

# Jesus healing meditation using Neurotherapy

©2020 Farid A. Chouery

Introduction:

Hi, I am the apostle Farid. I am not a pastor or a professor or a guru. I do think of myself as an apostle. An apostle is sent out sometimes to preach sometimes to teach and sometimes to heal. For as long as I remember I have a heart for healing and teaching meditations.

Angel 1:

The following meditation is intended to bring healing to the ill, sick and anxious.

Whatever it is that troubles you, I pray that you may be cured. I pray that this meditation brings you healing. Healing of mind, body, and soul. We live in a scientific age.

Science shows that human genes have shifted over the past 2000 years. So, illnesses have shifted as well, and manifest itself differently. Therefore, I encourage you to meditate over and over again. Please continue to see your doctor while knowing there is strong evidence that spirituality effects one's physical condition. Meditation is meant to serve as supplemental care.

While doing this meditation, I encourage you to feel living water, healing water in your body. The experience of having living water is usually a cooling sensation as wave within your body.

If you are not currently ill, mediation can be used to pray for someone who is ill.

Visualize the outcome of health given by Jesus Christ.

**Jesus said come to me who are heavy burdened, and I will give you rest.** If it is helpful, you may ask someone to lay hands on you while both of you are listening to this

meditation or hold a cross in your hand. Please set aside about 10 seconds or so to prepare.

### **Put them under Using Neurotherapy**

Song “Jesus Healing Song” lyrics and music by Farid Alexandre Chouery, Voice Anonymous published on Spotify, Apple, Amazon YouTube and others.

Angel 2:

### **We meditate on the story of Jesus sending out the seventy-two to Heal.**

The Lord appointed seventy-two others and sent them two by two ahead of Him to every town and place where He was about to go. He told them:

Shepherd:

“The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. Go! I am sending you out like lambs among wolves. Do not take a purse or bag or sandals; and do not greet anyone on the road.”

“When you enter a house, first say, ‘Peace to this house.’ If someone who promotes peace is there, your peace will rest on them; if not, it will return to you. Stay there, eating and drinking whatever they give you, for the worker deserves his wages. Do not move around from house to house.”

“When you enter a town and are welcomed, eat what is offered to you. Heal the sick who are there and tell them, ‘The kingdom of God has come near to you.’ But when you enter a town and are not welcomed, go into its streets and say, ‘Even the dust of your town we wipe from our feet as a warning to you. Yet be sure of this: The kingdom of God has come near.’”

“Whoever listens to you listens to me; whoever rejects you rejects me; but whoever rejects me rejects him who sent me.”

Angel 2:

See the seventy-two following Jesus instructions and healing was successful. Imagine yourself as one of the healers. As we see and wonder about the seventy-two when they returned with joy and said:

“Lord, even the demons submit to us in your name.”

Shepherd:

Jesus replied, “I saw Satan fall like lightning from heaven. I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you. However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven.”

Angel 2:

There is no disease or illness so big that God cannot heal... we pray with all our left-brain hemisphere and right-brain hemisphere... Jesus may heal you instantly, sometimes in half an hour, sometimes in days or weeks or years. But eventually He will answer your prayer and heal you with His way. This healing can be facilitated with medicine or surgery.

Visualize, the Holy spiritual Jesus standing in the synagogue and put His loving hand on the ill area, and He says be healed. Feel the living water wave sensation before you are healed.

See Jesus holy and pure... He says:

Shepherd:

I will concentrate on the six major diseases effecting millions of people.

Chronic Pain

Diabetes

Heart Disease /Stroke

Cancer

Mental Illness and Addiction

And the Flu or a Virous

Concluding for all other illness

We start with the pain

Song

Angel 2:

Visualize Jesus spiritual Holy loving hand on the pain... concentrate... feel the living water sensation flowing from His hand and feel the acute pain is gone... It should not take too long.

If it is a chronic pain keep visualizing His Holy hand on the pain. If it helps put your own hand on the pain and visualize your hand is Jesus hand... continue doing this.

If you have a migraine headache visualize God's Holy finger touching the root of the headache... feel the living water sensation propagate in all your body and see the pain is gone... see God fully standing on the side dressed in a black robe He could be a man, or a woman or you cannot tell. Know He is both a father and a mother. See God busy creating in the universe... ask Him to come to you... See God stretch a hand from where He is

and put His Holy finger on the root of the pain and see the pain is gone following the living water sensation propagating in all your body as a wave.

Shepherd announce:

### Second Diabetes

Song

Angel 3:

If you have diabetes see your blood glucose, or blood sugar levels are normal... see Jesus holding a wet sponge in His Holy hand. He put it on the skin from top to bottom of the body and the sponge absorb the extra sugar... Visualize Jesus putting His Holy figure on the **pancreas**... the beta cells that produce insulin are becoming normal. the **pancreas** starts to produce enough insulin to keep the blood sugar levels down and the symptoms of **diabetes** begin to disappear... Finally watch what you eat and follow doctor's direction and nutritionist.

Shepherd announce:

### Third Stroke and Heart disease

Song

Angel 2:

If you have heart disease or had a stroke, feel God empowering your muscles to start to move and overcome your condition... For a stroke feel the living water sensation in your body feel it in your brain and the clot fades... Visualize God's Holy hand touching your brain and the clot fade.

Put your hand on your heart and visualize your hand as Jesus hand, continue... Feel the living water sensation in your heart and hear Jesus say be healed... Be sure to also watch

what you eat and follow the doctor's directions... Avoid eating foods that cause heart disease, eat wholesome and nutritious healthy food... See Jesus put his Holy hand on the arteries see the calcifications go away feel your blood flow gently in your heart. Recognize the signs and symptoms. Avoid prolonged sitting, such as at work or during lengthy road trips, airplanes travel, and watching TV. Schedule breaks every two to three hours to get up and walk around. Maintain a healthy weight and take step to quit smoking.

Shepherd announce:

#### Fourth Cancer

Song

Angel 3:

If you have cancer visualize God creating new cells by putting a Holy hand on the cancer area and concentrate... See God taking away the cancer cells with His command by shining His peaceful light on you ... Put your hand on the cancer and visualize Jesus' Holy hand, feel the living water sensation on the whole body... Don't give up don't ever give up, keep doing it... If you are doing chemotherapy see your body healed and your suffering is gone... Keep taking your medicine and treatments. Rejoice in the Lord always He has a surprise for you.

Shepherd announce:

#### Fifth Metal illness and addiction

Song

Angel 2:

If you have mental illness or an addiction, hear God asking you to pursue external and internal feedback from your subconscious... Keep your family, friends, your counselor and your doctor and all the people that want you healthy to continue to give you external feedback... Such as a counselor to reduce your worry, fear, and stress... Use meditation and medicine for your internal feedback... Remember you are not stable, and feedback will promote stability. Hear Jesus in your meditation given you the proper feedback for stability... See Jesus command the illness to go away and feel your brain is healthy... Believe that if you continue to visualize Jesus, He will cleanse your brain... Do music therapy as described by the apostle Farid in his dissertation on our web page... Use deep meditation with neurotherapy... Every day stop thinking and freeze your thoughts for two minutes with no energy or thoughts... Visualize Jesus Holy Hand on the back of your head and freeze your thoughts for at least 3 minutes or more... feel the living water from Jesus Holy hand penetrating all your head.

When you have an episode remember to stop thinking and freeze your thoughts intermittently for at least a few hours... take extra medicine per the doctor's approval if needed... Allow yourself to take a personal mental health day from work if this is available to you. Find a distraction like watching a game of sports, movie etc... Walk and use exercise... Participate in music therapy as described by the apostle Farid in his article on our web page...Keep visualizing Jesus Holy Hand on the back of your head and freeze your thoughts. See the episode slowly go away. It may take several days but keep doing the meditation. In the end of the meditation you may feel the back of your head very hot followed by cool living water. This is a sign the meditation is working.

Shepherd announce and read:

Now addiction

Please seek treatment if you cannot do it on your own.

The 12 steps to recovery.

**Step 1:** We admit we were powerless over mental illness and addiction—that our lives had become unmanageable.

**Step 2:** Come to believe that a Power greater than ourselves could restore us to sanity.

**Step 3:** Make a decision to turn our will and our lives over to the care of God *as we understood Him*.

**Step 4:** Make a searching and fearless moral inventory of ourselves.

**Step 5:** Admit to God, to us, and to another human being the exact nature of our wrongs.

**Step 6:** We are entirely ready to have God remove all these defects of character.

**Step 7:** Humbly asked Him to remove our shortcomings.

**Step 8:** Make a list of all persons we have harmed and become willing to make amends to them.

**Step 9:** Make direct amends to such people wherever possible.

**Step 10:** Continue to take personal inventory and when we were wrong promptly admitted it.

**Step 11:** Search through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out.

**Step 12:** Having had a spiritual awakening as the result of these Steps, the participant has tried to carry this message to others, and to practice these principles in all our affairs....

Just remember if you feel like drinking alcohol get a glass of water and visualize it as living water from Jesus a pure healing message for recovery... Keep doing this recommendation.

If you are addicted to drugs realize that drugs cause an instability in the brain and this state is not natural... Your brain is precious and is created to have the spirit of God to dwell in it... Every day when you wake up say I want the spirit of God to dwell inside of me... I am strong I want a stable brain I don't want to lose control anymore.

If you have a gambling addiction remember the emotion of losing stays with you for a long time where the emotion of winning is not for very long. So why do it... Realize the waste of time you have accomplished while gambling that time can be used productively.

Shepherd announce:

Sixth the Flu or virous

Song

Angel 2:

Visualize living water from Jesus going through your body feel the fever is diminishing your body ache is going away... Feel your immune system is getting stronger... Keep feeling the water spread through your body. Starting with your feet and move through your entire body... Breathe deeply and visualize Jesus living water move in your chest and throat and the cough is diminishing while Jesus hand is on your chest... Keep doing this. Feel Jesus put His Holy hand on your head and commanding the virous to go away... Say I am vaccinated by the precious blood of Jesus Christ... No virus can touch me, and this virus will go away.

Shepherd announce:

Finally, Others

Song

Angel 3:

Now you have heard the techniques used to heal the previous diseases now visualize Jesus is the root of other illness as you may have and see it go away. Keep meditating and visualize new cells in your body and living water from God. Believe there is no illness that cannot be healed by Jesus.

Shepherd announce:

Finally believe when waking the second day you are better.

See yourself healed

All: Thank you, Lord Jesus, Amen