstream psychological research has advanced a [patriarchal](#) agenda through its efforts to control behavior.”

In review: fourteen possible conclusions from these two laws of physics:

- 1) God needs to exist to take care of this almost infinite behavior of creation and keep it stable, otherwise it would be in chaos. Thus, the universe will not work or function without God. It is apparent that things are in balance from static and dynamic loads and that they obey the laws of physics installed by God. It is inconceivable that the law of deflection would be different in another planet. If not, then we have chaos. Therefore, God is in charge. If you look at the universe as**

a large, complex system in constant unique motions, then there must be a feedback loop to stabilize these complex sub-systems; it is mandatory for stability. These feedback loops are not from an accident. Therefore, God has to exist to give a feedback loop for every sub-system; it cannot be explained any other way. This finding is based on deflection, which is a hard science, and systems, which is also a hard science, and they are both independent of time. So, if there is a change in the time domain, we find that both findings will always exist.

- 2) Scientifically, to occupy the universe indefinitely, we must believe in God to obtain the necessary feedback loop to stabilize the new human system and explore and live in the universe.
- 3) God is jealous, He did not make the behavior of two things the same.
- 4) God is able to watch over the universe because of its uniqueness.
- 5) God is almighty to be able to create this universe, and to Him is the glory.
- 6) Nothing in this universe behaves at random, and that is a clue that God exists and is jealous.
- 7) This uniqueness in behavior cannot be from an accident but because of an intelligent design.
- 8) God has to be omnipresent to be able to take care of the universe.
- 9) It requires a miracle to have the present universe.
- 10) We live in a unique universe.
- 11) God must love His creation to be able to take care of it.
- 12) We are dynamically unique.
- 13) We should have a high self-esteem and high self-worth.
- 14) From science, logic and philosophy, God exists.

Therefore, God is a matter of science and psychology. Every psychologist is responsible for telling his or her clients of this law of physics in order to bring back self-esteem. God is a matter of science because one needs to explain this law scientifically, to explain the meaning of the law and how to stabilize a system. A natural quest is to discover the existing feedback loops in the universe and the human body. It is also necessary to teach people that every one of us is unique, has something to contribute, and our contribution is needed in the world. We only need healthy competition and not destructive battles, full of bullying, hate, intimidations, humiliation, discrimination, coveting, and persecutions. What you can give I cannot give, and what I can give you cannot give.

If human beings are perceived as potentials rather than problems, as possessing strengths instead of weaknesses, as unlimited rather than dull and unresponsive, then they thrive and grow to their capabilities. – *Barbara Bush*

References from Web on control theory and how it works

https://en.wikipedia.org/wiki/Control_theory

Control theory

From Wikipedia, the free encyclopedia

https://en.wikipedia.org/wiki/Perceptual_control_theory

Perceptual control theory

From Wikipedia, the free encyclopedia

https://en.wikipedia.org/wiki/Method_of_Levels

Method of Levels

From Wikipedia, the free encyclopedia

“The **Method of Levels (MOL)** is a cognitive approach to [psychotherapy](#) based on [perceptual control theory](#) (PCT). Using MOL, the therapist works with the patient to resolve conflicts by helping the patient shift his or her awareness to higher levels of perception in order to allow reorganization to take place.^[1]

Psychotherapy has focused, understandably, on pathology. PCT contributes a useful perspective in understanding psychological disorders by first providing a model of satisfactory psychological functioning. Dysfunction then is understood as disruption of successful control, and distress as the experience that results from a person’s inability to control important experiences.^[2] No attempt is made to ‘treat’ the symptoms of distress as though they were in themselves the problem. The PCT perspective is that restoring the ability to control eliminates the source of distress. Internal [conflict](#) has the effect of denying control to both systems that are in conflict with each other. Conflict is usually transitory. It is when conflict is unresolved and becomes chronic that the symptoms recognized as psychological disorder become apparent.

The core process is to redirect attention to the higher-level control systems by recognizing ‘background thoughts’, bringing them into the foreground, and then being alert for more background thoughts while the new foreground thoughts are explored. When the level-climbing process reaches an end state without encountering any conflicts, the need for therapy may have ended. When, however, this ‘up-a-level’ process bogs down, a conflict has probably surfaced, and the exploration can be turned to finding the systems responsible for generating the conflict—

and away from a preoccupation with the symptoms and efforts immediately associated with the conflict.

MOL is currently being tested in England, the United States, and Australia.”

https://en.wikipedia.org/wiki/Control_system

Control system

From Wikipedia, the free encyclopedia

https://en.wikipedia.org/wiki/Control_engineering

Control engineering

From Wikipedia, the free encyclopedia

https://en.wikipedia.org/wiki/Systems_engineering

Systems engineering

From Wikipedia, the free encyclopedia

Chapter 4 - Second Clarification: Intelligent Design in the Universe Pointing to a Creator

“The complexity of our planet points to a deliberate Designer who not only created our universe but sustains it today.”

<http://www.everystudent.com/features/isthere.html>

Many examples showing God's design could be given, possibly with no end. But here are a few.

“Recently, the *Wall Street Journal* published a piece with the surprising title “[Science Increasingly Makes the Case for God.](#)” Dec 25, 2014. The piece argued that new scientific evidence bolsters the claim that the appearance of life in the universe requires a miracle, and it received almost four hundred thousand Facebook shares and likes.

Let's start with the first point raised in the *Journal* piece, which is that the more we have learned about our own evolutionary history on Earth, the more we appreciate the many different factors that may have been important in allowing that evolution. For example, we know that had Jupiter, with its massive gravity, not existed, asteroids and comets would have bombarded Earth throughout its history, disrupting the stable evolutionary development of multicellular organisms. **That is not an accident, it is God's plan.** Moreover, we know that if our sun were not in the outer part of our galaxy, life as it exists would have been impossible, both because of the impact of harmful cosmic radiation and because of gravitational perturbations that might easily have disrupted stable planetary orbits. The moon formed during a collision involving the nascent Earth, giving the planet the tilt that allows for seasonal variations and tides. Earth exists in the habitable zone where liquid water is possible. Liquid water was possible only on early Earth because of the high concentration of carbon dioxide in the atmosphere. **Again, that is not an accident, it is God's plan.**

By considering each of these many factors and imagining the probability of each separately, one can imagine that the combination is statistically very unlikely, or impossible. “Today there are more than 200 known parameters necessary for a planet to support life—every single one of which must be perfectly met, or the whole thing falls apart,” Metaxas writes. “The odds against life in the universe are simply astonishing.”

Each factor represents instability unless there is (positive) negative feedback loop to the system. But to obtain life in the universes require (positive) negative feedback loops installed by God into the system.

Reference for stability

FEATURES PHYSICS 19 DECEMBER 2016
11 MINUTE READ

Universe made for me? Physics, fine-tuning and life

“Geraint F. Lewis’ day job involves creating synthetic universes on supercomputers. They can be overwhelmingly bizarre, unstable places. The question that compels him is: how did our universe come to be so perfectly tuned for stability and life?”

<https://cosmosmagazine.com/physics/a-universe-made-for-me-physics-fine-tuning-and-life>

Humanity Is No Cosmic Accident: Science Shows We’re Far from Ordinary

By [Eric Metaxas](#) | December 5, 2016 | 12:27 PM EST

<http://cnsnews.com/commentary/eric-metaxas/>



(Wikimedia Commons Photo)

“Hey—guess what? There’s something cosmically special about us human beings after all. Even the *Washington Post* says so.

One of the cardinal tenets of a worldview shaped by materialism and Neo-Darwinism is a rejection of the idea that human beings are in any way special.

Instead, we’re merely the result of a fortuitous accident. What’s more, many adherents postulate that this accident has occurred, perhaps even often, elsewhere in the Cosmos.

So there’s nothing exceptional or unique about us.

However, Howard A. Smith, an astrophysicist at the Smithsonian-Harvard Center for Astrophysics, begs to differ.

In a recent [Washington Post article](#), Smith told readers that an “objective look at just two of the most dramatic discoveries of astronomy ... big bang cosmology and planets around other stars,” suggests that those who have relegated humanity to cosmic insignificance are, in a word, wrong.

He points to the Anthropic Principle, which holds that “the universe, far from being a collection of random accidents, appears to be stupendously perfect and fine-tuned for life.” What’s more, the “life” being referred to here isn’t just algae and the occasional vertebrate.

Citing the work of philosopher Thomas Nagel and astrophysicist John Wheeler, who coined the term “black hole,” Smith raises the possibility that “intelligent beings must somehow be the directed goal of such a curiously fine-tuned cosmos.”

This raises an obvious question: How much intelligent life is out there? The answer, according to Smith, is that life “is probably rarer than previously imagined.” Smith continues, “Life might be common in the very distant universe—or it might not be—and we are unlikely to know. We are probably rare—and it seems likely we will be alone for eons.”

That’s because of what is known as the “misanthropic principle” or, alternatively, the “Rare Earth Hypothesis.” Believe it or not, the fine-tuning required to make life possible was the easy part. Because “it takes vastly more than liquid water and a pleasant environment to give birth even to simple (much less complex) life.” Smith cites the work of Nobel Laureate Jacques Monod and Stephen Jay Gould, who “emphasized the extraordinary circumstances that led to intelligence on Earth.”

The “combined astronomical, biological and evolutionary chances for life to form and evolve to intelligence” are infinitesimally small. Throw in the enormity of the cosmos—for instance, the Milky Way galaxy is said to be 100,000 light years across—and, as Smith says, “we probably have no one to talk to.”

So, it turns out that we are far from ordinary, much less “chemical scum on a moderate-sized planet” as Stephen Hawking so depressingly put it.

Smith concludes that “humanity and our home planet, Earth, are rare and cosmically precious,” and he urges us to “act accordingly.” And all God’s people said “Amen!”

Now, I’m neither an astrophysicist nor have I played one on television. But two years ago I made similar arguments in the [Wall Street Journal](#). While the overall response to the piece I wrote was positive, there were still plenty of critics who took me to task for “masquerading as a scientist,” which of course I was not doing. I simply cited what had been, in Smith’s words, “accepted by physicists for forty-three years,” and asked the obvious questions raised by what we know. Smith asked different, but no-less important questions.

As was the case two years ago, rejection of what he has to say about the astronomical unlikelihood of human existence will have little to do with science. But it will have a lot to do with a fanatical commitment to a sadly materialist and anemic worldview.”

Eric Metaxas is the host of the “Eric Metaxas Show,” a co-host of “BreakPoint” radio and a New York Times #1 best-selling author whose works have been translated into more than twenty languages.

Editor’s Note: This piece was originally published by [BreakPoint](#).



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[More from Eric Metaxas](#)

Reference:

26 October 2016

The Higgs boson makes the universe stable – just. Coincidence?

“If the mass-giving particle were much lighter, the cosmos would quickly collapse in on itself. It’s hard to explain how we’re all still here.”

<https://www.newscientist.com/article/mg23230971-000-cosmic-coincidences-the-universe-is-on-the-brink-of-catastrophe>

Reference:

Modern Science Is Not Opposed to Faith

BY QUIN HILLYER SEPTEMBER 24, 2016

[HTTPS://PJMEDIA.COM/FAITH/2016/09/24/MODERN-SCIENCE-IS-NOT-OPPOSED-TO-FAITH/](https://pjmedia.com/faith/2016/09/24/modern-science-is-not-opposed-to-faith/)

Quote:

“Eminent scientists and theologians alike have explored and explained this all at great length, and at far greater eloquence than I can muster in a mere sentence or two, but the essence of their argument is this: The more one learns about the more complicated forms of chemistry, biology and physics, the more one realizes that the odds *against* life as we know it developing from random chance are, well, virtually astronomical. Those odds against it (goes the argument) are so

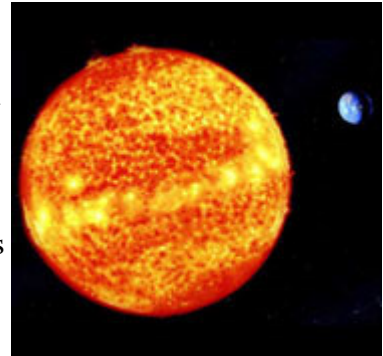
great that one becomes *more likely* to believe a purposive God is the only entity that could have directed the particles and elements to interact and combine in ways beneficial to Creation.”

“Albert Einstein was an agnostic, not a believer, and was speaking allegorically rather than literally when he famously said that “God does not play dice with the universe.” But the more one looks at the “uncertainty principle” involved in quantum mechanics, the more one believes that *no* game of chance, but only a conscious and loving design, could create the mysterious and wondrous Creation we enjoy.”

<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

“The Earth... its size is perfect. The Earth's size and corresponding gravity holds a thin layer of mostly nitrogen and oxygen gases, only extending about 50 miles above the Earth's surface. If Earth were smaller, an atmosphere would be impossible, like the planet Mercury. If Earth were larger, its atmosphere would contain free hydrogen, like Jupiter. Earth is the only known planet equipped with an atmosphere of the right mixture of gases to sustain plant, animal and human life.

The Earth is located the right distance from the sun. Consider the temperature swings we encounter, roughly -30 degrees to +120 degrees. If the Earth were any further away from the sun, we would all freeze. Any closer and we would burn up. Even a fractional variance in the Earth's position to the sun would make life on Earth impossible. The Earth remains this perfect distance from the sun while it rotates around the sun at a speed of nearly 67,000 mph. It is also rotating on its axis, allowing the entire surface of the Earth to be properly warmed and cooled every day.



And our moon is the perfect size and distance from the Earth for its gravitational pull. The moon creates important ocean tides and movement so ocean waters do not stagnate, and yet our massive oceans are restrained from spilling over across the continents.”

If we look at ultraviolet radiation from the sun as an input to the Earth, then the ozone layer is a negative feedback loop given by God to keep all living organism alive. You cannot call that an accident, but a requirement.

https://en.wikipedia.org/wiki/Ozone_layer

Reference from the web

<https://en.wikipedia.org/wiki/Earth>

The ocean is very complex and contains 230,000 known [species](#). This kind of information makes you wonder how things survive without feedback from God.

<https://en.wikipedia.org/wiki/Ocean>

“Water... colorless, odorless and without taste, and yet no living thing can survive without it. Plants, animals and human beings consist mostly of water (about two-thirds of the human body is water). You'll see why the characteristics of water are uniquely suited to life:

It has wide margin between its boiling point and freezing point. Water allows us to live in an environment of fluctuating temperature changes, while keeping our bodies a steady 98.6 degrees.

Water is a universal solvent. This property of water means that various chemicals, minerals and nutrients can be carried throughout our bodies and into the smallest blood vessels.

Water is also chemically neutral. Without affecting the makeup of the substances it carries, water enables food, medicines and minerals to be absorbed and used by the body.

Water has a unique surface tension. Water in plants can therefore flow upward against gravity, bringing life-giving water and nutrients to the top of even the tallest trees.

Water freezes from the top down and floats, so fish can live in the winter.

Ninety-seven percent of the Earth's water is in the oceans. But on our Earth, there is a system designed which removes salt from the water and then distributes that water throughout the globe. Evaporation takes the ocean waters, leaving the salt, and forms clouds which are easily moved by the wind to disperse water over the land, for vegetation, animals and people. It is a system of purification and supply that sustains life on this planet, a system of recycled and reused water.”

Reference on water:

<https://en.wikipedia.org/wiki/Water>

The complexity of our planet points to a deliberate Designer who not only created our universe but sustains it today. This causes us to deeply meditate on and contemplate the universe and God. God must be a matter of science in order to understand our environment and discover the existing feedback loops, and He must be a matter of psychology because of how Christian meditation works.



Chapter 5 - Third Clarification: Intelligent Design in the Human Body Pointing to a Creator

“The human brain... simultaneously processes an amazing amount of information. Your brain takes in all the colors and objects you see the temperature around you, the pressure of your feet against the floor, the sounds around you, the dryness of your mouth, even the texture of your keyboard. Your brain holds and processes all your emotions, thoughts and memories. At the same time your brain keeps track of the ongoing functions of your body like your breathing pattern, eyelid movement, hunger and movement of the muscles in your hands.

The human brain processes more than a million messages a second. Your brain weighs the importance of all this data, filtering out the relatively unimportant. This screening function is what allows you to focus and operate effectively in your world. The brain functions differently than other organs. There is an intelligence to it, the ability to reason, to produce feelings, to dream and plan, to take action, and relate to other people.”



<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

The construction of the human brain: It is evident that the location of the Hippocampus and Thalamus or any part of the limbic brain to be in the nucleus of the brain or the center of the brain was done by an intelligent design. Imagine if the Hippocampus was located in the frontal lobe and you slightly hit your head. Well that would be a major blow to the function of the brain where all information from the senses is lost. You might as well be dead for not sensing or feeling the environment. Also Thalamus the some of its functions are the relaying of [sensory](#) and [motor](#) signals to the cerebral cortex, and the regulation of [consciousness](#), sleep, and alertness. The two parts of the thalamus surround the [third ventricle](#). It is the main product of the [embryonic diencephalon](#).

<https://en.wikipedia.org/wiki/Hippocampus>

<https://en.wikipedia.org/wiki/Thalamus>

The construction of whole human body: you may look at the entire human body construction and have similar conclusion that is it was done by an intelligent design. For example, why the heart is located inside a bone cage as your ribs for survivor protection? Why the kidneys located by the bladder? Why the stomach is connected to the gut brain? Why there are lots of nerve and blood vessels? Why there are lots of muscles? Why there is redundancy such as two lungs, two arms, two hands, two legs, two kidneys, two eyes, two ears, five fingers, five toes etc. Redundancies in structures are done for stabilities in case of instability of losing one item.

Reference on the brain:

https://en.wikipedia.org/wiki/Human_brain

“The eye... can distinguish among seven million colors. It has automatic focusing and handles an astounding 1.5 million messages -- simultaneously. Evolution focuses on mutations and changes from and within existing organisms. Yet evolution alone does not fully explain the initial source of the eye or the brain -- the start of living organisms from nonliving matter.”

Reference on the eye:

<https://en.wikipedia.org/wiki/Eye>

There is evidence of the intelligent design of our created body and mind, and our body is complex and leads us to study it. Therefore, God is a matter of science and psychology.

Chapter 6 - Fourth Clarification: Intelligent Design in the DNA Pointing to a Creator

“The DNA code informs, programs a cell's behavior.”

<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

“All instruction, all teaching, all training comes with intent. Someone who writes an instruction manual does so with purpose. Did you know that in every cell of our bodies there exists a very detailed instruction code, much like a miniature computer program? As you may know, a computer program is made up of ones and zeros, like this: 110010101011000. The ways they are arranged tell the computer program what to do. The DNA code in each of our cells is very similar. It's made up of four chemicals that scientists abbreviate as A, T, G, and C. These are arranged in the human cell like this: CGTGTGACTCGCTCCTGAT and so on. There are three billion of these letters in every human cell!!



Well, just like you can program your phone to beep for specific reasons, DNA instructs the cell. DNA is a three-billion-lettered program telling the cell to act in a certain way. It is a full instruction manual.¹³

Why is this so amazing? One has to ask... how did this information program wind up in each human cell? These are not just chemicals. These are chemicals that instruct, that code in a very detailed way exactly how the person's body should develop.

Natural, biological causes are completely lacking as an explanation when programmed information is involved. You cannot find instruction, precise information like this, without someone, that is God, intentionally constructing it. That also includes fingerprints, eye-iris patterns, facial patterns, and voice spectrum etc.”

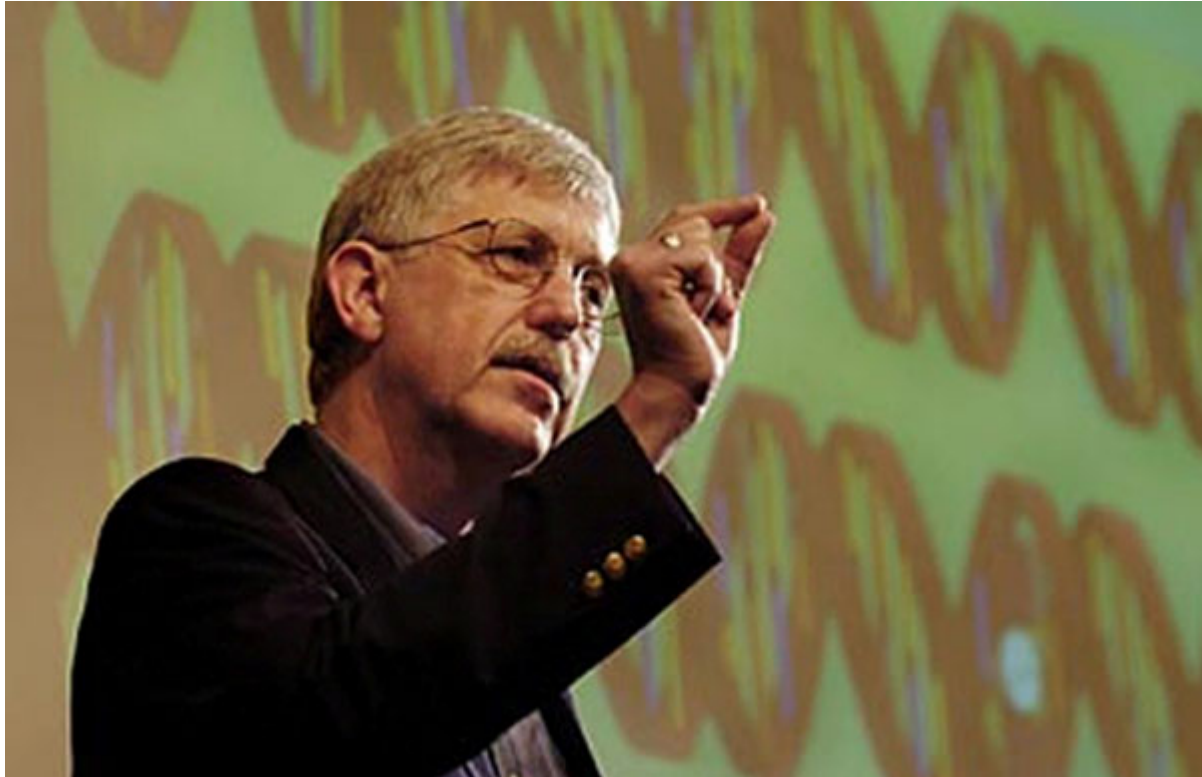


Reference on DNA:

<https://en.wikipedia.org/wiki/DNA>

http://www.oddee.com/item_98822.aspx

The Scientist Who Finds No Conflict Between Science and Religious Faith (2007)



“During an interview by CNN in April 2007 in Rockville, Maryland, Francis S. Collins M.D. & Ph.D., the director of the Human Genome Project, reaffirms that information embedded in DNA proves the existence of God.

As the director of the Human Genome Project, he has led a consortium of scientists to read out the 3.1 billion letters of the human genome. As a believer, Dr. Collins sees DNA - the information molecule of all living things - as God's language, and the elegance and complexity of bodies and the rest of nature as a reflection of God's plan. However, he hasn't always embraced these perspectives. When he was a graduate student in physical chemistry in the 1970s, he was an atheist, finding no reason to postulate the existence of any truths outside of mathematics, physics, and chemistry. Then he went to medical school and encountered life and death issues at the bedsides of his patients. Challenged by one of those patients, who asked, "What do you believe, doctor?" he began searching for answers.

In his mind, Dr. Collins admitted that the science, which he loved so much, was powerless to answer the following questions: "What is the meaning of life?" "Why am I here?" "Why does mathematics work, anyway?" "If the universe had a beginning, who created it?" "Why are the physical constants in the universe so finely tuned to allow the possibility of complex life forms?" "Why do humans have a moral sense?" "What happens after we die?"

Dr. Collins always assumed that faith was based on purely emotional and irrational arguments, and was astounded to discover, initially in the writings of the Oxford scholar C.S. Lewis and subsequently from many other sources, that one could build a very strong case for the plausibility of the existence of God on purely rational grounds.

Actually, Dr. Collins says that he finds no conflict here. Yes, he also claims evolution by descent from a common ancestor is clearly true. He affirms that if there was any lingering doubt about the evidence from the fossil record, then the study of DNA provides the strongest possible proof of our relatedness to all other living things.

According to Dr. Collins' words, he found that there is a wonderful harmony in the complementary truths of science and faith. The God of the Bible is also the God of the genome. God can be found in the cathedral or in the laboratory. By investigating God's majestic and awesome creation, science can actually be a means of worship.”

This argument brings us to the uniqueness of our composition, not just our behavior, as discussed in the first clarification where I demonstrated that we should have a great self-esteem and thank God for giving us life. Once again, we see that God is a matter of science and psychology. Cloning does not work because of epigenetics and non-genetics and, as we grow old, our DNA changes (please see references in the eleventh clarification); thus, what genes are passed on? It is clear when cloning that the collection of genes becomes two different compositions with time, and each becomes unique. And so, again, we are unique in behavior and composition and it is impossible to replicate either one in human or other species.

Reference on epigenetics

<https://en.wikipedia.org/wiki/Epigenetics>

Reference on **nongenetics**

Moms can transmit psychiatric trouble to kids, according to study

May 16, 2016 by Jamie Kass

<http://medicalxpress.com/news/2016-05-moms-transmit-psychiatric-kids.html>

Study finds epigenetic changes in women consuming tea

May 31, 2017

<http://www.news-medical.net/news/20170531/Study-finds-epigenetic-changes-in-women-consuming-tea.aspx>

Reference as we get older the genes change:

http://genetics.thetech.org/original_news/news91

Chapter 7 - Fifth Clarification: Who Selected the Laws of the Universe?

The fundamental laws of physics and ideas such as string theory cannot be explained without a selecting function such as God. Since there is more than one possible law of physics for a universe, there must be a force that selected the parameters, changed math into physics, and set up the laws of physics for the universe. The question is, why did God choose these laws and the physical constant? An obvious answer: it is necessary for a stable system and He loves His choice. Reference:

String Theory Co-Founder: Sub-Atomic Particles Are Evidence the Universe Was Created

By [Barbara Hollingsworth](#) | June 17, 2016 | 3:56 PM EDT

<http://cnsnews.com/news/article/barbara-hollingsworth/string-theory-co-founder-sub-atomic-particles-are-evidence-0>

Quotes from this article:

“The mind of God, we believe, is cosmic music, the music of strings resonating through 11-dimensional hyperspace.”

String Theory “revolutionized” mathematics and physics by demonstrating a “super symmetry” in the universe. Kaku said it also explains gaps in the Big Bang theory.

“First of all, the Big Bang wasn’t very big. Second of all, there was no bang. Third, Big Bang Theory doesn’t tell you what banged, when it banged, how it banged. It just said it did bang. So the Big Bang theory in some sense is a total misnomer,” the well-known physicist [said](#) in 2015.

“We need a theory that goes before the Big Bang, and that’s String Theory. String Theory says that perhaps two universes collided to create our universe, or maybe our universe is butted from another universe leaving an umbilical cord....”

“Some people believe that maybe, just maybe, we have detected evidence of that umbilical cord.”

Definition of Physical Constant

From Wikipedia, the free encyclopedia

“A physical constant is a [physical quantity](#) that is generally believed to be both universal in nature and [constant](#) in time. It can be contrasted with a [mathematical constant](#), which is a fixed numerical value, but does not directly involve any physical measurement.

There are many physical constants in science, some of the most widely recognized being the [speed of light](#) in vacuum c , the [gravitational constant](#) G , [Planck's constant](#) h , the [electric constant](#) ϵ_0 , and the [elementary charge](#) e . Physical constants can take many [dimensional](#) forms: the speed of light signifies a maximum [speed](#) limit of the [Universe](#) and is expressed dimensionally as [length](#) divided by [time](#); while the [fine-structure constant](#) α , which characterizes the strength of the [electromagnetic interaction](#), is [dimensionless](#).”

<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

“The universe had a start - what caused it?”

Whether you are an evolutionist or creationist the start of the universe is the same. For the creationist it was created at once but from the start to earth it was a short period of time (a day or two) or the time was adjusted by God. So, the big bang theory is applicable to both beliefs.

Scientists are convinced that our universe began with one enormous explosion of energy and light, which we now call the Big Bang. This was the singular start to everything that exists: the beginning of the universe, the start of space, and even the initial start of time itself.



Astrophysicist Robert Jastrow, a self-described agnostic, stated, "The seed of everything that has happened in the Universe was planted in that first instant; every star, every planet and every living creature in the Universe came into being as a result of events that were set in motion in the moment of the cosmic explosion... The Universe flashed into being, and we cannot find out what caused that to happen."⁹

Steven Weinberg, a Nobel laureate in Physics, said at the moment of this explosion, "the universe was about a hundred thousand million degrees Centigrade... and the universe was filled with light.

“Astrophysicists now know that the values of the four fundamental forces—gravity, the electromagnetic force, and the “strong” and “weak” nuclear forces—were determined less than one millionth of a second after the big bang. Alter any one value and the universe could not exist. For instance, if the ratio between the nuclear strong force and the electromagnetic force had been off by the tiniest fraction of the tiniest fraction—by even one part in 100,000,000,000,000,000—then no stars could have ever formed at all. Feel free to gulp.

It is true that a small change in the strength of the four known forces would imply that stable protons and neutrons, the basis of atomic nuclei, might not exist. This is good news and, while it’s an interesting fact and it certainly does require a deity because what cause the stability?”

Reference:

The Big Bang Blows Atheism Sky High: Even Science May Eventually Catch Up to God's Word

By J. Matt Barber | April 26, 2016 | 2:30 PM EDT

<http://cnsnews.com/commentary/j-matt-barber/big-bang-blows-atheism-sky-high-even-science-may-eventually-catch-gods-word>

Reference on the Big Bang:

https://en.wikipedia.org/wiki/Big_Bang

Quotes from [Albrecht Moritz](#)

<http://home.earthlink.net/~almoritz/scientist-belief-god.htm>

"6. It was always believers whose worldviews were confounded by scientific discoveries, never naturalists

It is not just believers who have had to reconcile their worldview with science. History shows that findings of science have confounded atheists too, in particular the Big Bang. Atheists used to believe that the universe simply was, and that it was eternal. The evidence for a Big Bang confounded this worldview dramatically, and led to such questionable, and now refuted, reactions as the steady-state model by Fred Hoyle, motivated by worldview rather than by scientific considerations. The Big Bang concept also vindicated the theistic notion that time had a beginning (stated already in the 4th century by St. Augustine). Proposals to modify current standard Big Bang cosmology that try to avoid a beginning of time are neither unequivocally successful nor universally accepted (unlike Big Bang cosmology from 1E-43 seconds, Planck time, after the event onwards).

Of course, in the meantime, a few decades later, atheists have become comfortable with the Big Bang model, and believe to even have found a way of getting around the idea of a creation event associated with it. The science associated with this is debatable though, and observational evidence is lacking."

The universe has not always existed. It had a beginning, but what caused that? Scientists have no explanation for this sudden explosion of light and matter. Therefore, we can conclude that God is a matter of science and psychology. As scientific discoveries help us understand the treasure we have in the universe, this knowledge can lead us to believe in God. Science leads us to understand stabilities in the universe's beginning and as a whole, while it is also possible to stabilize humans through meditation and medications. Therefore, we can say that God is a matter of science and of psychology.

Chapter 8 - Sixth Clarification: Who Enforces the Laws in the Universe?

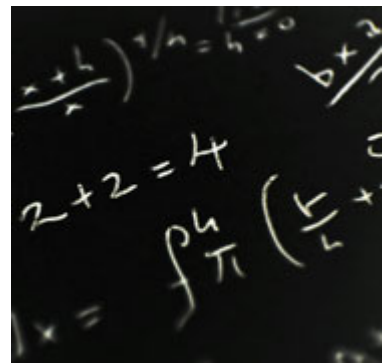
<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

“The universe operates by uniform laws of nature. Why does it? And who is in charge of enforcing these laws? God has to exist to enforce these laws

Much of life may seem uncertain but look at what we can count on day after day: gravity remains consistent, a hot cup of coffee left on a counter will get cold, the earth rotates in the same 24 hours, and the speed of light doesn't change -- on earth or in galaxies far from us.

How is it that we can identify laws of nature that *never* change? Why is the universe so orderly, so reliable?”

"The greatest scientists have been struck by how strange this is. There is no logical necessity for a universe that obeys rules, let alone one that abides by the rules of mathematics. This astonishment springs from the recognition that the universe doesn't have to behave this way. It is easy to imagine a universe in which conditions change unpredictably from instant to instant, or even a universe in which things pop in and out of existence."



Richard Feynman, a Nobel Prize winner for quantum electrodynamics, said, "Why nature is mathematical is a mystery...The fact that there are rules at all is a kind of miracle."

This discussion brings on the question: who is in charge? Are there laws that rule psychology? We know from the Bible that the word of God and His laws do not change. Do we see similarities in God's laws related to psychology? Also, please note that Jesus was happy to help me with mathematics related to physics in my meditations. God is the author of these laws and is happy to help us understand. Maybe Dr. Michio Kaku is right: "The final solution resolution could be that God is a mathematician," Kaku, author of [The Future of the Mind: The Scientific Quest to Understand, Enhance, and Empower the Mind](#), said in a [2013 Big Think video](#) posted on YouTube.

Does God Exist? Some Scientists Think They Have Proof

By [Robert H. Nelson](#) On 5/14/17 at 11:30 AM
[Opinion](#) [God](#) [Religion](#) [Science](#)

This article originally appeared on [The Conversation](#).

<http://www.newsweek.com/god-faith-religion-science-does-god-exist-existence-god-608897>

Quote:

“In 1960 the Princeton physicist—and subsequent Nobel Prize winner—[Eugene Wigner](#) raised a [fundamental question](#): Why did the natural world always—so far as we know—obey laws of mathematics?”

.... “In other words, as I argue in my book, it takes the existence of some kind of a god to make the mathematical underpinnings of the universe comprehensible.”

.... “Indeed, in 2014 the MIT physicist [Max Tegmark](#) argues in [“Our Mathematical Universe”](#) that mathematics is the fundamental world reality that drives the universe. As I would say, mathematics is operating in a god-like fashion.”

If God is a mathematician and a psychologist, then God is a matter of science and psychology.

Chapter 9 - Seventh Clarification: God Communicates with Us

Visualizing Jesus in a meditation and conversing with him about science, mathematics, or other topics leads to breakthroughs in these fields. How do we explain what is happening in these situations? (Please see reference Chapter 12: Visualize Jesus: Ten Ways to Christian Meditation). How do we use this higher power to solve problems in the world such as global warming? This process requires the person to be a scientist because, when visualizing Jesus, we need to present the problem technically to Jesus so that when Jesus responds, or the Holy Spirit give you an “aha” solution followed by the living water sensation (a feeling that happens when you discover something, especially when you feel triumphant satisfaction or excitement), then the person is able to understand the solution – unless Jesus says there is no solution. It also may require many meditations if Jesus is silent. This is why I say that God is a matter of science and psychology: God is the ultimate artist, scientist, mathematician, and engineer. Because visualizing Jesus in a meditation leads to many breakthroughs, I could not do experiments on all situations. I needed to focus on the two experiments I propose in this research and leave it to others to do the remaining experiments. Here are Bible verses of communications:

You are my hiding place. You will keep me out of trouble and envelop me with songs that remind me I am free. 8 I will teach you and tell you the way to go and how to get there; I will give you good counsel, and I will watch over you. – Psalm 32:7,8 – The Voice version

Finally, brothers and sisters, fill your minds with beauty and truth. Meditate on whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is good, whatever is virtuous and praiseworthy. 9 Keep to the script: whatever you learned and received and heard and saw in me—do it—and the God of peace will walk with you. – Philippians 4:8,9 – The Voice version

Here are several sources that discuss the idea of God’s communication with us:

Historically about the communication of God to human:

quote by [Robert H. Nelson](#) On 5/14/17 at 11:30 AM
[Opinion God Religion Science](#)

This article originally appeared on [The Conversation](#).

<http://www.newsweek.com/god-faith-religion-science-does-god-exist-existence-god-608897>

“Miraculous Ideas at the Same Time?”

For the past 10,000 years at a minimum, the most important changes in human existence have been driven by cultural developments occurring in the realm of human ideas.

In the Axial Age (commonly dated from 800 to 200 B.C.), world-transforming ideas such as Buddhism, Confucianism, the philosophies of Plato and Aristotle, and the Hebrew Old Testament almost [miraculously appeared](#) at about the same time in India, China, ancient Greece and among the Jews in the Middle East, [groups having little interaction](#) with one another.

The development of the scientific method in the 17th century in Europe and its modern further advances have had at least as great [a set of world-transforming consequences](#). There have been [many historical theories](#), but none capable, I would argue, of explaining as fundamentally transformational a set of events as the rise of the modern world. It was a revolution in human thought, operating outside any explanations grounded in scientific materialism that drove the process.

That all these astonishing things happened within the conscious workings of human minds, functioning outside physical reality, offers further rational evidence, in my view, for the conclusion that human beings may well be made “in the image of [a] God.”

Chapter 10 - Eighth Clarification: God Helps the Mentally III

A study in the Journal of Affective Disorders found

“Having a strong faith in a higher power can help people who suffer from depression cope and also respond better to treatment.”

From reference on Turn to God:

10 things you should never say to someone with depression

By [Julie Revelant](#)

<http://www.foxnews.com/health/2016/10/10/10-things-should-never-say-to-someone-with-depression.html>

Published October 10, 2016

“If the Diagnostic and Statistical Manual of Mental Disorders (DSM) had its way, we would all be suffering from some form of mental illness. This book is the standard reference manual for the American Psychiatric Association (APA), and its fifth edition (DSM-5) is causing controversy in the industry for adding so many new mental health disorders.”

Reference:

Does Everyone Have a Mental Illness?

Advertisement

By [Doctors Health Press Editorial Team](#), Category : [Brain Function](#) • May 27, 2013

<http://www.doctorshealthpress.com/brain-function-articles/does-everyone-have-a-mental-illness>

For the mentally ill, deep meditation such as neuro-therapy¹⁵ and music therapy offers psychotherapy analysis by Christ. We visualize him in our virtual house and talk to him about our problems, fears, and worries followed by prayers and communion. With time, a person’s counselor will see behavior changes and witness the illness diminish; I am an example of the success of this process. I believe people can find answers on their own through conversing with Christ. However, it can further help to have a discussion with a counselor afterwards to help the patient discern and make sure that it was Christ’s feedback. The question is, what is going on and why does Christian meditation work? It is important to note that, because visualizing Jesus in a meditation leads to helping the mentally ill, I could not do experiments on all situations and I

¹⁵ Neuro-Therapy sprang out of Hypnotherapy

needed to focus on the two experiments I propose in this research and leave it to others to do the remaining experiments.

I will present an example from 2013 of how meditating on God helps the mentally ill: My boss at work elected to write an email and cc his boss about how bad I am for not responding to comments by another engineer. I was not aware of these comments and I had nothing to do with it, since I did not know of them. This letter caused me to have a nervous breakdown for ten weeks; I thought I was going to lose my job, and I wanted to die. When my wife read the letter, she developed depression and had to be medicated. Every day, I went home from work two hours early, quadrupled my medication, and went to bed early to have a sufficient 12 hours of sleep. This went on for ten weeks. My doctor told me that I needed to go to the hospital and I told him I could not afford it. I did my music therapy every day and talked to Jesus. Jesus said to me during one of my meditations, “you have to work on your fears and worries”. So, I started to put all my fear and worries on Jesus. The very first thing that subsided was the suicidal ideations. The result was that, after a few years, my life changed, I became a happier person, and my illness diminished. Most of the time, Jesus tells me “do not be afraid”. When I told my doctor about what Jesus said about fears and worries, he said “Jesus is right on target”.

In 2016, my counselor realized that I was being impatient. I wanted God to open the door immediately so that I could go back to school and get my Ph.D. in psychology. She also knew that I talk to Jesus every day. So, she told me to work on my fears, worries, and patience with Jesus. Finally, when I told my doctor what my counselor had said, he said to work on fears, worries, patience, and happiness with Jesus. As this example demonstrates, the internal feedback from Jesus can be supplemented by an external feedback from counselors and doctors. And that is how it should work.

The following article is on mindfulness and mental disorders. If a process works with mindfulness, it will work with Christian meditation, perhaps with even better results.

Reference on eastern meditation revealed from science:

7 Scientifically Backed Ways Meditation Changes Your Brain

June 16, 2016 by [Sara Novak](#)

<http://www.organicauthority.com/7-benefits-of-meditation-changes-your-brain>

TECH & SCIENCE

Yoga, Meditation May Help Reduce Childhood Anxiety

BY **SAMANTHA OLSON** ON 7/31/16 AT 10:00 AM

<HTTP://WWW.NEWSWEEK.COM/YOGA-HELP-REDUCE-CHILDHOOD-ANXIETY-485207>

Teens can Improve Creativity, Relieve Anxiety by Meditating

09/19/2016 02:53 pm ET | **Updated** 20 hours ago
<http://www.huffingtonpost.com/entry/57e0318be4b053b1ccf2a18a>

How to raise spiritual kids

Spirituality isn't limited to only religion. Incorporating spirituality into your kid's lives can highly benefit them.

by **Reva Seth** Updated Dec 13, 2016

<http://www.todayparent.com/family/how-to-raise-spiritual-kids/>

Mindfulness Therapy Can Prevent Depression Relapse, Review Finds

[In The News](#) May 4, 2016

<http://www.madinamerica.com/2016/05/mindfulness-therapy-depression/>

'Mindfulness' May Keep Depression from Coming Back

<https://www.yahoo.com/news/mindfulness-may-keep-depression-coming-back-150035896.html>

by Sara G. Miller, LiveScience.com Thu, Apr 28 8:00 AM PDT, 2016 She writes:

“For example, scientists still don't know exactly how MBCT works, Davidson wrote. One hypothesis is that [the use of mindfulness](#) may alter brain functions in areas related to paying [attention](#) and feeling emotions, but more studies are needed, he said.”

Another reference:

Meditation Beats Drugs for Depression: Study

<http://www.newsmax.com/Health/Health-News/meditation-depression-mindful/2016/04/27/id/726158/>

On hearing voices, meditation is found to help reduce the effect. Reference:

Group Mindfulness Shows Promise Reducing Depression Associated with Hearing Voices

[In The News](#) April 30, 2016

<http://www.madinamerica.com/2016/04/group-mindfulness-reducing-depression-hearing-voices/>

Neuroscience Student Shows How Meditation Can Vanquish Mental Disorders

<http://themindunleashed.org/2014/07/neuroscience-student-shows-meditation-can-vanquish-mental-disorders.html>



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"Can mindfulness practice (meditation) help vanquish mental disorders? According to the National Institute of Mental Health (NIMH), 7.7 million Americans suffer from schizophrenia and bipolar disorder – approximately 3.3% of the US population when combined. Of these, approximately 40% of the individuals with schizophrenia and 51% of those with bipolar are **untreated in any given year**, but with the new studies being presented by Juan Santoyo and his peers, **there could be strong scientific proof that meditation could help even the most debilitating psychological disorders.**

Juan Santoyo is studying neuro and contemplative sciences, and he isn't doing it *'just to tickle his fancy,'* but to solve the real problem of mental disorders in our society. He presented his findings at the 12th Annual International Scientific Conference of the Center for Mindfulness at the University of Massachusetts Medical School.

He noticed when his family emigrated from Columbia that many homeless people suffered from psychological orders that often went untreated. Instead of pumping them full of pharmaceutical meds, he sees another plausible solution based on the preliminary results of a [study published in Frontiers in Human Neuroscience](#).

The [paper describes](#) how **meditation affects a subject's ability to change brain activity in the posterior cingulate cortex (PCC)**. Given the chance to observe real-time feedback on their PCC activity, some meditators were even able to control the levels of activity there.

"You can observe both of these phenomena together and discover how they are co-determining one another," Santoyo said. "Within 10 one-minute sessions they [participants in a meditation study] were able to develop certain strategies to evoke a certain experience and use it to drive the signal."

Mindful Meditation

Of course this is far from the first study to show how [meditation can trigger mental and even genetic alterations](#), but for some scientists, the revelation that meditating can actually trigger molecular changes [is groundbreaking](#). While science certainly isn't needed to experience or even prove the benefits of this ancient practice, these studies are likely heavily contributing to [doctors prescribing things like meditation](#) to patients instead of medications.

This has profound implications for those who suffer from psychiatric conditions, since it is known that certain mental challenges can be [mapped to certain areas of the mind](#).

In the study Santoyo was involved with, he found that carefully coded data on experience — “*grounded theory methodology*” — supports the formulation and testing of hypotheses and a scientific investigation of mindfulness. . . specifically to aid those who have mental health issues. In [a study he published](#) on ‘*effortless awareness*,’ a phenomenon that often accompanies meditation, he noticed that **specific memories or thoughts that caused distress could be changed with feedback after a meditation session.**

While studying at Brown University, Santoyo has also noted that “*these practices [meditation] have allowed him to feel more engaged with what he is studying, to become [more adept at handling difficult situations](#), and to perform better academically.*”

From better grades, to handling life's challenges with greater élan, to helping the homeless, the further study of meditation and mindfulness has a lot to offer. If Santoyo and others studying this phenomenon are correct, more than 7 million Americans could benefit."

Featured image credits: [Source](#)

Meditation Plus Running as a Treatment for Depression

<http://well.blogs.nytimes.com/2016/03/16/meditation-plus-running-as-a-treatment-for-depression/?smid=pl-share& r=0>

By
Gretchen Reynolds

March 16, 2016 5:30 am March 16, 2016 5:30 am 1 Comment
Photo



Credit iStock

[Phys Ed](#)

Gretchen Reynolds on the science of fitness.



[The Running Email](#)

“Get Well’s Running email for practical tips, expert advice, exclusive content and a bit of motivation delivered to your inbox every week to help you on your running journey. Coming soon.

- [Sign up now.](#)

Meditating before running could change the brain in ways that are more beneficial for mental health than practicing either of those activities alone, according to an interesting study of a new treatment program for people with depression.

As many people know from experience, depression is characterized in part by an inability to stop dwelling on gloomy thoughts and unhappy memories from the past. Researchers suspect that this thinking pattern, known as rumination, may involve two areas of the brain in particular: the prefrontal cortex, a part of the brain that helps to control attention and focus, and the hippocampus, which is critical for learning and memory. In some studies, people with severe depression have been found to have a smaller hippocampus than people who are not depressed.

Interestingly, meditation and exercise affect those same portions of the brain, although in varying ways. In brain-scan studies, people who are long-term meditators, for instance, generally display different patterns of brain cell communication in their prefrontal cortex during cognitive tests than people who don't meditate. Those differences are believed to indicate that the meditators possess a more honed ability to focus and concentrate.

Meanwhile, according to animal studies, aerobic exercise substantially increases the production of new brain cells in the hippocampus.

Both meditation and exercise also have proven beneficial in the treatment of anxiety, depression and other mood disorders.

These various findings about exercise and meditation intrigued researchers at Rutgers University in New Brunswick, N.J., who began to wonder whether, since meditation and exercise on their own improve moods, combining the two might intensify the impacts of each.

So, for the [new study, which was published last month in Translational Psychiatry](#), the scientists recruited 52 men and women, 22 of whom had been given diagnoses of depression. The researchers confirmed that diagnosis with their own tests and then asked all of the volunteers to complete a computerized test of their ability to focus while sensors measured electrical signals in their brains.

The researchers found that the depressed volunteers showed signaling patterns in their prefrontal cortex that are associated with poor concentration and focus.

Then the researchers had all of the volunteers begin a fairly rigorous, supervised program of sitting, followed by sweating.

To start, the volunteers were taught a form of meditation known as focused attention. Essentially entry-level mindfulness meditation, it requires people to sit quietly and think about their respiration by counting their breaths up to 10 and then backward. This practice is not easy, especially at first.

“If people found their thoughts wandering” during the meditation, and especially if they began to ruminate on unpleasant memories, they were told not to worry or judge themselves, “but just to

start counting again from one,” said Brandon Alderman, a professor of exercise science at Rutgers who led the study.

The volunteers meditated in this way for 20 minutes, then stood and undertook 10 minutes of walking meditation, in which they paid close attention to each footfall.

Then they clambered onto treadmills or stationary bicycles at the lab and jogged or pedaled at a moderate pace for 30 minutes (with five minutes of warming up and five minutes of cooling down).

The volunteers completed these sessions twice a week for eight weeks. Then the researchers retested their moods and their ability to focus and concentrate.

There were significant changes. The 22 volunteers with depression now had a 40 percent reduction in symptoms of the condition. They reported, in particular, much less inclination to ruminate over bad memories.

Meanwhile, the members of the healthy control group also reported feeling happier than they had at the start of the study.

Objectively, the volunteers’ results on the computerized tests of their ability to focus and their brain activity also were different. The group with depression now showed brain cell activity in their prefrontal cortex that was almost identical to that of the people without depression. They could concentrate much better and hone their attention, attributes that are believed to help reduce stubborn rumination.

“I was quite surprised that we saw such a robust effect after only eight weeks,” Dr. Alderman said.

He and his colleagues theorize that the meditation and exercise may have produced synergistic effects on the brains of their volunteers.

“We know from animal studies that effortful learning, such as is involved in learning how to meditate, encourages new neurons to mature” in the hippocampus, he said.

So while the exercise most likely increased the number of new brain cells in each volunteer’s hippocampus, Dr. Alderman said, the meditation may have helped to keep more of those neurons alive and functioning than if people had not meditated.

Meditation also may have made the exercise more tolerable, he said, since some studies indicate that being mindful of your breathing and your body during workouts increases people’s enjoyment of the exertion.

“I’ve started meditating,” said Dr. Alderman, a long-time athlete.

Of course, this was a small study and the scientists did not follow their volunteers long term, so they do not know if any mood improvements linger. They also have no idea whether similar or even greater benefits might occur if someone were to run and then meditate or to practice both activities but on alternating days. They plan to study those questions in future experiments.”

Related:

- [Which Type of Exercise Is Best for the Brain?](#)
- [How Meditation Changes the Brain and Body](#)
- [How Meditation May Change the Brain](#)

For more fitness, food and wellness news, follow us on [Facebook](#) and [Twitter](#), or sign up for our [newsletter](#). It should be clear that meditation with God helps the mentally ill. So, God is a matter of science and psychology.

Chapter 11 - Ninth Clarification: God Pursues Us

<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

“We know God exists because he pursues us. He is constantly initiating and seeking for us to come to him.

What is it about atheists that we would spend so much time, attention, and energy refuting something that we don't believe even exists?! What causes them to do that?

The reason the topic of God weighed so heavily on an atheist, was because God was pressing the issue. God wants to be known and used. He created us with the intention that we would know him. He has surrounded us with evidence of himself and he keeps the question of His existence squarely before us.



The underlying reason atheists are bothered by people believing in God is because God is actively pursuing them.

Malcolm Muggeridge, socialist and philosophical author, wrote, "I had a notion that somehow, besides questing, I was being pursued." C.S. Lewis said he remembered, "... night after night, feeling whenever my mind lifted even for a second from my work, the steady, unrelenting approach of Him whom I so earnestly desired not to meet. I gave in, and admitted that God was God, and knelt and prayed: perhaps, that night, the most dejected and reluctant convert in all of England."

Lewis went on to write a book titled, "Surprised by Joy" as a result of knowing God. "I too had no expectations other than rightfully admitting God's existence. Yet over the following several months, I became amazed by his love for me."

So, God is a matter of psychology.

Chapter 12 - Tenth Clarification: Jesus Christ is God

God is so great and so loving that He can take our human form and visit us as Jesus Christ.

Even though Jesus was a man, His brain was of both a man and a woman, for He was divine. A woman can listen to two conversations at the same time and respond. Also, a mother can hear her baby cry from a farther distance than the father. During a conversation, I witnessed these distinctions between men and women. We know that, in the conception of Jesus, the egg came from a woman (Mother Mary) and the sperm came from God; since God can do miracles, He can make His own sperm. Thus, Jesus' brain was created differently, and it is where the Father dwells, as He said, "the Father dwells in me". The woman was created to complete the man, and Jesus was fully complete, so He was both. Just to realize nobody can be Christ or God; you would have to be a Father and a Mother at the same time to be God and a brother and a sister at the same time to be Christ.

Bible reference on Jesus:

Suggesting Jesus is listening to two conversations at the same time. **Mark 2:13-17 (NIV)**

17 On hearing this, Jesus said to them, "It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners."

Saying in Christ there is no race or gender. It is interesting Jesus color of skin was neither black nor white. **Galatians 3:28 (ESV)**

28 There is neither Jew nor Greek, there is neither slave^{al} nor free, there is no male and female, for you are all one in Christ Jesus.

Bible reference on God: How can God do all that at the same time? What kind of brain God has?

1 Peter 3:12 - God's eyes are upon us, and his ears are towards our supplication.

Psalms 145:18, 19 - God is near to those calling upon him, and their cry for help he will hear.

Psalms 65:2 - He is called the "hearer of prayer".

These sources below confirm my perspective that God is not a man, according to The Church of Sweden. Reference:

Is God Human? Spirit Is Both Father and Mother, Says Church of Sweden

By [Nicole Goodkind](#) On 11/24/17 at 11:42 AM

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<http://www.newsweek.com/god-gender-church-sweden-721647>

"God is not a man, according to The Church of Sweden.

Sweden's national Evangelical Lutheran church is urging its clergy to stop gendering their almighty creator by using terms like "he" and "lord." It's updated its official handbook to reflect the changes, which will go into effect on May 20th during the Christian holiday of Pentecost.

"Theologically, we know that God is beyond our gender determinations, God is not human," explained Archbishop Antje Jackelen, the female head of the church.

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The Church of Sweden includes more than 60 percent of Sweden's population. Reuters

The change was approved by the church's 251-member decision-making body Thursday after days of careful deliberation, but there are still some vocal critics.

"It really isn't smart if the Church of Sweden becomes known as a church that does not respect the common theology heritage," said Christer Pahlmblad, an associate theology professor at Sweden's Lund University. The move undermines "the doctrine of the Trinity and the community with the other Christian churches," he claimed.

Most Christian churches accept that God does not have a gender, but still refer to the supreme spiritual deity with male pronouns. Even the Catholic Church catechism is confused on the topic, "God is neither man nor woman: *he* is God," it says.

In recent years, official bibles have attempted to amend patriarchal language. In the King James Bible "What is man, that thou art mindful of him? and the son of man, that thou visitest him?"

has turned into, "What are human beings that you are mindful of them, mortals that you care for them?"

The majority of Christian groups believe that God is triune and exists as the Father, the Son and the Holy Spirit. In the old testament, the Holy Spirit is referred to as a woman."

According to the Church of Sweden's updated handbook, God will now be referred to as both mother and father. An example of an updated prayer, according to the church, would read as "God, Holy Trinity, Father and Mother, Son – Sister and Brother, and Spirit – Lifeguard and Inspirator, lead us to your depths of wealth, wisdom and knowledge."

Why some people find that hard to believe yet they believe God can do anything?

Science Reference:

Study finds brains of women to be more active than men

Download PDF Copy

<https://www.news-medical.net/news/20170807/Study-finds-brains-of-women-to-be-more-active-than-men.aspx>

August 7, 2017

SCIENCE /
discoveries

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Women's Brains More Active Than Men's in 2 Key Areas

<http://www.newser.com/story/246885/womens-brains-more-active-than-mens-in-2-key-areas.html>

Those managing self-control and focus, as well as mood disorders

By Jenn Gidman, Newser Staff

Posted Aug 8, 2017 8:03 AM CDT

<http://www.everystudent.com/features/isthere.html> by Marilyn Adamson

Unlike any other revelation of God, Jesus Christ is the clearest, most specific picture of God revealing himself to us. **From Philosophy: The Expression of God is God, because Jesus Christ is the perfect and full expression of God, as He is revealed. This is why Jesus is the perfect sacrifice. There is only one King and He is the King of two universes, Heaven and our present and future universe. It makes sense to have a King, as we can see in the following passages in scripture: Matthew 28:18, John 18:36, Matthew 11:25-27. A universe without a King is desolate. There is no mention in the Bible of multiple universes and why it would there be: things are complete in two universes at this time. When Christ comes back, He will combine both universes into one. Reference on parallel universe**

Scientists may have found evidence of a parallel universe

Mike Wehner, BGR News

<https://www.yahoo.com/tech/scientists-may-found-evidence-parallel-universe-000020803.html>

“Why Jesus? Look throughout the major world religions and you'll find that Buddha, Muhammad, Confucius and Moses all identified themselves as teachers or prophets. None of them ever claimed to be equal to God. Surprisingly, Jesus did. That is what sets Jesus apart from all the others. He said God exists and you're looking at him. Though he talked about his Father in heaven, it was not from the position of separation, but of very close union, unique to all humankind. Jesus said that anyone who had seen Him had seen the Father, anyone who believed in him, believed in the Father.

He said, "I am the light of the world, he who follows me will not walk in darkness, but will have the light of life."¹⁴ He claimed attributes belonging only to God: to be able to forgive people of their sin, free them from habits of sin, give people a more abundant life and give them eternal life in heaven. Unlike other teachers who focused people on their words, Jesus pointed people to himself. He did not say, "follow my words and you will find truth." He said, "I am the way, the truth, and the life, no one comes to the Father but through me."



See John 6:35, 41-51

³⁵ Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

What proof did Jesus give for claiming to be divine? He did what people can't do. Jesus performed miracles. He healed people...blind, crippled, deaf, even raised a couple of people from the dead. He had power over objects...created food out of thin air, enough to feed crowds of several thousand people. He performed miracles over nature...walked on top of a lake, commanding a raging storm to stop for some friends. People everywhere followed Jesus, because he constantly met their needs, doing the miraculous. He said if you do not want to believe what I'm telling you, you should at least believe in me based on the miracles you're seeing.¹⁶

Jesus Christ showed God to be gentle, loving, aware of our self-centeredness and shortcomings, yet deeply wanting a relationship with us. Jesus revealed that although God views us as sinners, worthy of his punishment, his love for us ruled and God came up with a different plan. God himself took on the form of man and accepted the punishment for our sin on our behalf. Sounds ludicrous? Perhaps, but many loving fathers would gladly trade places with their child in a cancer ward if they could. The Bible says that the reason we would love God is because he first loved us.

Jesus died in our place, so we could be forgiven. Of all the religions known to humanity, only through Jesus will you see God reaching toward humanity, providing a way for us to have a relationship with him. Jesus proves a divine heart of love, meeting our needs, drawing us to himself. Because of Jesus' death and resurrection, he offers us a new life today. We can be forgiven, fully accepted by God and genuinely loved by God. He says, "I have loved you with an everlasting love, therefore I have continued my faithfulness to you."¹⁷ This is God, in action.

Does God exist? If you want to know, investigate Jesus Christ. We're told that "God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life."

God does not force us to believe in him, though he could. Instead, he has provided sufficient proof of His existence for us to willingly respond to him. The earth's perfect distance from the sun, the unique chemical properties of water, the human brain, DNA, the number of people who attest to knowing God, the gnawing in our hearts and minds to determine if God is there, the willingness for God to be known through Jesus Christ."



Jesus Christ manifested in the Old Testament

Link: <http://www.examiner.com/article/jesus-christ-manifested-the-old-testament>

June 25, 2015 9:35 AM MST

Jesus stated in John 8:53, "Verily, verily, I say unto you, before Abraham was, I AM".

"The deity of Jesus Christ was established by what was declared by Jesus Christ. Nobody else legitimately suggested they were divine and came from heaven. Jesus flatly declared, "I am from above" in John 8:23. Peter in a moment of great revelation answered Jesus regarding His identity when Jesus questioned His disciples concerning who they thought He was. Peter revealed this in Matthew 16:16, "Thou art the Christ, the Son of the Living God".

Controversy reigns supreme today over the utterances that Jesus Christ declared during His three-and-a-half-year ministry. Irrefutable statements concerning the deity of Christ is rejected by those critical of Bible stipulations and authority. Many other religions and pagans claim Jesus only to be an enlightened man, good teacher, or revered prophet. There is paradox that needs to

be addressed by those skeptical of what Jesus and the Bible claims about Jesus' identity. What Jesus said must be either accepted as He declared or flatly and categorically rejected without exception.

Unfortunately, the declarations of Jesus as “before Abraham was, I AM” need to be properly addressed. Jesus must be rejected as a prophet, teacher, or rabbi if what He declared is not true; or Jesus is as He claimed.

http://www.apu.edu/chaplain/pdfs/2014_passage_3_before_abraham.pdf

One can go to the Old Testament portion of the Bible to find evidence for what Jesus’ spacious claim declared in John 8:53 regarding preexisting before Abraham. The Genesis narrative itself offers some proof from Abraham himself regarding Jesus’ existence during contemporary Abrahamic times.

One of the more mysterious encounters in the Bible took place when Abraham successfully rescued Lot after being captured when five kings plundered Sodom and Gomorrah. Abraham not only rescued all of the captives but secured all the possessions that were taken. A divine meeting took place in the valley of Shaveh with the "king of Salem".

<http://www.khouse.org/articles/2014/1204>

Genesis 14:18 states “And Melchizedek king of Salem brought forth bread and wine: and he was the priest of the most high God. Abraham gave Melchizedek a tenth of all the spoils from the victory over the five kings. Salem was the ancient name of Jerusalem in which Melchizedek represented. Jesus carries the name of High Priest and King of Jerusalem. The name “Melchizedek” equates to the names king of Jerusalem and high priest.

Another encounter with “Jesus” took place during a visitation of three angels of the Lord. Abraham immediately recognized the “three men” as a manifestation of Yahweh God’s presence in the form of the Triune God. Abraham conversed with the three angels as God would later converse with Moses through the burning bush. Since “Yahweh God” can have nothing to do with sin, when it came time for the destruction of Sodom and Gomorrah, only two angels representing God the Son and God the Spirit in judgment actually brought destruction to the doomed cities on the plain.

<http://www.jesus.org/is-jesus-god/old-testament-prophecies/is-jesus-in-every-book-of-the-old-testament.html>

There are many other Old Testament declarations regarding Christ, one took place during the fourth man in the fire with the Hebrew children during the reign of King Nebuchadnezzar according to Daniel 3:25 as the “Son of God”, and another when the 12 tribes of Israel assembled in their designated ranks when the entire body formed a huge cross as a sign of salvation to come.

All of the aforementioned examples, particularly the encounters involving Abraham, clearly point to an Old Testament presence and evidence that Jesus Christ did predate Abraham in some capacity. It would substantiate Jesus' claims made nearly two thousand years later that the declaration of "before Abraham was, I AM" is a claim already validated in both the Torah and Old Testament portion of the Bible.

There are impressive archaeological diggings of over 20,000 locations that have uncovered pieces of evidence that validate Bible statements which is far more physical evidence than any other book in history offers. There are over 24,000 original manuscripts that are the foundation of countless other Bible versions. Should the Bible be rejected due to perceived errors of any critic, then one cannot accept any literary publication which is based on less reliable information. One cannot assume any book is reliable based on the same standards.

<http://www.whatchristianswanttoknow.com/does-archaeology-support-the-bible-a-look-at-the-evidence/>

The four accounts of the gospels are written to provide both eyewitness and collaborating evidence those events that transpired records a dynamic testimony on the claims made by Jesus of Nazareth. The only logical course one can accept is either Jesus is the Son of God, or Jesus should be dismissed entirely for making false claims and teaching heretical religious concepts. Jesus cannot be accepted as a "prophet" or "teacher" due to His claims regarding divinity and acceptance of "Son of God" and "God" status from both Peter and Thomas per Matthew 16:16 and John 20:28 respectively.

The Old Testament is the New Testament hidden with the New Testament being the Old Testament revealed through the status of Jesus Christ being God in the flesh as outlined in John 1:14. There is no separation from the initial declaration of John 1:1 with "in the beginning was the Word, and the Word was with God, and the Word was God.

God's unchanging nature declared in Malachi and substantiated in Hebrews through Jesus Christ cements the explanation regarding God's identity through the manifested revelations of God the Father, God the Son, and God the Holy Spirit which is clearly introduced in the Old Testament. The plurality of God is articulated in Genesis 1:26 with "let us make man in Our Image, after Our likeness:". The concept of Trinity and Yahweh God existing in the form of the Triune One cannot be disputed based on Biblical explanation.

Jesus Christ did preexist Abraham based on the evidence presented and only declared in the New Testament as the Messiah what was as fundamentally true as other facts Christ declared."

The following source is a continuation on Jesus

The Bible Unlocked: Jesus and Christ

03/14/2016 04:53 pm ET

-
- Kristina Kaine Esoteric Christian writer

<http://ukzambians.co.uk/home/2016/03/15/the-bible-unlocked-jesus-and-christ/>

“Understanding the true meaning of words in the Bible unlocks the meaning of this ancient and sacred text. Before we go any further, we need to look at the central character in the New Testament, Jesus Christ. **Is this one being or two different beings?**”

A survey of the New Testament reveals that we rarely find the names Jesus and Christ expressed together. This is an important observation because not only are they two different beings, they are not interchangeable. We can only understand this if we understand who these beings are. To begin with, one is a human being; the other is a spiritual being.

In the Gospel of John for instance the name Jesus is always used alone except in two places:

Jn 1:17 "grace and truth came through Jesus Christ," and,

Jn 17:3 "And this is eternal life, that they know thee the only true God, and Jesus Christ whom thou hast sent."

In fact, St Paul reverses the names to Christ Jesus. This could suggest that Christ is a title; like saying President Obama or Queen Elizabeth.

If we read the New Testament with this in mind, a new story unfolds. Here is a man called Jesus *Iesous* meaning saviour, who becomes Christ *Christos* meaning anointed, or we could say Jesus becomes Christ-ened. This is our task too, but it is not plain sailing as Matthew points out in his discussion of the *pseudochristos* or false Christ:

"For false Christs and false prophets will arise and show great signs and wonders, so as to lead astray." Mt 24:24

If we take the Bible as a manual for evolving consciousness, then we could have a goal to become like Jesus striving to achieve Christ-ened perfection. The New Testament is full of descriptions of the nature of Jesus and how this nature might be attained or followed. The word follow is *akoloutheo* that literally means 'alike-way' and gives the sense of becoming like Jesus, copying the way he is. The way he is has been greatly misunderstood.

When considering human consciousness, it isn't enough to say human beings are conscious and have consciousness. This state of being awake and aware clearly differs from person to person and changes within each of us throughout the day. Nor is it sufficient to say things like; I am health conscious, I have a national consciousness of shared beliefs and feelings, or I lose consciousness if I faint, or the way I think represents the kind of consciousness that I have. This is generalizing, skimming the surface of what it means to be conscious.

To be fully aware of our consciousness means to consider it in detail. **Human consciousness has three core activities: feeling, thinking, and willing.** We each use these activities differently, and in different combinations.

These three activities actually take place in the human soul, *psuche*. We form our feelings, thoughts and actions in our soul and express them in our body. The more aware of this we are, the more conscious we are.

In the biblical Greek there are more than thirty different words for these three activities. If we look up "An Expository Dictionary of New Testament Words with their precise meanings for English readers" by W.E. Vine, M.A. we find fifteen words for think, five for feel, and seven or

more for act, commit, do (will). Each particular word reveals a specific quality of human consciousness, and a particular aspect of our soul, and it is in the specific use of these words that the real wisdom of the Bible unfolds.

Aristotle (384BC-322BC) was among the first to write about the human soul. Prior to this, it wasn't necessary to write anything about the soul because the soul wasn't differentiated into different activities as it is today - pointing to the fact that **human consciousness changes**.

Aristotle was aware that a differentiation was taking place which led him to describe the soul as having three qualities that he called: Orektikon, Kinetikon, and Dianoetikon.

1. Orektikon refers to desires, appetites, sensations, impulses which is the soul activity of feeling.
2. Kinetikon means to set in motion, to try every way, reasoning, which is the soul activity of thinking.
3. Dianoetikon is about intention that is the soul activity of will.

If we take these things into account, the difference between Christ and Jesus, representing the evolution of consciousness, makes a lot of sense. Jesus had to prepare himself by becoming more aware of his consciousness, giving him the ability to be as objective as possible when he was treated the way he was.

Understanding this, we can follow Jesus on his journey to Golgotha and see how the human being makes way for the spiritual being to arise. Jesus was able to bear all things through his ability to be fully aware of his feeling, thinking and will, just as we are able to bear life's difficulties when we control our feeling, think clearly and act consciously.”

Image: The Lamb is a painting by Andrew King

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Christmas

Judge Andrew Napolitano: America at Christmas



By Judge Andrew P. Napolitano

<http://www.foxnews.com/opinion/2016/12/22/judge-andrew-napolitano-america-at-christmas.html>

Published December 22, 2016

FoxNews.com

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November 30, 2016 - The 84th annual Rockefeller Center Christmas Tree in New York City, U.S. (REUTERS/Alex Wroblewski)

“What if Christmas is a core value of belief in a personal God who lived among us and His freely given promise of eternal salvation that no believer should reject or apologize for? What if Christmas is the rebirth of Christ in the hearts of all believers? What if Christmas is the potential rebirth of Christ in every heart that will have Him, whether a believer or not?”

....

“What if many folks today have rejected the true God for government-as-god? What if the government-as-god has set itself up as providing for all secular needs in return for fidelity to it? What if this seductive offer has been accepted by millions in America?

What if the acceptance of this seductive offer of government-as-god has ruined individual initiative, destroyed personal work ethic, fostered cancerous laziness, enhanced deep poverty and impelled thoughtless obedience to government in those who have accepted it? What if the defiance inherent in the belief of government-as-god chills the exercise of personal freedoms for fear of the loss of the government’s munificence? What if government charity is really munificence with money it has taken from those who work and earn it? What if it's then given to those who don't? What if it is impossible to be truly charitable with someone else’s money?

What if Jesus came to set us free from the yoke of government oppression and the chains of personal sin? What if freedom is our birthright, given to us by the true God, not by the government-as-god? What if the true God made us in His own image and likeness? What if the most similar likeness between us mortals and the true God is freedom? What if just as God is perfectly free, so are we perfectly free? What if we have

failed to preserve freedom and have permitted governments to take it from us? What if we are not full people without full freedom?

What if the world was full of darkness before He came into it? What if there is darkness still today but yet much light? What if we recognize that He is the Light of the World? What if Christmas is the birthday of the Son of God and the Son of Mary? What if we recognize the presence of the Son of God and the Son of Mary in our hearts and among us? What if the God-as-baby whose birthday we celebrate is the Savior of the World? What if we don't mask this but live it?

What if we say with our hearts and mean with our words -- Merry Christmas?"

Andrew P. Napolitano, a former judge of the Superior Court of New Jersey, is the senior judicial analyst at Fox News Channel.

Reflection on the Apostles

I can easily conclude that Saint Peter did not suffer during his crucifixion because of the healing I have experienced from Jesus. Most likely, Jesus took Peter's life before the nails were nailed. Jesus did suffer during his crucifixion because He surrendered His power to the Father. Science has recently confirmed this idea: [Shroud Jesus was allegedly wrapped in gets scientific support](http://nypost.com/2017/07/18/shroud-jesus-was-allegedly-wrapped-in-gets-scientific-support/). The linen cloth, believed to have been used to wrap the body of Jesus after his crucifixion, contains "nanoparticles" that are not typically found in the blood of a healthy person. Elvio Carlino, a researcher at the Institute of Crystallography in Bari, Italy, says the tiny particles "have recorded a scenario of great suffering, whose victim was wrapped up in the funeral cloth." <http://nypost.com/2017/07/18/shroud-jesus-was-allegedly-wrapped-in-gets-scientific-support/>

In comparison, the apostles had a different kind of suffering rather than pain (1 Peter 4:12-19 and 2 Corinthians 4:8-10), much like I did, and it is part of Christian growth and endurance (Romans 5:3-5). The apostles suffered rejection when trying to start a church, rather than physical pain. I consider myself as one of His apostles since Jesus appeared to me when I was 7 or 8 years old, shortly after my first communion, with a message to spread visualizations. I did not understand that until later, and now I am bringing you something new. I do not suffer pain, but instead a mental illness, and it is a thorn in the flesh like Saint Paul had. Dr. Johnson told me I am gifted. However, Jesus surrendered His power to the Father and had great suffering as confirmed by the Shroud. There should be no heresy about this: Jesus did suffer. In addition, my counselor identified me as a Prophet. I have been rejected since childhood, in all the jobs I have held and all the schools I have attended. Some of it is due to jealousy of my mathematical ability, but whatever the reason, I was bullied, humiliated, beaten, and made fun of. My experience is much like what Jesus said in Luke 4:24 And he said, "Truly, I say to you, no prophet is acceptable in his hometown". This verse gives me endurance and hope. On August 23, 2018 my counselor said to me that I am a bridge between science and spirituality and a bridge between spirituality and science. I am an expression of God because I am a feedback from God, but I am not God, Jesus is God.

Comfort and prosperity have never enriched the world as much as adversity has. – Dr. Billy Graham

So be truly glad. There is wonderful joy ahead, even though you must endure many trials for a little while. - 1 Peter 1:6, NLT

It was evident from above writing that all the psychological turmoil was put on Jesus and so Christ is also a matter of Christian psychology.

Chapter 13 - Eleventh Clarification: The Evolution is Incomplete Without God

Abrupt changes exist in human creation such that the being or creature that is created from this abrupt change has an age, even though it is an abrupt age. Thus, for those species or cells, the natural age measured by carbon dating or other process is not the same as the creation age. Reference to prove this is miracles in the Bible and over 2015 years of documented evidence in miracles, as well as Chapter 8 and 9 of my “Visualize Jesus” book. In this case, in my book, the abrupt change happens to people when they visualize Jesus healing them.

One significant thing to note: it is important when praying for healing to have eye contact as well as hearing and touching the sick person to activate mirror neurons. Mirror neurons play a big role in successful prayers, visualization, and visualizing Jesus. Mirror neurons make it possible to literally feel what others feel. They are fundamental for social understanding (Pineda et al., 2009). The mirror neuron system is a foundational building block for empathy. Mirror neurons are the neural mechanism of the therapeutic alliance. Brains contain a system of neurons that fire in response to the intentional action of others, and also when we perform those same actions. These observations led to the discovery that neurons in ventral premotor cortex activate when making movement or observing movements (Gallese, Fadiga, Fogassi, & Rizzolatti, 1996). Emotional centers also have mirror-like qualities (Singer et al., 2004). Mirror Neuron Hypothesis: *There is a link between particular neurons in our own brain and other people’s actions.*

Reference:

Pineda, J.A. (ed). (2009). *Mirror neuron systems: the role of mirroring processes in social cognition*. New York: Humana

Gallese, V. Fadiga, L., Fogassi, L., & Rizzolatti, G. (1996). Action recognition in the premotor cortex. *Brain* 119, 598-609

Singer, T., Seymour, B., O’Doherty, J., Kaube, H., Dolan, R. J., & Firth, C. D. (2004). Empathy for pain involves the affective but not sensory components of pain. *Science*. 303, 1157-1162

Other references:

<https://www.newearth.media/the-top-5-medical-miracles-that-science-cant-explain-or-can-it/>

“Again, these types of occurrences are well documented throughout human history; “miracles” have happened and do happen, despite the fact that we are not able to explain them. For example, an article published in the *New England Journal of Medicine* by Dr. Jacalyn Duffin outlines how

her interest was sparked “in the vast archives of the Vatican. Step by step, she guides us through her analysis of more than 1400 miracles dating from 1588 to the present. Hampered by the wealth of records and the linguistic and paleographic difficulties they represent, this study only scratches the surface, inviting further research.” ([source](#))

The Science Behind Such Phenomena

We continue to discover new instances of such events. For example, in 1993 Brendan O’Regan and Caryle Hirshberg of the Institute of Noetic Sciences (IONS) surveyed a vast amount of medical literature. That year they found over 1,200 cases documenting what is called “spontaneous remissions.” This means unexpected, sudden, and startling cases of complete healings.

“Of those cases, 1,051 referred to spontaneous remission of cancer and 334 to other diseases. These were all instances where patients were diagnosed with X-rays, biopsies, and so on. They either refused treatment, or no treatment was available, or they were treated by methods that were available but were known to be insufficient for a cure. And all the patients fully recovered.” (1) Dean Radin, Ph.D, Chief Scientist at the Institute of Noetic Sciences.

Despite the fact that some of the scientific community will not consider this subject, it confirms that the power of healing intent cannot be dismissed. It certainly would not hurt to incorporate it into “traditional” medical practice. Healing intention has been proven scientifically to have a measurable effect when it comes to healing various diseases. You can find out more through the links below.

For scientists to say that there has been no scientific analysis of these observed, confirmed, and documented phenomena is completely ignorant, given the fact that there is a wealth of scientific literature in the public domain.”

*For some selected peer-reviewed publications on Psi research, some of which deals specifically with distant healing, you can click **HERE**.*

Some related articles that you might be interested to read:

[Scientists Observe Brain Cells While Healing Intention Is Directed Towards Them – Here’s What Happened.](#)

[10 Scientific Studies That Prove Consciousness and our Physical Material World Are Intertwined](#)

[Fascinating Study Shows Human Intention Can Help Heal Cancer Patients](#)

[The Placebo Effect: Transforming Biology With Belief](#)

[Why Placing The Science Of Consciousness In The Realm Of Pseudoscience Is Completely Absurd](#)

[Buddhist Monks Bless Tea With Good Intention – Here’s What Happened](#)

Sources:

(1) Radin, Dean, PhD. *Supernormal*. New York: Crown Publishing Group, Deepak Chopra Books, 2013

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1550198/pdf/bmjcred00586-0027.pdf>

<http://www.nejm.org/doi/full/10.1056/NEJMbprev0810816>

Take for example the miracle done by Jesus where he feeds 5,000 people, which is present in all four **canonical Gospels**: [Matthew 14:13-21](#), [Mark 6:31-44](#), [Luke 9:10-17](#) and [John 6:5-15](#).¹¹ The second miracle, "*The Feeding of the 4,000*" with seven loaves of bread and fish is reported by [Matthew 15:32-16:10](#) and [Mark 8:1-9](#), but not by Luke or John. Jesus created enough fish to feed everyone, but those fish must have had an "age" even though they were just created. In these miracles, we assume the fish has an age, and is fully grown. So, how can you make something in a short period of time that has an age? There must be time adjustment done by God.

You may decide not to believe in miracles, but I challenge you that, through Christian meditations, these abrupt changes do happen. I can speak for myself that I do feel the sensation of living water in my body when I visualize Jesus' hand healing me. I get healed by Him whether it is a cold, a pain, burned skin, an eye problem, or mental illness. In addition, I believe that this hand of Jesus can cause an abrupt change in evolution. These abrupt changes are not necessarily miracles (see footnote 2). The evolution theory will never be complete without adding the spiritual dimension. One familiar recent miracle was on the media as follows: These sources below confirm my perspective of abrupt change.

These sources below confirm my perspective that miracle do happen:

"A recent movie released on March 16, 2016, from Columbia Pictures, called MIRACLES FROM HEAVEN is based on the incredible true story of the Beam family. When Christy (Jennifer Garner) discovers her 10-year-old daughter Anna (Kylie Rogers) has a rare, incurable disease, she becomes a ferocious advocate for her daughter's healing as she searches for a solution. After Anna has a freak accident, an extraordinary miracle unfolds in the wake of her dramatic rescue that leaves medical specialists mystified, her family restored, and their community inspired."

https://www.washingtonpost.com/news/acts-of-faith/wp/2016/03/29/harvard-medical-school-professor-says-miracles-from-heaven-and-other-remarkable-cures-could-be-real/?wpmm=1&wpsrc=nl_faith

Harvard Medical School professor says 'Miracles from Heaven' and other remarkable cures could be real

By Jeffrey Rediger March 29 at 6:00 AM



Anna (Kylie Rogers) with her father, Kevin (Martin Henderson), in “Miracles from Heaven.”
(Columbia Pictures)

“When I went to see “Miracles from Heaven,” I saw more laughter, crying and applause than I’ve ever seen in a movie theater. Clearly, this new movie — the real-life story of a young girl, suffering from an incurable illness, who was inexplicably healed after a nearly fatal accident — touches a chord, at least in the theater in Boston where I saw it.

To doctors, events like the story that this girl’s mother (played in the film by Jennifer Garner) recounted in her memoir are impossible to explain. Scientists call them “spontaneous remission” or “placebo responses.”

Religious people generally use a different word: “miracle.”

I’m trained in both medicine and theology. I’ve been investigating the medical evidence in stories like these since 2003. And I can say unequivocally that much of physical reality, remarkable as it may sound, is created in our minds.

[The Post’s review: ‘Miracles from Heaven’ could have been a 30-second TV commercial]

I do not believe that we can think ourselves into health. But I do believe that principles of mind and spirit exist that we have not even begun to scientifically map in the West, and that we should be doing so.

Think of it this way: Two people can sit on a park bench together, and yet live in very different worlds. One person can be living in hell, with a turbulent, frightened inner world, noticing and

experiencing an outer world full of violence and pain. The other person, sitting right next to him, may be living in a completely different universe, full of love, connection and beauty.

Those people might have totally different medical outcomes, influenced solely by the way they see the world.

It's amazing to me that in the history of medicine we have never studied the people who beat the odds and find a path to health after being told that their illness is incurable or that they are going to die. You would think that these are the people that we would most want to study, that perhaps they found golden keys to health and vitality that we would want to understand. Certainly, it's true that if I wanted to become a great athlete I would study Michael Jordan or Serena Williams. But in medicine we have too long ignored or dismissed people with remarkable recoveries.

[\[How Mother Angelica fought through pain to become a female broadcasting titan\]](#)

I have listened to more than 100 of these remarkably cured individuals, despite the fact that in medical school, I was taught that reports of spontaneous remission are rare, “anecdotes” and “flukes” from which nothing can be learned.

That assumption appears to be wrong. In my studies of more than 100 people with medical evidence for recovery from incurable illness, the similarity in their paths suggests to me identifiable mental and spiritual principles associated with their recoveries.

[Take Claire Haser, for example.](#) She said she was diagnosed in 2008 by biopsy with adenocarcinoma of the pancreas, a brutal form of cancer. Without surgery at an early stage, it is essentially a death sentence. Radiation and chemotherapy can delay death, but only briefly.

Haser was told that she was going to die. She values science highly and has a long history of pursuing the best that traditional medicine can offer. After much consideration, however, she said that she knew at a deep level that she needed to not chase a cure but rather to change her relationship with fear.

Five years after deciding not to go through cancer treatment, Haser had an abdominal CT for unrelated reasons. It turned out, she said, that her cancer was gone.

[\[Hope gave me children and cured my cancer. Now I'm in Iraq, praying for the same healing here.\]](#)

Haser did the same thing that I see over and over in these remarkable patients. She faced her fears and at a deep level changed her relationship with herself.

To move through fear and self-criticism in a way that genuinely changes how one relates to the world, to change not just one's thoughts, but one's experience and perception — that is a major feat, whether done as an adult or a child, and whether that process occurs in 10 minutes or 10 years.

As for Anna, the subject of “Miracles from Heaven,” I have not reviewed the medical evidence for myself nor spoken with her doctors, but the diagnosis does appear to have been made very carefully, after multiple tests and evaluations. And the medical evidence, and the psychological pattern that one typically finds after such remarkable recoveries, appear to support her story as well.

I believe Anna. But I disagree with one common viewpoint that the movie espouses. At the very beginning, it defines a “miracle” as a contradiction of natural law.

I believe that miracles only contradict what we know of nature at this point in time. Modern physics is, for example, way ahead of traditional science, and its implications have not been fully incorporated into its perspectives and methods yet. So I believe that miracles actually are consistent with mental and spiritual laws that we are only beginning to study. This is the only way I can understand the similarities among all those with remarkable recoveries whom I have been interviewing.

[\[The world saw Pope Francis bless a boy with cerebral palsy. Here's what we didn't see.\]](#)

From whatever perspective you look at it — from the standpoint of Eastern philosophy or of modern physics, from my personal training as a scientist or as a theologian — you see a deeper relationship between the mind and physical reality.

As Scripture says, the Kingdom of Heaven is within and at hand — as near as our souls are to our bodies. Life really is a matter of perception. Perception changes experience, even perhaps to the point of changing physical bodies.

Anna may have experienced a piece of heaven. The astonishing medical evidence suggests her body changed to match her inner experience.”

[Jeffrey D. Rediger](#) is an instructor in psychiatry at Harvard Medical School. A medical doctor, he also earned a master's degree in divinity from Princeton Theological Seminary.

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[A South Carolina bill would hold churches liable for crimes committed by refugees they resettle](#)

Thus, a miracle can be an internal abrupt change, or it can be external, as in parting the Red Sea. This second abrupt change, which is external, happens in the environment through events such as natural disasters, global warming, asteroids, volcanoes, and

earthquakes. These major incidents can cause extinction of species, such as the dinosaurs, or change in behavior and what we eat and drink. So, it is hard evidence that it has happened in the evolution, so it is extended from healing the human body to a biological abrupt change in the species. This suggests that evolution can be a series of abrupt changes and not necessarily only continuous or gradual, and the perceived age through carbon dating or other processes are not reliable, since evolution is both continuous and interrupted by abrupt changes. For example, a new species that happened because of an abrupt change through a miracle would have an older age even though in reality it has a much younger age. In miracles of healing, it happens such that the new cells in the body have the age of the person, even though they happened in a short period of time, so the natural age measured by carbon dating is not the same as the created age, which has happened in a short period of time. We can then attribute this phenomenon to God because the question is: where did that power and energy come from?

This also happens when a wound is healed naturally. The natural tendency of the new tissues, produced by the body, match the age of the person even though it happened in the past year or two; therefore, we can see it as a natural miracle. When you do a carbon dating on the new tissue, is its age that of the person – 20, 30, 40 years old – or is it only one or two years? This needs to be verified because carbon dating has errors. I assume older people make older flesh. So, it is a natural miracle: how do you make something new, but it is also old? I asked my doctor and he said older people make older flesh.

“The repair of damaged cells and tissue takes place by regeneration in which structures are replaced by a proliferation of similar cells, such as happens with skin and bone; and by formation of a scar, consisting of fibrous structures with some degree of contraction. Since most wounds extend to more than one type of tissue, complete regeneration is impossible; therefore, scar formation is an expected outcome of wound healing. Newly forming blood vessels and nerve fibers infiltrate this tissue.” From <https://medical-dictionary.thefreedictionary.com/Woundless>

The human body produces new cells every day, but do they have to be the same age of the person? If not, then why do we age? The rate of blood cell formation varies depending on the individual, but a typical production might average 200,000,000,000 red cells per day, 10,000,000,000 white cells per day, and 400,000,000,000 platelets per day. This is maybe a strong indication that the new tissue generated in a wound has the same age as the person.

The fact about miracles proves there is a silent force at work in the universe, at least when it comes to healing. The question is: from where did this power and energy come? The energy of the new cells due to healing is $E=mc^2$ – it is a lot of energy, and the brain or the body cannot produce that energy instantly. As a Harvard Medical School professor says, “I do not believe that we can think ourselves into health” (see article above about the film “Miracles from Heaven”). This leads us to ask, from where did it come? If the brain has

the capability to create new cells abruptly to overcome diseases, then it should be able to do it all the time. However, that is not the reality for everyone: not everyone is healed because of a miracle. A wound can be healed by new tissue and that was not a result of a thought in the brain or faith, it is simple biology for all human and animals and it happens to everybody. The body orchestrates a complex cascade of events designed to heal wounds, big and small. The source below orchestrates the process of wound healing:

http://www.hopkinsmedicine.org/healthlibrary/conditions/surgical_care/how_wounds_heal_134,143/

“The basic steps of wound healing are:

1. **Stopping the bleeding (hemostasis).** When your skin is cut, scraped, or punctured, you usually begin to bleed. Within minutes or even seconds, unless you have a bleeding disorder, blood cells begin to clump together and clot, protecting the wound and preventing further blood loss. These clots, which turn into scabs as they dry, are created by a type of blood cell called a platelet. The clot also contains a protein called fibrin, which forms a net to hold the clot in place.
2. **Inflammation.** Once the wound is closed with a clot, the blood vessels can open a bit to allow fresh nutrients and oxygen into the wound for healing. Blood-borne oxygen is essential for healing. The right balance of oxygen is also important — too much or too little and the wound won't heal correctly. Another type of blood cell, a white blood cell called a macrophage, takes on the role of wound protector. This cell fights infection and oversees the repair process. You might see some clear fluid on or around the cut at this time. That is helping clean out the wound. Macrophages also produce chemical messengers, called growth factors, which help repair the wound.
3. **Growth and rebuilding.** Blood cells, including oxygen-rich red blood cells, arrive to help build new tissue. Chemical signals instruct cells to create collagen, which serves as a type of scaffolding, and other tissues to begin the repair process. Occasionally, you see the result of this process as a scar that starts out red and eventually dulls.
4. **Strengthening.** Over time, the new tissue gets stronger. You might notice stretching, itching, and even puckering of the wound as that happens. Within 3 months, the wound is almost as strong in its repair as it was before the trauma. The entire healing process might take a couple of years to complete.

Interrupted wound healing

The process seems simple enough, but wound healing is actually quite complicated and involves a long series of chemical signals. Certain factors can slow or prevent healing entirely.

One of the most dramatic factors is reduced or inadequate blood supply to the wound. The oxygen and nutrients that new blood carries to the wound are essential to successful healing. A wound that is not getting enough blood could take at least twice as long to heal, if it heals at all. By some estimates, as many as 6.5 million people in the United States suffer with wounds that

are not healing well. These are called chronic wounds, which are more common in elderly people or people with diabetes, high blood pressure, obesity, or other vascular disease.”

Most curable diseases are cured through (positive) negative feedback to the human system, whether the feedback is medicine, chemotherapy, or surgery; they are not necessarily cured by God. It could be from God, however, if God inspired the scientist to discover the medicine and there were prayers during surgery. However, it is considered a natural miracle, because the body healed itself through the help of a feedback and not a thought or faith, such as believing in God or through prayers.

So, in a miracle, this power and energy has to be attributed to God because it is supernatural. There is a clear difference between a natural miracle and a miracle by God. For one thing, in the natural healing of a wound, there is a scar left over. Also, healing by God happens much more quickly. How does a thought or faith, such as believing in God, cause physical change? In a natural miracle, there is enough time to produce the healing energy. The time domain and the energy are not the same between them; in the miracle from God, they are supernatural.

**Some scientists and evolutionists believe that miracles break the law of physics and, therefore, they say that they do not happen. However, who says that time is constant and cannot be changed? There is no law of physics that indicates that time is constant; it is an assumption and something we perceive, but we cannot prove it concretely. Secondly, from where did the energy created in the big bang come? It came from nothing, which was created by God. Therefore, why cannot God also add energy from nothing when it comes to a miracle? It has happened before, in the origin of the universe. If a scientist argues that adding energy will cause instability in the universe, then why could God not subtract energy from somewhere else and keep the universe stable? How can we truly know?
Reference on time change:**

<https://answersingenesis.org/astronomy/starlight/does-distant-starlight-prove-the-universe-is-old/>

<https://answersingenesis.org/astronomy/starlight/does-distant-starlight-prove-the-universe-is-old/>

https://en.wikipedia.org/wiki/Russell_Humphreys

<http://www.icr.org/article/seven-years-starlight-time/>

http://www.conservapedia.com/Starlight_problem

<http://www.icr.org/article/evolution-creation-public-schools/>

On the other hand, we are a creation that evolves, especially in the evolution of thoughts; however, there are also abrupt changes in thought throughout history in art, science, and spirituality. Examples of people who introduced abrupt changes in thought include: Jesus Christ, the Apostles, the Prophets, Martin Luther, the authors of the US Constitution, Plato, Socrates, [Alexander Fleming](#), Alexander Graham Bell, Leonardo da Vinci, Michelangelo, Pablo Picasso, Thomas Alva Edison, and Sir Isaac Newton. There have also been sudden inventions like the computer and the wheel. In addition to breakthroughs, I was talking to a pharmaceutical research person and he said that most drugs are discovered by accident or serendipity. I then talked to a pharmaceutical researcher from Japan who confirmed this statement. We may also be on the verge of the possibility that we will have a medical breakthrough in figuring out the brain and effectively eliminate all diseases. This situation would definitely qualify as an abrupt change, disrupting the evolutionary process that was based on Darwin's theories. So, both propositions are to happen simultaneously (e.g. abrupt change and gradual change) because thoughts can cause physical change as in behavior and what we eat and drink, how we live and communicate, and how we approach transportation, transformation, and healing (medicine). These abrupt changes in general can be viewed as miracles when considering the short duration of them happening in comparison to the evolution time domain. Consequently, and most likely, God's hand or His Spirit was involved.

These sources below confirm my perspective that abrupt changes happened in history:

30 inventions that changed the world forever

<http://www.msn.com/en-us/money/technology/30-inventions-that-changed-the-world-forever/ss-AAm0QZp?li=BBnb7Kz>

- 1- The sailboat – Ancient Mesopotamia, 6000 BC
- 2- The wheel – Unknown, 4000-3500 BC
- 3- The nail – Ancient Egypt, 3400 BC
- 4- Soap – Ancient Mesopotamia, 2800 BC
- 5- The abacus – Ancient Mesopotamia, 2700 BC
- 6- The compass – China, 206 BC
- 7- Paper – China, 105 BC
- 8- Gunpowder – China, 142
- 9- The mechanical clock – China, 725
- 10- The printing press – Holy Roman Empire, 1440
- 11- The thermometer – Republic of Venice, 1612
- 12- The modern steam engine – England, 1698
- 13- The refrigerator – Scotland, 1755
- 14- The computer – England, early 19th century
- 15- The electric telegraph – England, 1816

- 16- Photography – France, 1816
- 17- Modern anesthesia – USA, 1842
- 18- Modern oil refining – Scotland, 1848
- 19- The internal combustion engine – France, 1859
- 20- The telephone – USA/Canada, 1876
- 21- The light bulb – USA, 1879
- 22- The car – Germany, 1886
- 23- The radio – Italy, 1895
- 24- The airplane – USA, 1903
- 25- Modern air conditioning – USA, 1902
- 26- Penicillin – England, 1928
- 27- The transistor – USA, 1947
- 28- The contraceptive pill – USA, 1950s
- 29- The cell phone – USA, 1973
- 30- The World Wide Web – Switzerland, 1989

Other inventions:

Roman concrete 25 BC Concrete Portland cement 1824

Electronic Television US 1927

A recent abrupt change related to global warming:

Scientists Accidentally Discover Efficient Process to Turn CO₂ Into Ethanol

The process is cheap, efficient, and scalable, meaning it could soon be used to remove large amounts of CO₂ from the atmosphere.

Most Popular



Getty Space Images



By [Avery Thompson](#)
Oct 17, 2016

<http://www.popularmechanics.com/science/green-tech/a23417/convert-co2-into-ethanol/>

“Scientists at the Oak Ridge National Laboratory in Tennessee have [discovered a chemical reaction](#) to turn CO₂ into ethanol, potentially creating a new technology to help avert climate change. Their findings were [published in the journal *ChemistrySelect*](#).”

The researchers were attempting to find a series of chemical reactions that could turn CO₂ into a useful fuel, when they realized the first step in their process managed to do it all by itself. The reaction turns CO₂ into ethanol, which could in turn be used to power generators and vehicles.”

Scientists Accidentally Found a Great New Way to Convert CO₂ into Ethanol 2

Aaron Brown, The Drive 21 hours ago

<https://www.yahoo.com/news/scientists-accidentally-found-great-way-161618296.html>

Scientists Discover Method To Turn CO₂ Into Ethanol, Reports Say

October 19, 2016 10:07 AM

Filed Under: [Climate Change](#), [Ethanol](#)

<http://minnesota.cbslocal.com/2016/10/19/scientists-turn-co2-into-ethanol/>

Scientists Accidentally Discover Method to Turn Carbon Dioxide Into Ethanol

<http://time.com/4536708/carbon-dioxide-ethanol/>

Scientists just accidentally figured out how to turn CO₂ into fuel in a breakthrough study

<http://finance.yahoo.com/news/scientists-just-accidentally-figured-turn-150000672.html>

Scientists Accidentally Discovered an Efficient Process to Turn CO₂ Into Ethanol

Whoops! Figured out how to help revert climate change!

MOST POPULAR



SPACE IMAGES

BY AVERY THOMPSON

NOV 17, 2016

<http://www.esquire.com/news-politics/news/a50804/convert-co2-into-ethanol/>

Other reference:

Jan 10, 2017 @ 08:01 PM 2,327 views [The Little Black Book of Billionaire Secrets](#)

Crazy Carbon Crystals And More New Ways To Fight Climate Change



Eric Mack ,

Contributor

<http://www.forbes.com/sites/ericmack/2017/01/10/crazy-carbon-crystals-could-combat-climate-change/#2154c8116382>

Tenn. lab discovers method to remove carbon from air

USA Today Network Andrew Capps, Knoxville (Tenn.) News Sentinel 12:44 p.m. ET Jan. 11, 2017

<http://www.usatoday.com/story/news/nation-now/2017/01/11/tennessee-lab-discovers-method-remove-carbon-air/96446894/>

Study uses sunlight to change carbon dioxide into ethanol

SEP 25, 2017 - REUTERS - 3D ANIMATIONS (NEXT MEDIA)

<http://www.wow.com/video/59c891b6e0fa175fe03b4c7c>

Scientists use sunlight to turn CO₂ into water and ethanol

The process is known as artificial photosynthesis and it could help reduce the amount of carbon dioxide in the air.

2017/09/25

“BERKELEY, CALIFORNIA — Scientists at the Berkeley Lab in California have developed technology that can convert carbon dioxide into ethanol using sunlight.

The research was published in the journal, Energy & Environmental Science. The study employed low amounts of solar energy in a copper-silver nanocoral cathode to produce the ethanol.

"Reducing CO₂ to a hydrocarbon end product like ethanol or ethylene can take up to 5 volts, start to finish," explained the study's lead author Gurudayal in a Berkeley Lab news release. "Our system reduced that by half while maintaining the selectivity of products."

Xprize finalists to test CO₂ recycling ideas in factories

<https://www.yahoo.com/finance/news/xprize-finalists-test-co2-recycling-143000137.html>

<http://us.tomonews.com/scientists-use-sunlight-to-turn-co2-into-water-and-ethanol-3448706>

Researchers create instant hydrogen from water and aluminum

engadget

Swapna Krishna, Engadget 1 hour 1 minute ago, August 4, 2017

<https://www.yahoo.com/finance/news/researchers-create-instant-hydrogen-water-192300980.html>

Researchers Announce Nuclear Fusion Breakthrough
August 27, 2017

<https://www.yahoo.com/finance/news/researchers-announce-nuclear-fusion-breakthrough-170000688.html>

10 Awesome Accidental Discoveries

Oops.

By [Darren Orf](#)

Jun 27, 2013

578

<http://www.popularmechanics.com/science/health/g1216/10-awesome-accidental-discoveries/?zoomable>

Other reference:

FEATURE

PHYSICAL SCIENCES

3 MAY 2016

Six physics equations that changed the course of history

<https://cosmosmagazine.com/physical-sciences/six-physics-equations-changed-course-history>

A reference in how our thoughts, behavior and mental health affect the genes for many generations:

From the book “Change your Brain Change your Life” by Daniel G. Amen, M.D. page 40 and p168

“But it’s not about you...It’s about generations of you.”

A new field of genetics, called epigenetics, has grown up in the last twenty years. Epigenetic means “above or on top of the genes,” and refers to the recent discovery that your habits and

emotions can impact your biology so deeply that it causes changes in the genes that are transmitted to the next several generations. It is these epigenetic “mark” that tell your genes to switch on or off or express themselves loudly or softly. It is through epigenetics that immediate environmental factors like diet, stress, toxins, and prenatal nutrition can affect the genes that are passed to your offspring and beyond.

It is not just about you, it is about generations of you. For instance, a 2006 study showed that boys who started smoking cigarettes before puberty (say, at age eleven or twelve) increased the risk of obesity in their children (22). This means that a dumb decision at age eleven can cause disastrous results for later generations. And obesity is just the beginning. Some researchers believe that epigenetics holds the key to understanding certain cancers (23-25), forms of dementia (26, 27), schizophrenia (28, 29), autism (30), obesity (31), and diabetes (32, 33). Clearly, your behavior matters beyond yourself and is an important reason to get healthy now.”

From p168

Sp – Consider Whether the Anxiety is from Another Generation

“In fascinating but disturbing new research, fear has been shown to be passed down through generations. Perhaps you’re afraid of something and have absolutely no idea why. The researchers Brian Dias and Kerry Ressler from Emory University (135) made mice afraid of cherry blossom scent by shocking them whenever the smell was in the air. This is called classical fear conditioning. Even more startling, the researchers also found that the children and grandchildren of the mice were also afraid of the scent of cherry blossoms, even though they were never exposed to the shocks. The fear was actually transmitted generationally, through a concept called epigenetics. The implications of this finding are wide-reaching. Emotions like fear, anxiety, and maybe even hatred may have ancestral origins. If you are afraid of something and have no idea why go back through your genealogy and look for any clues that might explain the fear (which may actually have nothing to do with your experience). Prior-generation stress has also been associated with depression, antisocial behavior, and memory impairment. Fortunately, it seems that stress in your ancestors can go both ways. Another study published in the journal Nature Communications suggested prior-generation stress can help animals learn to better cope with stress (136).”

<https://en.wikipedia.org/wiki/Epigenetics>

Reference on **nongenetics**

Moms can transmit psychiatric trouble to kids, according to study

May 16, 2016 by Jamie Kass

<http://medicalxpress.com/news/2016-05-moms-transmit-psychiatric-kids.html>

Isn't our genetic legacy hardwired?

“From Mendel and Darwin in the 19th century to Watson and Crick in the 20th, scientists have shown that chromosomes passed from parent to child form a genetic blueprint for development. But in a quiet scientific revolution, researchers have in recent years come to realize that genes aren't a fixed, predetermined program simply passed from one generation to the next. Instead, genes can be turned on and off by experiences and environment. What we eat, how much stress we undergo, and what toxins we're exposed to can all alter the genetic legacy we pass on to our children and even grandchildren. In this new science of "epigenetics," researchers are exploring how nature and nurture combine to cause behavior, traits, and illnesses that genes alone can't explain, ranging from sexual orientation to autism to cancer. "We were all brought up to think the genome was it," said Rockefeller University molecular biologist C. David Allis. "It's really been a watershed in understanding that there is something beyond the genome."

... Darwin vs. Lamarck

Before Darwin laid out the principles of natural selection in *On the Origin of Species*, an 18th-century French naturalist, Jean-Baptiste Lamarck, proposed a very different theory of evolution. Organisms, he thought, could pass on traits they'd acquired over their lifetime. Lamarckism — typified by the (incorrect) idea that giraffes have long necks because they're constantly stretching them to reach high leaves — faced ridicule after Darwinism took hold. At the turn of the 20th century, August Weismann debunked the theory by chopping off the tails of mice to prove that their pups would not inherit their taillessness. But even though "Darwin was 100 percent right" about how creatures evolve, said Swiss bioengineer Renato Paro, epigenetics suggests that the Frenchman may have been on to something after all. "Passing on gained characteristics," he said, "fits more to Lamarck's theory of evolution."”

<http://theweek.com/articles/468627/epigenetics-how-experiences-affect-offspring>

Also, Dr. Amen believes that only 20-30% of our genes is genes inherited from thousands of years ago, and that the rest is epigenetics, as in Lamarck’s theory. In reality, it is hard to tell. Research has also found that our DNA changes as we get older (Reference http://genetics.thetech.org/original_news/news91), so what is passed on to the next generation? The passing on of genes become very complicated; is God not in the midst of it all, and therefore it becomes His choice? If God does not exist, then the human species becomes a chaotic being, which is opposed to what I confirmed in the first clarification. There is no algorithm or program to evolution because of the internal and external abrupt changes in our ancestor’s life, and in our current life; if there is an algorithm, then only God knows it. So, everyone is truly unique. Even when cloning is used, the epigenetics as well as the genes used, and at what age, would make a cloned creature into a different species; they would not be the same as the original creature at birth.

So, an abrupt thought you can have right now is “get healthy now,” based on the abrupt discovery of epigenetics. Because twenty years of research on epigenetics is a very short period of time, it can be considered abrupt. That is how it has been working throughout human history. So, the evolution of genes is both gradual and abrupt, because of epigenetics. It can be concluded that meditations and prayers can trigger epigenetics and resolve fear. My reason is the discovery of epigenetics was found on mice fearing an electric shock and gave the fear to the descendance.

Spirituality can cause abrupt change, possibly in the genes, affecting generations. From the bible we have:

Psalm 112

1 Praise the LORD. Blessed are those who fear the LORD, who find great delight in his commands.

2 Their children will be mighty in the land; the generation of the upright will be blessed.

3 Wealth and riches are in their houses, and their righteousness endures forever.

4 Even in darkness light dawns for the upright, for those who are gracious and compassionate and righteous.

5 Good will come to those who are generous and lend freely, who conduct their affairs with justice.

6 Surely the righteous will never be shaken; they will be remembered forever.

7 They will have no fear of bad news; their hearts are steadfast, trusting in the LORD.

8 Their hearts are secure, they will have no fear; in the end they will look in triumph on their foes.

9 They have freely scattered their gifts to the poor, their righteousness endures forever; their horn will be lifted high in honor.

10 The wicked will see and be vexed, they will gnash their teeth and waste away; the longings of the wicked will come to nothing.

Deuteronomy 30:15-20 (RSV)

¹⁵ “See, I have set before you this day life and good, death and evil. ¹⁶ If you obey the commandments of the LORD your God^[a] which I command you this day, by loving the LORD your God, by walking in his ways, and by keeping his commandments and his statutes and his ordinances, then you shall live and multiply, and the LORD your God will bless you in the land which you are entering to take possession of it. ¹⁷ But if your heart turns away, and you will not hear, but are drawn away to worship other gods and serve them, ¹⁸ I declare to you this day, that you shall perish; you shall not live long in the land which you are going over the Jordan to enter and possess. ¹⁹ I call heaven and earth to witness against you this day, that I have set before you life and death, blessing and curse; therefore choose life, that you and your descendants may live, ²⁰ loving the LORD your God, obeying his voice, and cleaving to him; for that means life to you

and length of days, that you may dwell in the land which the LORD swore to your fathers, to Abraham, to Isaac, and to Jacob, to give them.”

Numbers 14:18

'The LORD is slow to anger and abundant in lovingkindness, forgiving iniquity and transgression; but He will by no means clear the guilty, visiting the iniquity of the fathers on the children to the third and the fourth generations.'

Mark 8:38

"For whoever is ashamed of Me and My words in this adulterous and sinful generation, the Son of Man will also be ashamed of him when He comes in the glory of His Father with the holy angels."

From the web:

“Blessings produce good, beneficial results and enable us to succeed. Blessings are mentioned 640 times in the Bible. Curses produce bad and harmful results and enable us to fail. Generational blessing and/or curses are not limited to the individual, but extend to families, tribes, communities or whole nations. Once they are released, they continue from generation-to-generation.... until something happens to cancel their effects.”

It is important to note that, more often than not, abrupt change in thought happens after the philosopher, artist, scientist, or discoverer who pioneered a new way dies. Such was the case with Jesus Christ, and with him, the change in thought was not gradual. So, the question is, what species became human? It would be the species that had two-way conversations with God, which first happened with Adam and Eve. That change had to be abrupt, and the species must have gained a new brain. Before Adam and Eve spoke with God, it is possible that the species was just an animal. Obviously, that is why we are cousins to animals and have inherited some common characteristics. Conversely, the new species could have been created from dirt, just like the universe was created with the Big Bang, and our relation to animals was God’s plan. So, one can connect Adam and Eve to the beginning of spiritualism, when God created the human soul and spirit.

To repeat, this dissertation is about restoring or repairing the two-way communication between God and people through Jesus Christ; this process will become clear through the success of my experiments using Christian meditations. This two-way communication is the primary difference between humans and animals. Animals¹⁶ appear to live in peace when there is no need to fight for food or sex. They do not need to pray and communicate with God; or, if they do, it is not as apparent as it is with humans. Animals’ impact on creation is minimal in comparison to humans, and they also live in the moment. Christian

¹⁶ Animals don’t pray, and they don’t cook or play the guitar.

meditation can be used as a vehicle to restore or repair the two-way communication between God and people.

I propose three hypotheses about the generations of people who came after Adam and Eve:

1. The Bible did not tell the whole story of Adam and Eve; there was some omissions. Eve must have had daughters, and Cain and Able married their sisters. As we know, the genes were different, and we know the Pharos married their sisters. So, it was common back then to have children from sisters.
2. God created more than one Adam and Eve, and they all have sinned and wanted to be God.
3. Cain and Able married women from non-human species: the species that existed before the abrupt change in the brain was induced by God to make them become human.

To assess these three hypotheses:

One: this hypothesis is more likely true. Two: why would God do that? His nature is to create once, not twice, as per the first law of physics; if He knows they are all going to sin, why would He take the risk, as the Garden is not made for many people? Three: this scenario is not likely because why would there be an attraction between species?

The writer of Genesis emphasizes that we are all descendants of Cain, the evil one. I think for generations after Cain, there are a lot of people like Able, including Abraham. It is possible that Able had kids. I think the story has been handed down for generations and was altered or shortened. However, it is also likely that Able never had kids, and we are descendants of Cain. It is left to the reader to fill in the blanks. In any case, I believe for example Abraham is the new Able. So, there may be something unclear in the Old Testament of the Bible. Regarding the New Testament, it is probably accurate and has no alterations or omissions in it because the early church has chanted the bible for years and when it was written, it was accurate.

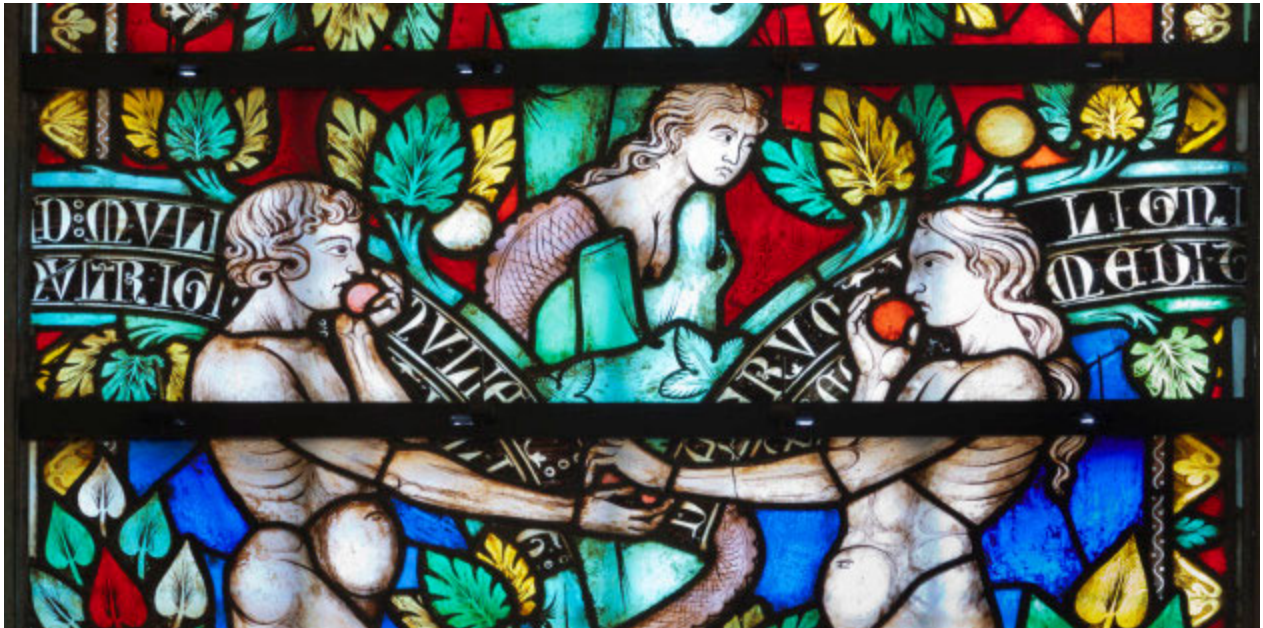
These sources below confirm the perspective on Adam and Eve:

Adam, Eve, and the Amazing Clarity of C. S. Lewis

08/22/2016 01:28 pm ET | **Updated** 1 day ago

http://www.huffingtonpost.com/greg-cootsona/following-the-amazing-cla_b_11598564.html

Greg Cootsona_writer and speaker on faith, science & culture



TRAMONT_ANA VIA GETTY IMAGES

“I, as a pastor of an evangelical and Anabaptist church, think it vitally important that we *not* put forth the historicity of Adam as a matter that is essential to Christian faith.”

“The fact is, dogmatism on this point would have tragically barred C.S. Lewis, myself, and a multitude of others from the life-giving kingdom.”

Greg Boyd

“According to a [2012 Pew Report](#), many Christians do not believe that human beings evolved: “A majority of white evangelical Protestants (64%) and half of black Protestants (50%) say that humans have existed in their present form since the beginning of time.” One reason seems to be for those who take the Bible seriously as a divine revelation, human evolution is hard to square with a literal Adam and Eve (By the way, too many discussions leave out the Eve part here, but I think she’s important.).

So a lot of people would rather chuck evolution than the first two humans.

But can you do both? Can you be what C. S. Lewis described as a “mere Christian” and believe in human evolution? Put another way: Christians believe that Adam is an archetype of all

humankind and a type of Christ—thus Adam is “typological”—but does he also have to be historical?

Many decide that, instead of a literal Adam and Eve, we have to adopt the perspective that these two are typological or paradigmatic of the human condition but did not exist historically. Thus, Yes to typology and No to history.”

....

Back to Lewis, who wrote in *The Problem of Pain*,

“For long centuries, God perfected the animal form which was to become the vehicle of humanity and the image of himself.”

C.S. Lewis

In other words, God implanted a divine consciousness on those early hominins, but

“we do not know how many of these creatures God made, nor how long they continued in the Paradisal state. But sooner or later they fell.... They wanted, as we say, to ‘call their souls their own.’ But that means to live a lie, for our souls are not, in fact, our own.”

C.S. Lewis

....

“This perspective lines up easily with modern science. For example, it correlates well with modern [population genetics](#). It also squares with Christian faith as it has existed through time, what Lewis called “mere Christianity.” Thus, for this position—and for sure for Lewis, who was very clear on this—we need the Redeemer, who was an historical figure, who died on a cross under a particular Roman procurator, Pontius Pilate, and who rose bodily from the dead. I.e., the life and work of Christ is historical, and it is the kind of faith that can declare (if we can pardon a bit of masculine language, which was part of the 1950s when it was written),”

“The Son of God became a man to enable men to become sons of God.” C.S. Lewis

“With quotes like that, it’s hard to argue that, when we see Adam and Eve as paradigms for humanity, we’re going to abandon the Christian faith.

But there’s another school of thought that looks at Adam and Eve and answers Yes to both typology and history, while taking modern science quite seriously. This is the position that theologian Greg Boyd arrived at, even though he defends and sees the wise clarity of Lewis. And that’s the topic of the next post.”

Let your roots grow down deeply in Him and let Him build you up on a firm foundation. Be strong in the faith, just as you were taught, and always spill over with thankfulness. – [Colossians 2:7](#)

The theory of evolution must include miracles and spiritual dimensions, they cannot be ignored. Starting with the big bang, there may be an effect on all living creature that have a mind. It causes an instant creation or change in time. We have always been spiritual creatures, and one would have to work very hard to kill this tendency. For living organisms, the change happened because of God. The other evidence is that the universe works in cycles. Some interruptions happen because of meteors, or from different weather and conditions, none of which are gradual: these are abrupt changes. Evolution cannot explain the origin of irreducibly complex biological organisms: it has to be abrupt change, which can be seen as a miracle. One example of the irreducible complexity concept is that we cannot have a heart, then a brain, then a liver, and so on. They all have to come at once. If we are such organisms, then there must be more to how we got here than gradual evolution; therefore, it must be abrupt changes in the universe timeline. I realize that this is a direct attack on humanistic psychology that base everything on natural reason. I know that this concept may upset many evolutionists. However, the reality is, they made human psychology into religion for lack of scientific proofs in the laboratory and based everything on natural means that everything is hardwired, with no spiritual dimension. From Darwin's perspective, the performance of specific instincts can be causally linked to increased survival and reproduction by the individuals performing them. Or, are there miracles, whether they are natural or by God, that affect the trigger for survival?

I believe that what happens in evolution, what causes species to evolve, is an abrupt change by God, similar to miracles; I do not believe that natural selection alone can cause a new species to develop. Thus, just as evolution has an incomplete theory of natural selection, this new theory has some proof. I do agree that our genes are affected by our ancestors and that we have instincts, but we can overcome some of it before it is passed on. Darwin proposed that there are three basic processes required for evolution to take place:

1. Although Darwin did not fully understand how it happens, he knew that there must be some way for inheritability to occur, for genetic material to be passed down through successive generations.
2. There must be variation (through mutation or sexual reproduction) in the genetic process.
3. There must be selection of some sort, such as natural selection.

So, the third requirement by Darwin is in question. Is the theory of survivorship of computation a natural choice or God's choice? Evolution postulates that this process of natural selection was repeated, and the organisms developed on an upward curve: each round of mutations introduced better organisms, and each round of competition killed off the weaker organisms. What is missing in the natural selection theory is that it is not only a gradual process. There are also internal and external abrupt changes in the human species. What really happens at this point of abrupt change is instability, and it is stabilized by an abrupt change by God through His pure (positive) negative feedback. And that is not an accident, but creationism. What Darwin is saying does not make sense: we cannot force ourselves into another species or a higher species based on survivorship. That can only be

allowed by the Creator. Darwin did not leave room for the spirit of God. Quoting Jesus about survivorship: Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'" Matthew 4:4. Also from Isaiah, "Incline your ear, and come to me; listen, so that you may live." Isaiah 55:1-5. Also, from Matthew, "But when the crowds heard it, they followed him on foot from the towns." Matthew 14:13-21 (There were 5000 people).

It is clear the reasons why time, chance, and natural selection cannot explain the wonder of life. The first law of physics in the first clarification shows that there is nothing at random or chance, and that obliterates Darwin's theory. We are not here by chance; we are part of a plan. Darwin did not witness the industrial revolution, which is definitely an abrupt change in humans, and maybe some animals, including the thought process and the way we live. If Darwin knew of this abrupt change, he would not call it gradual. One example is how current technology has made typing on computers mandatory for most people, forcing evolution to accommodate for carpal tunnel; this is a very abrupt change. I do not think it takes thousands of years to strengthen a muscle; humans adjust very quickly in comparison to animals. With epigenetics, it would take three generations for our genes to adjust, and we would then have new genes. This is far shorter and more abrupt than the Darwin timeline.

Another example of abrupt change is learning to drive cars and be alert for accidents. You can also see the effect that cell phone communication has had on the human spirit. In addition, the effect of watching television has enhanced our knowledge of the world around us and has changed the time we spend with our families. Our children live in a different world than that of the Darwinism of the 1800s; they spend most of their time on computer games. Both parents often work, and retirement age is constantly extended. We may look at these behaviors not as evolution, but as degeneration, as explained in Chapter 8 of my book "Visualize Jesus: Ten Ways to Christian Meditation". Eventually, it is going to lead to a crisis. All these examples, and more, are related to the abrupt change caused by the industrial revolution. His focus was on the survival of animals hunting for food. Based on Jesus (e.g. men don't live by bread alone), Darwin's evolutionary theory possibly applies only for animals. However, humans figured out food source supply and agriculture a long time ago. Therefore, we do not need to run fast or have strong jaws to eat food. What is happening to human evolution is gradual and abrupt and food and God has something to do with it. It is possible that there will be a future abrupt change where the brain will be figured out, and all diseases will be eliminated. This does not mean there will not be human suffering, and that is left to Jesus. It can be concluded that human behavior will always be degenerative unless we turn to Jesus. If we look at meditation as a resource we can experience small changes for the better.

A series of small abrupt changes in thought and in the body can be experienced during or after Christian meditation due to hearing voices related to every word that comes from the

mouth of God.'" Mathew 4:4. Tiny cues, which many experience unconsciously, trigger responses in our bodies.

Also, the loving voice we hear during our lives, as discussed in chapter 1, are related to Mathew 4:4.

It is very evident that man, unlike animals, hears voices from God. You are not just what you eat, or do, or think. You are what you believe.

Humans are at the forefront of what could be the first major shift of evolution in over a billion years: the embedding with machines and embedding algorithms in the brain.

Here are several sources that discuss the idea of Darwin:

Reference:

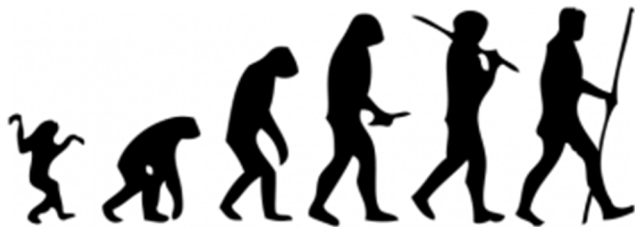
<http://www.msn.com/en-us/video/nerdcore/humans-are-at-the-forefront-of-what-could-be-the-first-major-shift-of-evolution-in-over-a-billion-years/vi-BBxHn8z>

Current Reference:

Scientists Confirm: Darwinism Is Broken

By Paul Nelson and David Klinghoffer | December 13, 2016 | 2:37 PM EST

<http://www.cnsnews.com/commentary/david-klingshoffer/scientists-confirm-darwinism-broken>



(Wikimedia Commons Photo)

“Darwinian theory is broken and may not be fixable. That was the takeaway from a meeting last month organized by the world's most distinguished and historic scientific organization, which went mostly unreported by the media.

.....

Mild drama notwithstanding, why should anyone care?

For one thing, the Royal Society, dating back to 1660, is a legend in the science world. Its founders included the great chemist Robert Boyle, and it was later headed for 24 years (1703-1727) by Isaac Newton – a fact that is hard to forget with Newton's death mask on prominent display in a glass case. Portraits of Boyle and Newton look down from the walls above. So, the historical connections lend a certain weight by themselves.

What's really notable, however, is that such a thoroughly mainstream body should so openly acknowledge problems with orthodox neo-Darwinian theory. Indeed, though presenters [ignored](#), [dismissed](#), or [mocked](#) the theory of intelligent design, the proceedings perfectly illustrated a point made by our colleague Stephen Meyer, author of the *New York Times* bestseller "[Darwin's Doubt: The Explosive Origin of Animal Life and the Case for Intelligent Design](#)."

....

"Nevertheless, popular defenses of the theory continue apace, rarely if ever acknowledging the growing body of critical scientific opinion about the standing of the theory. Rarely has there been such a great disparity between the popular perception of a theory and its actual standing in the relevant peer-reviewed science literature."

The opening presentation at the Royal Society by one of those world-class biologists, Austrian evolutionary theorist [Gerd Müller](#), underscored exactly Meyer's contention. Dr. Müller opened the meeting by discussing several of the fundamental "explanatory deficits" of "the modern synthesis," that is, textbook neo-Darwinian theory. According to Müller, the as yet unsolved problems include those of explaining:

- Phenotypic complexity (the origin of eyes, ears, body plans, i.e., the anatomical and structural features of living creatures);
- Phenotypic novelty, i.e., the origin of new forms throughout the history of life (for example, the mammalian radiation some 66 million years ago, in which the major orders of mammals, such as cetaceans, bats, carnivores, enter the fossil record, or even more dramatically, the Cambrian explosion, with most animal body plans appearing more or less without antecedents); and finally
- Non-gradual forms or modes of transition, where you see abrupt discontinuities in the fossil record between different types.

As Müller has explained in a 2003 work ("On the Origin of Organismal Form," with Stuart Newman), although "the neo-Darwinian paradigm still represents the central explanatory framework of evolution, as represented by recent textbooks" it "has no theory of the generative." In other words, the neo-Darwinian mechanism of mutation and natural selection lacks the creative power to generate the novel anatomical traits and forms of life that have arisen during the history of life. Yet, as Müller noted, neo-Darwinian theory continues to be presented to the public via textbooks as the canonical understanding of how new living forms arose – reflecting precisely the tension between the perceived and actual status of the theory that Meyer described in "Darwin's Doubt."

Yet, the most important lesson of the Royal Society conference lies not in its vindication of claims that our scientists have made, gratifying as that might be to us, but rather in defining the current problems and state of research in the field. The conference did an excellent job of defining the problems that evolutionary theory has failed to solve, but it offered little, if anything, by way of new solutions to those longstanding fundamental problems.

.....

These are still problems that evolutionary theory tells us little about – constituting, in our judgment, an invitation to scientists to consider the alternative of intelligent design."

Dr. Paul Nelson and Mr. David Klinghoffer are Senior Fellows with Discovery Institute's Center for Science & Culture.

Darwinian Evolutionary Theory Is Under Siege, Intelligent Design Notwithstanding

<http://cnsnews.com/commentary/david-klinghoffer/darwinian-evolutionary-theory-under-siege-intelligent-design>

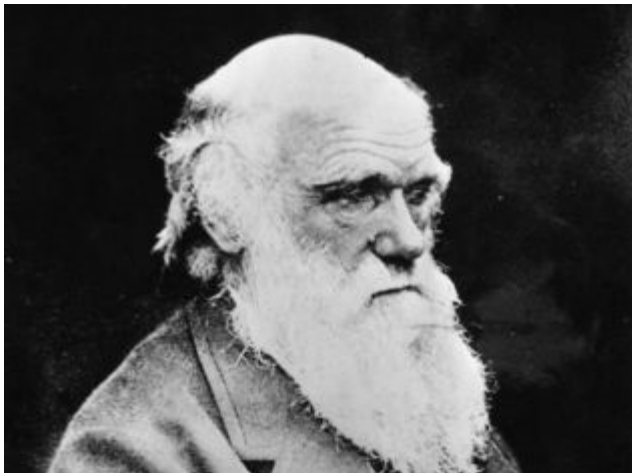
By [David Klinghoffer](#) | April 25, 2016 | 10:41 AM EDT

Reference:

Time, Chance and Natural Selection Cannot Explain the Wonder of Life

By [Eric Metaxas](#) | November 15, 2016 | 11:37 AM EST

<http://cnsnews.com/commentary/eric-metaxas/time-chance-and-natural-selection-cannot-explain-wonder-life>



Charles Darwin (AP Photo)

Two decades ago, one scientist wrote a book that changed the way we talk about evolution. And his argument is still making waves.

“On the Origin of Species by Means of Natural Selection, or the Preservation of Favoured Races in the Struggle for Life.” It was a mouthful of a title too typical of Victorian-era authors. But Charles Darwin’s magnum opus, more commonly known as “On the Origin of Species,” belongs on any list of books that made our world what it is today.

What many don’t realize is that the father of evolutionary theory showed a great deal of humility and openness to criticism. In one famous passage, Darwin wrote that, “If it could be demonstrated that any complex organ existed, which could not possibly have been formed by numerous, successive, slight modifications, my theory would absolutely break down.” He immediately added that to his knowledge, there were no such examples.

What Darwin gave us here was a criterion by which his theory could be falsified, teeing up future scientists to reevaluate his conclusions. And in 1996, one biochemist did just that.

.....

But “design,” [insists Behe](#), “is not some mystical conclusion.” It’s a reasoned scientific argument that’s practical as potatoes. And that’s why it is so important, twenty years after this biochemist first cracked open Darwin’s Black Box, to understand and communicate the reasons why time, chance, and natural selection cannot explain the wonder of life.”

Eric Metaxas is the host of the “Eric Metaxas Show,” a co-host of “BreakPoint” radio and a New York Times #1 best-selling author whose works have been translated into more than twenty languages.

Editor's Note: This piece was originally published by [BreakPoint](#).



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Therefore, man is taken out of animal kingdom and put in the human kingdom because of man’s ability to communicate with the Creator.

Reference on talking to yourself

The surprising benefits of talking to yourself

By Paloma Mari-Beffa, The Conversation

Updated 5:02 AM ET, Tue May 9, 2017

<http://www.cnn.com/2017/05/09/health/talking-to-yourself-partner/index.html>

Quote:

“Non-human primates obviously don't talk to themselves but have been found to control their actions by [activating goals in a type of memory that is specific to the task](#). If the task is visual, such as matching bananas, a monkey activates a different area of the prefrontal cortex than when matching voices in an auditory task.

But when humans are tested in a similar manner, they seem to activate the same areas regardless of the type of task.

In a [fascinating study](#), researchers found that our brains can operate much like those of monkeys if we just stop talking to ourselves -- whether it is silently or out loud.”

On the science of Chaos or Chaos theory https://en.wikipedia.org/wiki/Chaos_theory and reference “Can Order Come Out of Chaos?” by Henry M. Morris, Ph.D.

<http://www.icr.org/article/can-order-come-out-chaos/> we find the theory of chaos is computational mathematics with no experimental basis nor reality¹⁷, even though they postulate that they exist in many scientific fields to predict chaos; this is similar to positive feedbacks loop. The reality is, there is actually a negative feedback loop by God, or in nature, that stops the notion of chaos and leads to order. An example in physics is the damping concept. Also, a negative feedback loop can calm the storm, just as Jesus calmed the storm (Mark 4:35-41). So, just as a butterfly is postulated to cause a tornado, a negative feedback loop can calm it. These abrupt changes happen in nature. Even though there is positive feedback in nature and it is not necessarily by God, unless He has a reason for doing it, these events are intercepted by negative feedback, which calm the chaos. It can be seen as God overcoming evil. No one knows the future because of these abrupt changes. The real focus of science should be to find the negative feedback loop that will cause stability and use it before it is too late. For example, climate change can lead to human chaos and human fatalities; there can be an abrupt thought from God given to scientists to stabilize the system if they just pray and meditate. I do not think God gave up on Earth; He will help.

Looking at our future and clarifying certain laws:

“The famous second law of thermodynamics—also called the law of increasing entropy—notes that every system—whether closed or open—at least *tends* to decay. The universe itself is "running down," heading toward an ultimate "heat death," and this has heretofore been an intractable problem for evolutionists.” By Henry M. Morris, Ph.D.

The irony of this statement is that it will take billions of years, if not more, for that to happen. We are not going to be around forever with our current body because of the new body, new Earth, and new Universe promised to us by God. The famous second law of thermodynamics will cease to exist because we do not know what laws of physics we will have in the new Universe. Actually, this law of physics shows that our current Universe does not work to occupy it forever; therefore, there has to be a new Universe. Therefore, we should believe in God as He provides eternal life, He will break the time domain and laws of physics (New heaven see Revelation 21:1-6 [NRS], the universe is heaven see Deuteronomy 1:10 [ESV], Psalm 8:3-4 [ESV]). Any new beginning must use some of the old basic scale. God’s work is not trial and error. God will have a new

¹⁷ The Butterfly Effect is unreasonable. It is like saying if I blow the air in a certain direction with my mouth, it will later influence the outcome of a football game when kicking the ball for three points because of the wind direction. Obviously, that is ridiculous, not reality. There are a lot of things that are happening and everything has to be just right for it to happen. Situations in nature such as The Quick Clay Landslide at Rissa – 1978 <https://www.youtube.com/watch?v=3q-qfNIEP4A> is a catastrophe and is man-made instability. They do not happen all the time, they are rare. I do find that the Big Bang produced order after chaos, if the initial state is called chaos, because it still has an order to it.

Universe using some of the old Universe. Are we really supposed to think about heaven? Yes! See John 14:2-3, Colossians 3:1-2.

Reference:

Argonne researchers posit way to locally circumvent Second Law of Thermodynamics where entropy always increases

mathematics, physics, science

<http://www.nextbigfuture.com/2016/10/argonne-researchers-posit-way-to.html>

We May Have Found a Way to Cheat the Second Law of Thermodynamics

Physicists created a new quantum theorem for entropy and included is a possible exception.

<http://www.popularmechanics.com/science/a23640/loophole-second-law-thermodynamics/>

Reference:

Modern Science Is Not Opposed to Faith

BY [QUIN HILLYER](#) SEPTEMBER 24, 2016

[HTTPS://PJMEDIA.COM/FAITH/2016/09/24/MODERN-SCIENCE-IS-NOT-OPPOSED-TO-FAITH/](https://pjmmedia.com/faith/2016/09/24/modern-science-is-not-opposed-to-faith/)

Quote:

“Scientific Discovery Blasts Holes in Evolutionary View of Life's Origin

Arthur Peacocke, for example, was a biochemist who did pioneering work in the physical chemistry of DNA. The 2001 winner of the Templeton Prize, he posited – along with many others – that evolution was fully consonant with a purposeful God of love. And while his theology wasn't entirely orthodox, he argued quite strenuously that Christianity specifically was not contradicted by evolution properly understood. Indeed, he wrote, Jesus himself was

...the consummation of the purposes of God already incompletely manifested in evolving humanity... [and] the paradigm of what God intends for all human beings, now

revealed as having the potentiality of responding to, of being open to, of becoming united with, God.”

Because of the abrupt changes God is a matter of science and psychology.

It is likely that, when Christ comes back, there will be another abrupt change in humans. An abrupt change is considered a feedback from God to create stability (See Chapter 3 above).

Here are several sources that discuss the creation story in the Bible:

Quotes from [Albrecht Moritz](#)

<http://home.earthlink.net/~almoritz/scientist-belief-god.htm>

“The creation story in the Bible is meant as a literal, historical account

Literal reading of the creation story in the Bible is completely alien to my experience of religion as a Catholic. Never have I thought of taking the creation in six days literally, and it definitely has not prevented me from becoming a scientist. Also, most Protestants and Jews do not believe in a literal interpretation of the story.

A common impression exists not just among non-believers, but also among believers, that a less literal interpretation of the creation story of the Bible was adopted only in the last two centuries, when the facts of science showed a literal reading to be untenable. However, this is false. Already in the fourth century, more than a millennium before the scientific revolution, St. Augustine, one of the most eminent Fathers of the Church, warned against a literal interpretation of the creation story. He held that the six days of creation should not be taken literally but instead formed a framework within which the narrative was told. This kind of [literary framework view](#) is shared by many theologians today and has gained wide acceptance (not all of world literature consists of history or fact books!). Also some Jewish scholars [had adopted](#) a non-literal interpretation already very early.

The message of the creation story is not how the world was made, but that the world was made by God. It uses the familiar cosmology of its time to express this message. As Pope John Paul II reminded us, "the scriptures do not tell us how the heavens go, but how to go to heaven."

The whole topic is simply a non-issue for most *informed* believers around the world (Bible fundamentalism is, while not exclusively so, mostly a local North American phenomenon). If atheists think that it is essential to religion per se, their thoughts are in a world removed from religious reality, and their persistence in continuing to pound on the topic makes the impression of being an all too convenient excuse for not facing the deeper issues.

Certainly, there is a (possibly substantial) minority of atheists who came from a fundamentalist upbringing and who abandoned their faith in disillusion and anger after discovering that modern

science showed that the world is and came to be very differently from what their former religious beliefs taught them. While their strong reactions are understandable, it should also be clear that non-fundamentalist believers, who are the vast majority of believers around the world, simply do not face such problems.

Imagine what would have happened if God would have explained to His people in the creation story of the Bible, a few thousand years ago, what the Big Bang is, what physical evolution of the universe over billions of years is and how biological evolution works: what genes and DNA are, and how random genetic variation and natural selection function. Nobody would have understood anything. God, just like any good teacher, explains in a context, and with pictures, that can be understood at the respective times (see the Appendix below for a humorous commentary on this by Eric Hatfield.) That is why it is a misguided claim that the Bible is false in its account of creation, and thus cannot be God's word through the human writers inspired by Him.

Furthermore, if God would have revealed Big Bang and evolution in the Bible far ahead of the scientific knowledge of the time, later scientific generations (ourselves thus) would have been forced to say: "Look at this, there was no way that those people could have known all this at the time, the fact that we read it in those old documents is proof that God exists and the Bible is His word!"

Where then would be the choice to believe, intended by God? For faith not just intellectual consent is important, but also consent of the will. Perhaps one might argue that there is enough evidence for those who are prepared to give consent of the will, but that those who decline to do that, or simply want to avoid the issue of commitment, can always find enough reasons as well."

My comment about Genesis:

Many people miss the point of the six-day creation in Genesis. The point is that God loves His creation. If God sees what He created is good, then He must love all His creation. It shows that the beginning of the Bible is about love and the end of the Bible is about love. The whole Bible is about love. Therefore, it is possible, since we are in God's image, that God must have planned His creation first, possibly in six days, since we plan first.

Related references from the web on miracles:

<https://biologos.org/common-questions/gods-relationship-to-creation/biologos-and-miracles/>

Is there room in evolutionary creation to believe in miracles?

- Tags:
- [Miracles](#),
- [Divine Action](#),

- [History of Theology,](#)
- [Augustine](#)

“God acts in more than one way in the natural world. God sustains the regular patterns of the physical world, but sometimes chooses to act outside of those patterns. God’s regular patterns are what scientists describe as natural laws (like gravity or photosynthesis). God’s actions outside those patterns are usually called supernatural actions or miracles (like raising someone from the dead). Evolutionary creationists believe in the miracles of the Bible and that God can do miracles today. Evolutionary creationists also believe that God is just as involved in the regular patterns of the universe as in miracles.”

<http://creationtoday.org/evolution-miracle-of-miracles/>

Evolution: Miracle of Miracles

By **Creation Today** on March 7, 2011 in **Articles, Beginner**

Do you believe that Jesus walked on water? If so, you just might be a Christian. Do you believe that God created that water out of nothing? If so, then you just might be a creationist.

....

Foolishness

“While Christian creationists willingly admit that creationism is religious in nature and that miracles have their place in our religious belief system, evolutionists claim that their religion is actually pure science and based entirely upon evidence and scientific reasoning. They then prop up this hypocritical religion using tax funds, not only to fuel their research (desperately searching for that elusive evidence) and pay their preachers... er ... professors, but also to teach it in public schools at public expense as if it were objectively scientific. It is time for evolutionists to admit that they do believe in miracles, that evolutionism is a religion, and a hypocritical one at that. Because, while creationists have a God who satisfies the demand for an external agent, evolutionists have nothing, and they claim to need nothing to account for their miracles. They have rejected God, and in so doing, they have rejected common sense itself. Rightly so did the Psalmist conclude, “The fool hath said in his heart, There is no God.” (Ps. 14:1)”

<https://www.cai.org/bible-studies/miracles-evolution-or-creation>

Miracles of Evolution? - Or Creation?

https://en.wikipedia.org/wiki/Marcel-Paul_Sch%C3%BCtzenberger

Interview

Origins & Design 17:2

Marcel-Paul Schützenberger: The Miracles of Darwinism



Christianity

Pope Francis: ‘Evolution ... is not inconsistent with the notion of creation’

[Josephine McKenna](#) | October 27, 2014 | [241 Comments](#)

<http://www.religionnews.com/2014/10/27/pope-francis-evolution-inconsistent-notion-creation/>

The article below on the argument of evolution versus creationism. In the article, they claim the theory of evolution is like the theory of gravity. However, the theory of gravity has been proven in the laboratory, whereas the theory of evolution has not. Reference:

How to slam dunk creationists when it comes to the theory of evolution

Paul Braterman, Hon. Research Fellow; Professor Emeritus, University of Glasgow, The

THE CONVERSATION

<https://www.yahoo.com/news/slam-dunk-creationists-comes-theory-134405757.html>

